

August 2026

Preston



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:45am Fun and Fitness - PAA 10:45am Outdoor Chats - BCNY 2:00pm Card Games - PAA 3:00pm Ice Cream Cart - PAA
2 9:45am Hymn Sing - PAA 10:00am Java Music Club - ACRM 2:00pm Axe Throwing - PAA 2:30pm 1st Floor Hymn Sing - ACRM 3:00pm Beauty Shop - PAA	3 9:45am Bean Bag Toss - PAA 2:00pm Making Music - 3rd 2:00pm Crokinole - PAA 3:00pm You be the judge - PAA	4 10:45am Euchre Group - 2nd Floor Link 1:30pm Outdoor Chats - BCNY 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA	5 9:45am 7 Wonders Trivia - PAA 12:00pm Preston BBQ - CCRT 2:00pm 2nd Floor BINGO - PDR 3:15pm Library Visit- Preston	6 9:45am Mental Aerobics - P 10:45am Horticulture - PAA 11:00am Scripture and Song - PAA 2:00pm 2nd floor Artful Enrichment - 3rd ACRM	7 10:15am Friday Morning Chapel - AUDI 10:45am Connect Four - PAA 1:30pm Bowling, Pool, and Crokinole! - Cent 2:00pm UNO - PAA 6:15pm Fun and Fitness - PAA	8 9:45am Fun and Fitness - PAA 10:45am Preston Balcony Visits - BCNY 2:00pm Ladderball - PAA 3:00pm Board Games - PAA
9 9:45am Crafts - PAA 10:45am Axe Throwing - PAA 2:30pm 2nd Floor Hymn Sing - ACRM	10 9:30am Paint & Relax - PAA 11:00am Walking in the Healing Garden - CCRT 2:00pm Outdoor Rock & Roll Concert with Manvir! - CCRT	11 Pre-register with the Program Team for 1st floor breakfast club. 8:00am 1st Floor Breakfast Club - ACRM 10:45am Euchre Group - 2nd Floor Link 1:30pm Outdoor Chats - BCNY 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA	12 9:45am Ladderball - PAA 10:00am 1st Floor Church Service - ACRM 12:00pm Blair BBQ - CCRT 2:00pm 2nd Floor BINGO - PDR 3:15pm Library Visit- Preston	13 9:30am 2nd Floor Duet Bike Rides - OUT 9:45am Fun and Fitness - PAA 10:45am Connect Four - PAA 11:00am Scripture and Song - PAA 2:00pm Resident Council - Craf 2:15pm Crokinole - PAA 2:30pm Foods around the world -Italy Special - ACRM 3:30pm Friendly Visits - Resi	14 Pre-register with the Program Team for outings. 9:45am OUTING: Picnic at Parkwood - OUT 10:15am Friday Morning Chapel - AUDI 2:00pm Indoor Golf - PAA Pre-register with the Program Team for outings. 6:15pm Variety Time - PAA	15 9:45am Fun and Fitness - PAA 10:45am Creative Corner - PAA 2:00pm Evaluation of Nurses Uniform - PAA 3:00pm Ice Cream Cart - PAA
16 9:45am Hymn Sing - PAA 10:45am Mental Aerobics - PAA 2:00pm SPA DAY!! - 3rd 2:30pm 3rd Floor Hymn Sing - ACRM 3:00pm Horticulture Hand - PAA	17 Pre-register with the Program Team for outings. 9:15am OUTING: Biking in Riverside Park - OUT 1:30pm Petting Zoo from 1:30-3:30 pm - Suit	18 10:45am Euchre Group - 2nd Floor Link 1:30pm Snoezelen cart - Resi 1:30pm Outdoor Chats - BCNY 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA	19 9:45am Price is right? - PAA 11:00am Roman Catholic Communion - ACRM 12:00pm Galt BBQ - CCRT 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 3:15pm Library Visit- Preston	20 10:00am Baking Peach Crisp - ACRM 2:00pm Peach Social - ACRM	21 9:45am Axe Throwing - PAA 10:15am Memorial Service - AUDI 1:30pm Bowling, Pool, and Crokinole! - Cent 6:15pm Variety Time - PAA	22 9:45am Fun and Fitness - PAA 10:45am Hespeler Balcony Visits - BCNY 10:45am Table Top Games - PAA 2:00pm Curling - PAA 3:00pm Preston Balcony Visits - BCNY
23 9:30am Who Wants to be a Millionaire? - PAA 9:45am Crokinole - PAA 10:45am Watering Plants in Central Courtyard - PAA 2:30pm 2nd Hymn Sing - ACRM	24 Pre-register with the Program Team for outings. 9:50am OUTING: Fishing Trip! - OUT 2:00pm Paint & Relax - PAA 2:00pm Making Music - 3rd 3:00pm Reading Group - PAA 5:00pm Dinner and a Movie: Fish Tacos! - 3rd Pre-register with the Program Team for Dinner & a Movie.	25 10:45am Euchre Group - 2nd Floor Link 2:00pm Fun and Fitness - PAA 3:15pm Table Top Game - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA	26 9:45am Crokinole - PAA 10:30am Balcony Visits - Bauman - BCNY 10:45am On This Day in History - PAA 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 3:15pm Library Visit- Preston	27 9:45am Fun and Fitness - PAA 11:00am Outdoor Strolls - CCRT 11:00am Scripture and Song - PAA 2:00pm Birthday Party with Hailey Verall! - AUDI	28 9:45am 2nd Floor Duet Bike Rides 10:15am Friday Morning Chapel - AUDI 2:00pm Documentary & Discussion Group - PAA 6:15pm Variety Time - PAA	29 9:45am Fun and Fitness - PAA 10:45am Snoezelen cart - Resi 11:00am Walking In Healing Garden - CCRT 2:00pm Movie & Popcorn - PSR 2:00pm Ice Cream Cart!! - PAA
30 9:45am Clay Creation Workshop - 3rd 2:00pm Hymn Sing - PAA 2:30pm 1st Floor Hymn Sing - ACRM 3:00pm Mojito on Balcony - PAA	31 9:45am Fun and Fitness - PAA 10:45am Ladderball - PAA 2:00pm Calendar Delivery - PAA 2:00pm Making Music - 3rd 3:00pm Friendly Visits - Resi					

3rd - 3rd Floor Activity Room	ACRM - 1st Floor Activity Room	AUDI - Centre Auditorium	BCNY - Balcony	CCRT - Centre Courtyard
Cent - Centre Basement	Craf - Craft Room 3	Inte - Interfaith Sacred Space	OUT - Outings	P - Preston
PAA - Preston Activity Area	PSR - Preston Sitting Room	Resi - Resident Room for 1-1 scoring	Suit - Suites Entrance	

Check Program Boards daily for the most up to date information.