

October 2026



Galt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Active Game - GL 9:30am Scott Hamilton Meet & Greet - Craf 1:30pm National Seniors Day - Cards for Parkwood! 1st & 3rd floor activity rooms	2 10:15am Friday Morning Chapel - AUDI 10:45am Fun and Fitness - GAA 1:30pm Bowling, Pool, and Crokinole! - Cent 3:40pm Friendly Visits (B & G) - Resi	3 9:45am Trivia Challenge - GAA 10:45am Balloon Bash - GL 2:00pm Walk and Roll - GAA 3:00pm Puzzle Time - GAA
4 9:45am Fun and Fitness (B&G) - GAA 10:45am Prepping for Walk the Country - GAA 2:00pm 1st Floor Hymn Singing with Jane - ACRM 2:30pm Mandala Stone Craft - GAA	5 9:45am Walk and Roll - GAA 11:00am OUTING: Runway Cafe for Lunch - OUT 2:00pm Garden Coloring - GAA 3:00pm Clip the Numbers - GL 3:40pm Friendly Visits (B & G) - Resi 6:15pm Variety Time - GAA	6 10:00am Scripture and Song - GAA 10:45am It Makes Sense -Snoezelen cart - Resi 2:00pm Duck Target Challenge - GL 3:00pm Making Fall Centerpieces - GAA 3:40pm Friendly Visits - Resi 4:00pm Rosary - Inte 6:45pm Kiltie Band - AUDI	7 9:45am Aromatherapy - GAA 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:30pm 1st Floor Super Fun & Fitness - ACRM 3:40pm Friendly Visits - Resi	8 9:45am Would You Rather Game - GAA 10:45am Fun and Fitness - GAA 2:00pm Resident Council- Craft Room 3 - Craf 2:15pm Beauty Shop - Resi 3:30pm Friendly Visits - Resi	9 10:00am Thanksgiving Baking - ACRM 10:15am Friday Morning Chapel - AUDI 2:00pm Thanks Giving Social - ACRM 3:40pm Friendly Visits (B & G) - Resi	10 9:45am Cards Making - GAA 10:45am Sorting Colours - GAA 2:00pm Walk and Roll - GAA 3:00pm Fall and Halloween Button Making - GAA
11 9:30am Java Music Club - ACRM 10:45am Sunday Morning Hymn Sing - GAA 2:00pm 2nd Floor Hymn Sing with Jane - ACRM 2:30pm Fun and Fitness (B+G) - GAA	12 9:30am Music Therapy - GAA 2:00pm Bingo - BDR 2:00pm Making Music - 3rd 2:40pm Friendly Visits (B & G) - Resi 6:15pm Variety Time - GAA	13 9:30am Tots and Tunes - Craf 10:00am Scripture and Song - GAA 10:30am Tots and Tunes - Craf 10:45am It Makes Sense -Snoezelen cart - Resi 2:00pm Courtyard Cleanup - CCRT 2:00pm Pie in the Face Fundraiser - AUDI 3:40pm Friendly Visits - Resi 4:00pm Rosary - Inte 6:15pm Movies and Popcorn - GAA	14 10:00am 1st Floor Church Service - ACRM 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:30pm 1st Floor Super Fun & Fitness - ACRM 3:40pm Friendly Visits - Resi	15 9:30am - 11:30 am Voting - Craft3 10:45am Walk the Country - GAA 2:00pm Art Show - AUDI 3:30pm Friendly Visits - Resi	16 10:15am Friday Morning Chapel - AUDI 10:45am Fun and Fitness - GAA 1:30pm Bowling, Pool, and Crokinole! - Cent 3:00pm Song Pictionary - GAA 3:40pm Friendly Visits (B & G) - Resi	17 9:45am Sing a long - GAA 2:00pm Walk and Roll - GAA 3:00pm Matching Games - GAA
18 9:45am Ring Toss - GAA 10:45am Sunday Morning Hymn Sing - GAA 2:00pm 3rd Floor Hymn Sing with Jane - ACRM 2:30pm Fun and Fitness (B+G) - GAA	19 9:30am Music Therapy - GAA 1:15pm OUTING: Fairview Mall - OUT 2:00pm Making Music - 3rd 3:00pm Correct Spelling Quiz - GAA 3:40pm Friendly Visits (B & G) - Resi 6:15pm Variety Time - GAA	20 9:30am Tots and Tunes - Craf 10:00am Scripture and Song - GAA 10:30am Tots and Tunes - Craf 10:45am It Makes Sense -Snoezelen cart - Resi 2:00pm Foods around the world - ACRM 3:40pm Friendly Visits - Resi 4:00pm Rosary - Inte 6:15pm Movies and Popcorn - GAA	21 9:45am Robo Companion - GAA 11:00am Roman Catholic Communion - Craft3 - ACRM 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:30pm 1st Floor Super Fun & Fitness - ACRM 3:40pm Friendly Visits - Resi 5:00pm KFC Dinner and a Movie - 3rd	22 10:00am Making Trail Mix For Kindness Walk - ACRM 2:00pm Birthday Party with Dave Theirry - AUDI 3:30pm Friendly Visits - Resi	23 Kindness Walk! Send off 9am, Healing Garden 10:15am Friday Morning Chapel - AUDI 10:45am Fun and Fitness - GAA 3:00pm Documentary and Discussion - GAA 3:40pm Friendly Visits (B & G) - Resi	24 Kindness Walk! 10:00am Baking - ACRM 2:00pm Preparing For Handicraft Sale - ACRM
25 10:00am Fun and Fitness (B+G) - GAA 10:45am Artfull Chats - GAA 2:00pm 1st Floor Hymn Singing With Jane - ACRM	26 9:30am Music Therapy - GAA 1:15pm OUTING: Pumpkin Patch - OUT 2:00pm Making Music - 3rd 3:40pm Friendly Visits (B & G) - Resi 6:15pm Variety Time - GAA	27 9:30am Tots and Tunes - Craf 10:00am Scripture and Song - GAA 10:30am Tots and Tunes - Craf 10:45am It Makes Sense -Snoezelen cart - Resi 2:00pm Coffee Social - CDR 3:40pm Friendly Visits - Resi 4:00pm Rosary - Inte 6:15pm Movies and Popcorn - GAA	28 9:45am Making Halloween Decoration - GAA 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:30pm 1st Floor Super Fun & Fitness - ACRM 3:40pm Friendly Visits - Resi	29 10:45am Carving Pumpkin for Halloween - GAA 2:00pm Artful Enrichment - ACRM 3:30pm Friendly Visits - Resi	30 10:15am Friday Morning Chapel - AUDI 10:45am Fun and Fitness - GAA 2:00pm Granny Pants Yard Game - GL 2:00pm Halloween & Fall Quiz - GAA 3:40pm Friendly Visits (B & G) - Resi	31 9:45am Halloween Ghost Bunting - GAA Halloween Event 2:00 pm Auditorium

3rd - 3rd Floor Activity Room

CDR - Centre Dining Room

Inte - Interfaith Sacred Space

ACRM - 1st Floor Activity Room

Cent - Centre Basement

OUT - Outings

AUDI - Centre Auditorium

Craf - Craft Room 3

Resi - Resident Room for 1-1 scoring

BDR - Blair Dining Room

GAA - Galt Activity Area

CCRT - Centre Courtyard

GL - Galt Lounge

Check Program Boards daily for the most up to date information.