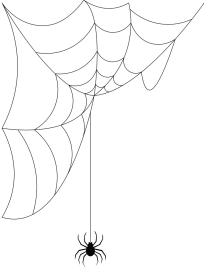


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:30 Preston Mennonite Church Live Stream (BDR) 6:30 Golf card game (CCR3)	9:00 Bowling (B) 10:00 Bingo (CA) Pam Wolf drop in 10:00 Forever Young Strength (CCR3) 11:00 Fairview Fit (CA) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 4:00 Rosary (ISS) 6:30 Rook (CCR3) 6:30 Kiltie Band (CA)	10:00 Forever Young Strength (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:30 Meet Scott Hamilton - running for Mayor (CCR3) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 6:30 Cribbage (CCR3) National Seniors Day!	9:00 Bowling (B) 10:15 Chapel (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	 Simchat Torah Begins
10:30 Preston Mennonite Church Live Stream (BDR) 6:30 Golf card game (CCR3)	9:00 Bowling (B) 10:00 Bingo (CA) Pam Wolf drop in 10:00 Forever Young Strength (CCR3) 11:00 Fairview Fit (CA) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 4:00 Rosary (ISS) 6:30 Rook (CCR3) 6:30 Kiltie Band (CA)	10:00 Forever Young Strength (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:00 Bus Groceries & Dollarama 2:00 Crafts - Guided craft: Sock Gnomes (CCR1) 6:30 Cribbage (CCR3)	9:00 Bowling (B) 10:15 Thanksgiving Communion Service (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	Legend: B - Basement CA - Centre Auditorium CCR - Centre Craft Rooms 1,2,3 CDR - Centre Dining Room FIT - Fitness Room LIB - Library 3FL - 3rd Floor Lounge BDR - Boardroom by Reception ISS - Interfaith Sacred space
10:30 Preston Mennonite Church Live Stream (BDR) 6:30 Golf card game (CCR3)	 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3) Indigenous Peoples Day	9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 4:00 Rosary (ISS) 6:30 Rook (CCR3)	10:00 Forever Young Strength (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 11:15 Out to lunch bunch 1:00 Art Show (CA) 1:30 Crafts (CCR1) 6:30 Cribbage (CCR3)	9:00 Bowling (B) 10:15 Chapel (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	If you have any questions please contact: Jenn, Programs & Volunteers: Ext. 4601 Niamh, Spiritual Care: Ext. 4250 Jenn & Maja Pool: Ext. 4604 & Jenn & Maja Fitness: Ext. 4605
10:30 Preston Mennonite Church Live Stream (BDR) 6:30 Golf card game (CCR3) 7:00 Hymn Sing with Eagle St. Fellowship (CA)	9:00 Bowling (B) 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:00 Fairview Fit (CA) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 4:00 Rosary (ISS) 6:30 Rook (CCR3)	10:00 Forever Young Strength (CA) 11:00 Roman Catholic Communion (CCR3) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 10:00 Anglican Communion (3FL) 11:00 Chair Yoga (CA) 1:00 Bus to Shoppers & Giant Tiger 1:30 Crafts (CCR1) 6:30 Cribbage (CCR3)	9:00 Kindness Walk starts 9:00 Bowling (B) 10:15 Chapel (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	
10:30 Preston Mennonite Church Live Stream (BDR) 6:30 Golf card game (CCR3)	9:00 Bowling (B) 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:00 Fairview Fit (CA) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 2:00 Coffee Club (CDR) 4:00 Rosary (ISS) 6:30 Rook (CCR3)	10:00 Forever Young Strength (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 11:15 Out to lunch bunch 2:00 Crafts - Guided Craft: Gingerbread Sugar scrub (CCR1) 6:30 Cribbage (CCR3)	9:00 Bowling (B) 10:15 Chapel (CA) 11:00 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Monster Trivia (CCR3) 5:00 Potluck (CDR) 7:00 Crokinole (CCR3)	 Halloween