

August 2026

Hespeler



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:45am Fun and Fitness - HAA 10:45am Outdoor Chats - CCRT 2:00pm Ice Cream Cart - HAA 3:00pm Beauty Shop - HAA
2 10:00am Java Music Club - ACRM 10:45am Hymn Sing - HAA 2:30pm 1st Floor Hymn Sing - ACRM 3:00pm Fun and Fitness - H 3:00pm Outdoor strolls - HAA	3 10:45am Sing a long - HAA 2:00pm Monthly Gazette & Special Days - H 2:00pm Making Music - 3rd 3:00pm Active Games - H 6:15pm Variety Time - H	4 9:45am Horticulture Hands - H 10:45am Euchre Group - 2nd Floor Link 1:30pm Music Therapy - HAA 3:15pm Hespeler Balcony Visits - BCNY 4:00pm Rosary - Inte	5 12:00pm Preston BBQ - CCRT 2:00pm 2nd Floor BINGO - PDR 3:15pm Bird watching - HAA 6:15pm Variety Time - H	6 9:45am Fun and Fitness - H 10:00am Scripture and Song - HAA 10:45am Lucille Ball Activity Group - H 2:00pm 2nd floor Artful Enrichment - 3rd ACRM	7 9:30am Fun and Fitness - H 10:15am Friday Morning Chapel - AUDI 1:30pm Bowling, Pool, and Crokinole! - Cent 3:00pm Beauty Shop - Resi	8 10:45am Celebrate Every Day: Cat Day! - H 2:00pm Java Music Club - H 3:00pm Bowling - H
9 9:45am Ladderball - HAA 10:45am Connect Four - HAA 2:30pm 2nd Floor Hymn Sing - ACRM 3:00pm Fun and Fitness - H 3:00pm Outdoor Strolls - CCRT	10 11:00am Walking in the Healing Garden - CCRT 2:00pm Outdoor Rock & Roll Concert with Manvir! - CCRT 6:15pm Variety Time - H	11 Pre-register with the Program Team for 1st floor breakfast club. 8:00am 1st Floor Breakfast Club - ACRM 9:45am Horticulture Hands - H 10:45am Euchre Group - 2nd Floor Link 1:30pm Music Therapy - HAA 3:15pm Hespeler Balcony Visits - BCNY 4:00pm Rosary - Inte	12 10:00am 1st Floor Church Service - ACRM 12:00pm Blair BBQ - CCRT 2:00pm 2nd Floor BINGO - PDR 3:15pm Let's Chat - HAA 6:15pm Variety Time - H	13 9:30am 2nd Floor Duet Bike Rides - OUT 10:00am Scripture and Song - HAA 2:00pm Resident Council - Craf 2:15pm Card Making - H 2:30pm Foods around the world -Italy Special - ACRM	14 Pre-register with the Program Team for outings. 9:45am OUTING: Picnic at Parkwood - OUT 10:15am Friday Morning Chapel - AUDI 3:00pm Mental Aerobics - HAA Pre-register with the Program Team for outings.	15 9:45am Fun and Fitness - HAA 10:45am Snoezelen cart - Resi 2:00pm Sing a long - HAA 3:00pm Ice Cream Cart!! - HAA
16 9:45am Hymn Sing - H 10:45am Table Top Games - HAA 2:00pm SPA DAY!! - 3rd 2:30pm 3rd Floor Hymn Sing - ACRM 3:00pm Fun and Fitness - H	17 Pre-register with the Program Team for outings. 9:15am OUTING: Biking in Riverside Park - OUT 1:30pm Petting Zoo from 1:30-3:30 pm - Suit 6:15pm Variety Time - H	18 9:45am Horticulture Hands - H 10:45am Euchre Group - 2nd Floor Link 1:30pm Music Therapy - HAA 3:15pm Hespeler Balcony Visits - BCNY 4:00pm Rosary - Inte	19 11:00am Roman Catholic Communion - ACRM 12:00pm Galt BBQ - CCRT 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 3:15pm Bird Watching - HAA 6:15pm Variety Time - H	20 10:00am Baking Peach Crisp - ACRM 10:00am Baking Peach Crisp - HAA 2:00pm Peach Social - ACRM 2:00pm Peach Social - HDR	21 10:15am Memorial Service - AUDI 10:45am Snoezelen cart - Resi 1:30pm Bowling, Pool, and Crokinole! - Cent	22 9:45am Sunflower Craft - H 10:45am Hespeler Balcony Visits - BCNY 2:00pm Ice Cream Cart - HAA 3:00pm Let's Chat - HAA
23 9:45am Table Top Games - H 10:45am Card Making Group - H 2:30pm 2nd Hymn Sing - ACRM 3:00pm Fun and Fitness - H	24 Pre-register with the Program Team for outings. 9:50am OUTING: Fishing Trip! - OUT 2:00pm Crokinole - HAA 2:00pm Making Music - 3rd 5:00pm Dinner and a Movie: Fish Tacos! - 3rd Pre-register with the Program Team for Dinner & a Movie.	25 9:45am Horticulture Hands - H 10:45am Euchre Group - 2nd Floor Link 2:00pm Java Music Club - HSR 3:15pm Hespeler Balcony Visits - BCNY 4:00pm Rosary - Inte	26 10:30am Balcony Visits - Bauman - BCNY 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 3:15pm Let's Chat - HAA 6:15pm Variety Time - H	27 9:45am Snoezelen Cart - H 10:00am Scripture and Song - HAA 10:45am Fun and Fitness - H 11:00am Outdoor Strolls - CCRT 2:00pm Birthday Party with Hailey Verall! - AUDI	28 9:45am 2nd Floor Duet Bike Rides 10:15am Friday Morning Chapel - AUDI 2:00pm Enjoying Banana Splits - H	29 9:45am Fun and Fitness - HAA 3:00pm Ice Cream Cart!! - HAA
30 9:45am Clay Creation Workshop - 3rd 2:00pm Hymn Sing - HAA 2:30pm 1st Floor Hymn Sing - ACRM 3:00pm Fun and Fitness - H	31 2:00pm Cards & Games - HAA 2:00pm Making Music - 3rd 3:00pm Calendar Delivery - H 6:15pm Variety Time - H					

3rd - 3rd Floor Activity Room
Cent - Centre Basement
HSR - Hespeler Sitting Room

ACRM - 1st Floor Activity Room
Craf - Craft Room 3
Inte - Interfaith Sacred Space

AUDI - Centre Auditorium
H - Hespeler
OUT - Outings

BCNY - Balcony
HAA - Hespeler Activity Area
Resi - Resident Room for 1-1 scoring

CCRT - Centre Courtyard
HDR - Hespeler Dining Room
Suit - Suites Entrance

Check Program Boards daily for the most up to date information.