

June 2026

Shantz

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 2:00pm Disney Day Fun Fair! - AUDI 2:15pm Making Music - 3rd	2 9:30am Tots and Tunes - Craff 10:30am Tots and Tunes - Craff 10:45am Euchre Group - 2nd Floor Link 10:45am Fun and Fitness - Shan 1:00pm St. Benedicts Student Visit - Centre Courtyard 2:30pm Artful Enrichment - 3rd	3 9:45am Outdoor Strolls - CCRT 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm News and Views - Shan 3:00pm 1st Floor Super Fun & Fitness - ACRM 6:15pm Reading: Pierre Elliott Trudeau-A Canadian Legend - Shan	4 Independent Activity Day! Try a puzzle Read a book Enjoy the balcony Phone a friend Watch a great movie Make a new friend Every day is a gift	5 9:30am Fun and Fitness - Shan 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan 2:00pm Bingo - 3rd	6 10:30am Table Top Games - Shan 2:45pm Trivia - Shan
7 10:00am Java Music Club - ACRM 10:30am Hymn Sing - Shan 2:45pm Fun and Fitness - Shan	8 9:30am Wellness Group - Shan 1:15pm OUTING: African Lion Safari - OUT 2:15pm Making Music - 3rd 3:00pm Threads of Connection - Shan	9 8:00am Breakfast Club - 3rd floor activity room 9:30am Tots and Tunes - Craff 10:30am Tots and Tunes - Craff 10:45am Euchre Group - 2nd Floor Link 10:45am Fun and Fitness - Shan 2:00pm Artful Enrichment - ACRM 2:00pm Bingo - 3rd 3:30pm Friendly Visits - Shan	10 9:45am Mental Aerobics - Shan 1:30pm Young and The Restless Music Group - 1st floor activity room 2:00pm Exploring Australia - Shan 3:15pm Table Top Games - Shan 6:15pm Reading: Ireland-The Emerald Isle - Shan	11 10:00am Duet Bike Rides for 1st floor - OUT 2:00pm Birthday Party with John Moorhouse! - AUDI 6:15pm Variety Time - Shan	12 9:30am Fun and Fitness - Shan 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan 1:30pm Bowling, Pool, and Crokinole! - Cent	13 9:30am Would You? Could You? Have You? - Shan 10:30am Hymn Sing - Shan 1:30pm Trivia - Shan 3:00pm Indoor Golf - Shan
14 10:00am Java Music Club-3rd Floor - 3rd 1:45pm Fun and Fitness - Shan 2:45pm My Life, My Story - Shan	15 9:30am Outdoor Chats - Shan 1:15pm OUTING: Riverside Park - OUT 2:15pm Making Music - 3rd 3:15pm Beauty Shop - Shan	16 10:45am Euchre Group - 2nd Floor Link 11:00am Ribbon Cutting in the Auditorium - AUDI 1:30pm Annual General Meeting - AUDI 2:00pm Crokinole - Shan 3:00pm Fun and Fitness - Bau	17 10:30am Guess The Artist - Shan 11:00am Roman Catholic Communion - Craft Room 3 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm Men's Group - 3rd 5:00pm Y & R Dinner and Movie - 3rd Floor Activity Room	18 10:00am Duet Bike Rides for 3rd floor - OUT 2:00pm Residents Council - Craft Room 3 2:15pm It Makes Sense- Snoezelen cart - Shan 6:15pm Musical memories - Shan	19 10:00am Father's Day Coffee Hour - AUDI 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan 1:30pm Bowling, Pool, and Crokinole! - Cent 2:00pm Fun and Fitness - Shan 3:00pm Crokinole - Shan	20 10:30am Wellness Group - Shan 2:00pm Bingo - Baum
21 9:30am Artful Chats - Shan 10:45am Sunday Morning Church Service - ACRM 1:30pm Fun and Fitness - Shan 2:00pm Spa Day! - ACRM	22 9:00am Hymn Sing - Shan 10:00am OUTING: Fishing Trip! - OUT 2:00pm Exploring Germany - Shan 2:15pm Making Music - 3rd 3:15pm Ladderball - Shan	23 10:45am Euchre Group - 2nd Floor Link 10:45am Fun and Fitness - Shan 2:00pm Musical Performance in the Auditorium, Followed by Strawberry Pie in all Dining Rooms! - AUDI	24 10:00am Photography in the Healing Garden - Suit 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:30pm Mental Aerobics - Shan 3:15pm Bean Bag Baseball - AUDI	25 10:00am Baking - ACRM 10:00am Duet Bike Rides for 2nd floor - OUT 10:30am Active Games - Shan 2:00pm Bingo - 3rd 2:00pm Foods around the world- Switzerland - ACRM 6:15pm Who wants to be a Millionaire - Shan	26 9:30am Fun and Fitness - Shan 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan 2:00pm Artful Enrichment - 3rd	27 10:00am Café Day - 3rd 2:00pm Mandala Art - Shan 3:00pm Time to Think - Shan
28 9:30am Hymn Sing - Shan 10:30am Sunbath-Shantz - BCNY 2:00pm Fun and Fitness - Shan 3:00pm Elvis Presley Superhits - Shan	29 9:30am Yoga and Meditation - Shan 1:45pm Find the Difference - Shan 2:15pm Making Music - 3rd 2:45pm Curling - Shan	30 9:30am Calendar Delivery - Shan 10:45am Euchre Group - 2nd Floor Link 10:45am Fun and Fitness - Shan 2:00pm Celebrity Productions Presents a Canadian Artist Tribute! - CCRT				

3rd - 3rd Floor Activity Room
Baum - Bauman Activity Area
Shan - Shantz Lounge

ACRM - 1st Floor Activity Room
CCRT - Centre Courtyard
Shan - Shantz Activity Area

AUDI - Centre Auditorium
Cent - Centre Basement
Suit - Suites Entrance

BCNY - Balcony
Craf - Craft Room 3

Bau - Bauman Lounge
OUT - Outings

Check Program Boards daily for the most up to date information.

