

# June 2026



## Preston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:45am Paint & Relax - PAA <b>2:00pm Disney Day Fun Fair! - AUDI</b> 2:15pm Making Music - 3rd	<b>2</b> 9:30am Tots and Tunes - Craff 10:30am Tots and Tunes - Craff 10:45am Euchre Group - 2nd Floor Link 1:00pm St. Benedicts Student Visit - Centre Courtyard 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	<b>3</b> 9:45am Outdoor Strolls - CCRT 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 3:00pm 1st Floor Super Fun & Fitness - ACRM 3:15pm Library Visit- Preston	<b>4</b> <b>Independent Activity Day!</b>  Try a puzzle Read a book Enjoy the balcony Phone a friend Watch a great movie Make a new friend Every day is a gift	<b>5</b> 10:30am Exploring New Music - 3rd 10:45am Crokinole - PAA 1:30pm 2nd Floor Duet Bike Rides - OUT 2:00pm Card Games - PAA 3:00pm Price is right? - PAA	<b>6</b> 9:45am Super Fun & Fitness- 3rd ACRM 2:00pm ICE CREAM CART - PAA
<b>7</b> 10:00am Java Music Club - ACRM 2:00pm Creative Corner! - PAA 3:00pm Beauty Shop - PAA	<b>8</b> 9:45am Fun and Fitness - PAA <b>1:15pm OUTING: African Lion Safari - OUT</b> 2:00pm Crokinole - PAA 2:15pm Making Music - 3rd 3:00pm Outdoor Strolls - CCRT	<b>9</b> <b>8:00am Breakfast Club - 3rd floor activity room</b> 9:30am Tots and Tunes - Craff 10:30am Tots and Tunes - Craff 10:45am Euchre Group - 2nd Floor Link 1:30pm Snoezelen cart - Resi 2:00pm Artful Enrichment - ACRM 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	<b>10</b> 9:45am Facemask Painting - PAA 1:30pm Young and The Restless Music Group - 1st floor activity room 2:00pm 2nd Floor BINGO - PDR 3:15pm Library Visit- Preston	<b>11</b> 9:45am Ladderball - PAA <b>10:00am Duet Bike Rides for 1st floor - OUT</b> 10:45am Price is right? - PAA <b>2:00pm Birthday Party with John Moorhouse! - AUDI</b>	<b>12</b> 10:30am Exploring New Music - 3rd 10:45am Curling - PAA 1:30pm Bowling, Pool, and Crokinole! - Cent 6:15pm Movie & Popcorn - PSR	<b>13</b> 9:45am Fun and Fitness - PAA 10:45am Beauty Shop 1:1 - P 2:00pm Outdoor Strolls - 1:1 P - Resi 3:00pm Table Top Games - P
<b>14</b> 9:45am Active Games - P 10:45am Hymn Sing & Virtual Church Service - P 3:00pm Popsicles on the Patio (P) - BCNY	<b>15</b> 9:45am Paint & Relax - PAA <b>1:15pm OUTING: Riverside Park - OUT</b> 2:00pm Fun and Fitness - PAA 2:15pm Making Music - 3rd 3:30pm Table Top Games - PAA	<b>16</b> 10:45am Euchre Group - 2nd Floor Link 11:00am Ribbon Cutting in the Auditorium - AUDI 1:30pm Snoezelen cart - Resi 1:30pm Annual General Meeting - AUDI 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	<b>17</b> 9:45am Horticulture - PAA 11:00am Roman Catholic Communion - Craft Room 3 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 2:00pm Men's Group - 3rd 3:15pm Library Visit- Preston <b>5:00pm Y &amp; R Dinner and Movie - 3rd Floor Activity Room</b>	<b>18</b> 9:45am Axe Throwing - PAA <b>10:00am Duet Bike Rides for 3rd floor - OUT</b> 2:00pm Residents Council - Craft Room 3 2:15pm Crokinole - PAA 3:30pm Outdoor Strolls - CCRT	<b>19</b> 10:00am Father's Day Coffee Hour - AUDI 10:30am Exploring New Music - 3rd 1:30pm Bowling, Pool, and Crokinole! - Cent 3:00pm Sing Along - P	<b>20</b> 9:45am Super Fun & Fitness- 3rd ACRM 2:00pm ICE CREAM CART - PAA 3:00pm Curling - PAA
<b>21</b> 9:45am Hymn Sing & Virtual Church Service - PAA 10:45am Sunday Morning Church Service - ACRM 10:45am Table Top Games - PAA <b>2:00pm Spa Day! - ACRM</b>	<b>22</b> 9:45am Fun and Fitness - PAA <b>10:00am OUTING: Fishing Trip! - OUT</b> 2:00pm Crokinole - PAA 2:15pm Making Music - 3rd	<b>23</b> 10:45am Euchre Group - 2nd Floor Link <b>2:00pm Musical Performance in the Auditorium, Followed by Strawberry Pie in all Dining Rooms! - AUDI</b> 2:30pm Music Therapy - PAA 6:15pm Variety Time - PAA	<b>24</b> <b>10:00am Photography in the Healing Garden - Suit</b> 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 3:15pm Bean Bag Baseball - AUDI 3:15pm Library Visit- Preston	<b>25</b> 10:00am Baking - ACRM <b>10:00am Duet Bike Rides for 2nd floor - OUT</b> 2:00pm Foods around the world- Switzerland - ACRM 2:10pm 2nd Floor Artful Enrichment - 3rd	<b>26</b> 10:30am Exploring New Music - 3rd 10:45am Axe Throwing - PAA 2:00pm Fun and Fitness - PAA	<b>27</b> 9:45am Fun and Fitness - PAA 10:45am Reading Group - P 2:00pm You be the Judge - P 3:00pm Balloon Badminton - P
<b>28</b> 10:45am Hymn Sing - P 2:00pm Cards: UNO - P 3:00pm Ladderball - P	<b>29</b> 9:45am Paint & Relax - PAA 2:00pm Fun and Fitness - PAA 2:15pm Making Music - 3rd 3:30pm Mental Aerobics - PAA	<b>30</b> 10:45am Euchre Group - 2nd Floor Link 1:30pm Snoezelen cart - Resi <b>2:00pm Celebrity Productions Presents a Canadian Artist Tribute! - CCRT</b> 2:30pm Music Therapy - PAA 6:15pm Calendar Delivery - PAA				

3rd - 3rd Floor Activity Room  
Cent - Centre Basement  
PSR - Preston Sitting Room

ACRM - 1st Floor Activity Room  
Craff - Craft Room 3  
Resi - Resident Room for 1-1 scoring

AUDI - Centre Auditorium  
OUT - Outings  
Suit - Suites Entrance

BCNY - Balcony  
P - Preston

CCRT - Centre Courtyard  
PAA - Preston Activity Area

Check Program Boards daily for the most up to date information.

