November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:30** Preston Mennonite Church Live Stream (BDR) **6:30** Golf card game (CCR3)' Daylight savings time ends 	2 **9:00** Bowling (B) **10:00** Bingo (CA) **10:00** Forever Young Strength (CCR3) **11:00** Fairview Fit (CA) **6:30** Golf card game (3FL) **7:00** Yahtzee (CCR3)	3 **9:45** Keep Fit (CA) **11:00** Chair Yoga (CA) **1:30** Crafts (CCR1) **4:00** Rosary Club (ISS) **6:30** Rook (CCR3)	4 **10:00** Forever Young Strength (CA) **10:00** Hymn Sing (CCR2) **11:00** Fairview Fit (CA) **1:00** TRX (CA) **2:00** Yoga (CA) **3:15** Bean Bag Baseball (CA) **6:30** Golf card game (CCR3) **7:00** Euchre (CCR3)	5 **9:30** Yarn & Thread Club (CCR1) **9:45** Keep Fit (CA) **11:00** Chair Yoga (CA) **1:00** Groceries & Dollarama **1:30** Crafts (CCR1) **6:30** Cribbage (CCR3)	6 **9:00** Bowling (B) **10:00** Memorial Service (CA) **11:00** Fairview Fit (CCR3) **1:00** TRX (CA) **2:00** Yoga (CA) **7:00** Crokinole (CCR3)	7
8 **10:30** Preston Mennonite Church Live Stream (BDR) **6:30** Golf card game (CCR3) Diwali (Hindi)	9 **9:00** Bowling (B) **10:00** Bingo (CA) **10:00** Forever Young Strength (CCR3) **11:00** Fairview Fit (CA) **6:30** Golf card game (3FL) **7:00** Yahtzee (CCR3)	10 **9:30** Kindred Credit Union (LIB) **9:45** Keep Fit (CA) **11:00** Chair Yoga (CA) **1:30** Crafts (CCR1) **4:00** Rosary Club (ISS) **6:30** Rook (CCR3)	11 **10:00** Forever Young (CCR3) **10:45** Remembrance Day Service (CA) **11:00** Fairview Fit (CCR3) **1:00** TRX (CA) **2:00** Hymn Sing (CCR2) **2:00** Yoga (CA) **3:15** Bean Bag Baseball (CA) **6:30** Golf card game (CCR3) **7:00** Euchre (CCR3) Remembrance Day (Canada)	12 **9:30** Yarn & Thread Club (CCR1) **9:45** Keep Fit (CA) **11:00** Chair Yoga (CA) **11:30** Out to lunch bunch **1:30** Crafts (CCR1) **2:00** Cinema Club (CA) **6:30** Cribbage (CCR3)	13 **9:00** Bowling (B) **10:15** Chapel (CA) **11:00** Fairview Fit (CA) **1:00** TRX (CA) **2:00** Yoga (CA) **7:00** Crokinole (CCR3)	14 If you have any questions please contact: **Jenn**, Programs & Volunteers: Ext. 4601 **Niamh**, Spiritual Care: Ext. 4250 **Inderpreet & NIcole** Pool: Ext. 4604 **Maja & Nicole** Fitness: Ext. 4605
15 **10:30** Preston Mennonite Church Live Stream (BDR) **6:30** Golf card game (CCR3) **7:00** Hymn Sing with Eagle St. Fellowship (CA)	16 **9:00** Bowling (B) **10:00** Bingo (CA) **10:00** Forever Young Strength (CCR3) **11:00** Fairview Fit (CA) **6:30** Golf card game (3FL) **7:00** Yahtzee (CCR3)	17 **9:45** Keep Fit (CA) **11:00** Chair Yoga (CA) **1:30** Crafts (CCR1) **2:00** Wellness Warriors (3FL) **4:00** Rosary (ISS) **6:30** Rook Club (CCR3) **7:00** Addison Women's Choir (CA)	18 **10:00** Forever Young strength (CCR3) **11:00** Fairview Fit (CCR3) **11:00** Roman Catholic Communion (LTC 1st floor Activity room) **1:00** TRX (CA) **6:30** Golf card game (CCR3) **7:00** Euchre (CCR3)	19 **9:30** Yarn & Thread Club (CCR1) **10:00** Anglican Communion (3FL) **1:00** Bus to Shoppers & Giant Tiger **1:30** Crafts (CCR1) **6:30** Cribbage (CCR3)	20 **9:00** Bowling (B) **7:00** Crokinole (CCR3)	21 
22 **10:30** Preston Mennonite Church Live Stream (BDR) **6:30** Golf card game (CCR3)	23 **9:00** Bowling (B) **10:00** Bingo (CA) **10:00** Forever Young Strength (CCR3) **11:00** Fairview Fit (CA) **6:30** Golf card game (3FL) **7:00** Yahtzee (CCR3)	24 **9:30** Kindred Credit Union (LIB) **9:45** Keep Fit (CA) **11:00** Chair Yoga (CA) **2:00** Coffee Club (CDR) **4:00** Rosary Club (ISS) **6:30** Rook (CCR3)	25 **10:00** Forever Young Strength (CA) **10:00** Hymn Sing (CCR2) **11:00** Fairview Fit (CA) **1:00** TRX (CA) **2:00** Yoga (CA) **3:15** Bean Bag Baseball (CA) **6:30** Golf card game (CCR3) **7:00** Euchre (CCR3)	26 **9:30** Yarn & Thread Club (CCR1) **9:45** Keep Fit (CA) **11:00** Chair Yoga (CA) **11:30** Out to lunch bunch **6:30** Cribbage (CCR3)	27 **9:00** Bowling (B) **10:15** Chapel (CA) **11:00** Fairview Fit (CA) **1:00** TRX (CA) **2:00** Yoga (CA) **7:00** Crokinole (CCR3)	28 **Legend :** B - Basement CA - Centre Auditorium CCR - Centre Craft Rooms 1,2,3 CDR - Centre Dining Room FIT - Fitness Room LIB - Library 3FL - 3rd Floor Lounge BDR - Boardroom by Reception ISS - Interfaith Sacred space
29 **10:30** Preston Mennonite Church Live Stream (BDR) **6:30** Golf card game (CCR3)	30 **9:00** Bowling (B) **10:00** Bingo (CA) **10:00** Forever Young Strength (CCR3) **11:00** Fairview Fit (CA) **6:30** Golf card game (3FL) **7:00** Yahtzee (CCR3)					