



Shantz

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Scott Hamilton Meet & Greet - Craf 1:30pm National Seniors Day - Cards for Parkwood! 1st & 3rd floor activity rooms 6:15pm Variety Time - Shan	2 9:30am Fun and Fitness - Shan 10:15am Friday Morning Chapel - AUDI 10:30am Music Therapy - Shan 1:30pm Bowling, Pool, and Crokinole! - Cent	3 9:30am News and Views - Shan 10:30am UNO - Shan 2:00pm Shuffle Board - Shan 3:00pm Time to Think - Shan
4 9:45am Hymn Sing - Shan 10:30am Fun and Fitness - Shan 2:00pm Would You? Could You? Have You? - Shan 2:00pm 1st Floor Hymn Singing with Jane - ACRM 3:00pm Shuffle Board - Shan	5 9:30am Honk in Czech Republic - Shan 11:00am OUTING: Runway Cafe for Lunch - OUT 11:00am Scripture and Song - Shan 2:00pm Horticulture - Shan 3:00pm Guess the Flag - Shan	6 9:30am Conversation UNO - Shan 10:30am Would You? Could You? Have You? - Shan 10:45am Euchre Group - 2nd Floor Link 2:00pm 3rd Floor BINGO 3:30pm Walk the Kindness Way - Shan 4:00pm Rosary - Inte 6:45pm Kiltie Band - AUDI	7 10:30am Mental Aerobics - Shan 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm Fun and Fitness - Shan 3:00pm Bean Bag Toss - Shan 6:15pm Reading: People Who Helped People - Shan	8 9:30am Art Group - Shan 2:00pm Resident Council- Craft Room 3 - Craf 2:15pm Active Games - Shan	9 9:30am Fun and Fitness - Shan 10:00am Thanksgiving Baking - ACRM 10:15am Friday Morning Chapel - AUDI 10:30am Music Therapy - Shan 2:00pm Thanks Giving Social - 3rd 2:00pm Thanks Giving Social - ACRM	10 9:30am Colouring, Puzzles and Chats - Shan 10:30am Thanks Giving Craft - Shan 2:00pm Fall Trivia - Shan 3:00pm Beauty Shop - Shan
11 9:30am Java Music Club - ACRM 9:45am Hymn Sing - Shan 10:30am Fun and Fitness - Shan 2:00pm 2nd Floor Hymn Sing with Jane - ACRM 3:15pm Reading Group - Shan	12 10:30am Double the Bet - Shan 11:00am Scripture and Song - Shan 2:00pm Ladderball - Shan 2:00pm Making Music - 3rd 3:00pm Threads of Connection - Shan	13 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 10:45am Euchre Group - 2nd Floor Link 10:45am Fun and Fitness - Shan 2:00pm 3rd floor BINGO 2:00pm Pie in the Face Fundraiser - AUDI 3:30pm Walk the Kindness Way - Shan 4:00pm Rosary - Inte	14 10:00am 1st Floor Church Service - ACRM 10:30am Halloween Colour & Create - Shan 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm Exploring India - Shan 3:15pm Crokinole - Shan 6:15pm Java Music Club - Shan	15 9:30am - 11:30 am Voting - Craft3 2:00pm Art Show - AUDI 6:15pm Haunted Radio Show with Vincent Price - Shan	16 9:30am Fun and Fitness - Shan 10:15am Friday Morning Chapel - AUDI 10:30am Music Therapy - Shan 1:30pm Bowling, Pool, and Crokinole! - Cent	17 9:30am Time to Think - Shan 10:30am Would You? Could You? Have You? - Shan 2:00pm Bean Bag Toss - Shan 3:00pm Crokinole - Shan
18 9:45am Hymn Sing - Shan 10:30am Fun and Fitness - Shan 10:30am Guess the Flag - Shan 2:00pm Baking - 3rd 2:00pm 3rd Floor Hymn Sing with Jane - ACRM	19 10:30am Aromatherapy - Shan 11:00am Scripture and Song - Shan 1:15pm OUTING: Fairview Mall - OUT 2:00pm Making Music - 3rd 3:00pm Halloween Special Craft - Shan	20 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 10:45am Euchre Group - 2nd Floor Link 10:45am Fun and Fitness - Shan 2:00pm Bingo - 3rd 2:00pm Foods around the world - ACRM 3:30pm Walk the Kindness Way - Shan 4:00pm Rosary - Inte	21 10:30am Colouring Corner - Shan 11:00am Roman Catholic Communion - Craft3 - ACRM 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm Snakes & Ladder - Shan 3:00pm Calender Planning - Shan 5:00pm KFC Dinner and a Movie - 3rd	22 10:00am Making Trail Mix For Kindness Walk - ACRM 2:00pm Birthday Party with Dave Theirry - AUDI 6:15pm Musical memories - Shan	23 Kindness Walk! Send off 9am, Healing Garden 9:30am Fun and Fitness - Shan 10:15am Friday Morning Chapel - AUDI 10:30am Music Therapy - Shan 2:00pm Artful Enrichment - 3rd	24 Kindness Walk! 9:30am Halloween Craft - Shan 10:45am Beauty Shop - Shan 2:00pm Active Games - Shan 2:00pm Preparing For Handicraft Sale - ACRM 3:00pm Name That Tune - Shan
25 9:45am Hymn Sing - Shan 10:30am Fun and Fitness - Shan 2:00pm Bingo - 3rd 2:00pm 1st Floor Hymn Singing With Jane - ACRM	26 10:30am UNO - Shan 11:00am Scripture and Song - Shan 1:15pm OUTING: Pumpkin Patch - OUT 2:00pm Active Game - Shan 2:00pm Making Music - 3rd 3:00pm Time to Think - Shan	27 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 10:45am Euchre Group - 2nd Floor Link 10:45am Fun and Fitness - Shan 2:00pm Coffee Social - CDR 2:15pm Art Group - Shan 3:30pm Friendly Visits - Shan 4:00pm Rosary - Inte	28 10:30am Family Feud - Shan 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm Exploring Engald - Shan 3:00pm Basketball - Shan 6:15pm Reading: Times Have Changed - Shan	29 10:30am Crokinole - Shan 2:00pm History of Chocolate - Shan 3:00pm Opera Warm-up Exercise - Shan 6:00pm Halloween Special Movie with Popcorn: The Bear (1988) - Shan	30 9:30am Fun and Fitness - Shan 10:15am Friday Morning Chapel - AUDI 10:30am Music Therapy - Shan 2:00pm Musical Bingo - Shan 3:15pm Indoor Golf - Shan	31 9:30am Conversation UNO - Shan 10:30am Helloween Trivia - Shan Halloween Event 2:00 pm Auditorium

3rd - 3rd Floor Activity Room
Craf - Craft Room 3

ACRM - 1st Floor Activity Room
Inte - Interfaith Sacred Space

AUDI - Centre Auditorium
OUT - Outings

CDR - Centre Dining Room
Shan - Shantz Activity Area

Cent - Centre Basement
Shan - Shantz Lounge

Check Program Boards daily for the most up to date information.