

June 2026



Hespeler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:45am Paint & Relax - PAA 11:00am Outdoor Strolls - HAA 2:00pm Disney Day Fun Fair! - AUDI 2:15pm Making Music - 3rd 6:15pm Variety Time - HAA	2 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 10:45am Euchre Group - 2nd Floor Link 1:00pm St. Benedicts Student Visit - Centre Courtyard 1:30pm Music Therapy - HAA 3:00pm Monthly Gazette & Special Days - H	3 9:45am Outdoor Strolls - CCRT 11:00am Curling - HAA 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 3:00pm 1st Floor Super Fun & Fitness - ACRM 6:15pm Fun and Fitness - HAA	4 Independent Activity Day! Try a puzzle Read a book Enjoy the balcony Phone a friend Watch a great movie Make a new friend Every day is a gift	5 9:45am Snoezelen Cart, 1:1 - H 9:45am Outdoor Strolls - CCRT 10:30am Exploring New Music - 3rd 10:45am Fun and Fitness - H 1:30pm 2nd Floor Duet Bike Rides - OUT 3:00pm Feel & Fold - H	6 9:45am Super Fun & Fitness- 3rd ACRM 3:00pm ICE CREAM CART - HAA
7 10:00am Java Music Club - ACRM 2:00pm Outdoor Strolls - CCRT 3:00pm Fun and Fitness - H	8 10:45am Ladderball - HAA 1:15pm OUTING: African Lion Safari - OUT 2:00pm World Oceans Day - H 2:15pm Making Music - 3rd 6:15pm Variety Time - H	9 8:00am Breakfast Club - 3rd floor activity room 9:30am Garden Care - H 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 10:45am Euchre Group - 2nd Floor Link 1:30pm Music Therapy - HAA 2:00pm Artful Enrichment - ACRM	10 11:00am Balloon Badminton - HAA 1:30pm Young and The Restless Music Group - 1st floor activity room 2:00pm 2nd Floor BINGO - PDR 6:15pm Variety Time - H	11 9:30am Horticulture Hands - H 10:00am Duet Bike Rides for 1st floor - OUT 10:45am Fun & Fitness FIFA Special - H 2:00pm Birthday Party with John Moorhouse! - AUDI	12 9:45am Fun and Fitness - HAA 10:30am Exploring New Music - 3rd 1:30pm Bowling, Pool, and Crokinole! - Cent	13 9:30am Garden Care - H 10:45am Table Top Games - H 1:45pm Card Making - H 3:00pm Wacky Wordies - H
14 9:45am Fun and Fitness - H 10:45am Tissue Paper Window Art - H 1:15pm Duet Bike Rides, 1:1-H	15 9:45am Paint & Relax - PAA 1:15pm OUTING: Riverside Park - OUT 2:00pm Movie & Popcorn - HSR 2:15pm Making Music - 3rd 6:15pm Fun & Fitness - H	16 9:45am Fun and Fitness - H 10:45am Euchre Group - 2nd Floor Link 11:00am Ribbon Cutting in the Auditorium - AUDI 1:30pm Music Therapy - HAA 1:30pm Annual General Meeting - AUDI	17 11:00am Roman Catholic Communion - Craft Room 3 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 2:00pm Men's Group - 3rd 5:00pm Y & R Dinner and Movie - 3rd Floor Activity Room	18 10:00am Duet Bike Rides for 3rd floor - OUT 10:45am Facemask Painting - HAA 2:00pm Residents Council - Craft Room 3 3:30pm Outdoor Strolls - CCRT	19 10:00am Father's Day Coffee Hour - AUDI 10:30am Exploring New Music - 3rd 1:30pm Bowling, Pool, and Crokinole! - Cent 2:00pm Puzzles & Ponderings - H	20 9:45am Super Fun & Fitness- 3rd ACRM 2:00pm ICE CREAM CART - HAA 3:00pm Axe Throwing - HAA
21 9:45am Hymn Sing & Virtual Church Service - HAA 10:45am Sunday Morning Church Service - ACRM 10:45am Fun and Fitness - H 2:00pm Spa Day! - ACRM 2:00pm Snoezelen cart - Resi	22 10:00am OUTING: Fishing Trip! - OUT 10:45am You be the Judge!! - HAA 2:15pm Making Music - 3rd 3:00pm Short Stories - HAA	23 9:30am Making "Caramel Crunch Banana Snack" - H 10:45am Euchre Group - 2nd Floor Link 1:30pm Music Therapy - HAA 2:00pm Musical Performance in the Auditorium, Followed by Strawberry Pie in all Dining Rooms! - AUDI	24 10:00am Photography in the Healing Garden - Suit 1:30pm Young and The Restless - Music Group - 3rd floor Activity Room 2:00pm 2nd Floor BINGO - PDR 3:15pm Bean Bag Baseball - AUDI 6:15pm Variety Time - H	25 10:00am Baking - ACRM 10:00am Duet Bike Rides for 2nd floor - OUT 2:00pm Foods around the world- Switzerland - ACRM 2:10pm 2nd Floor Artful Enrichment - 3rd	26 9:45am Fun and Fitness - HAA 10:30am Exploring New Music - 3rd 3:15pm Wheel of Fortune! - HAA	27 9:45am Snoezelen Cart, 1:1 - H 10:45am Fun and Fitness - H 2:00pm Giant Connect Four - H 3:00pm Sing Along - H
28 9:45am Fun and Fitness - H 2:00pm Smoothies on the Balcony - H 3:40pm Painting: Canada Theme - H 6:15pm Variety Time - H	29 9:45am Paint & Relax - PAA 2:00pm Documentary & Discussion - H 2:15pm Making Music - 3rd 3:00pm Balloon Badminton - H 6:15pm Variety Time - HAA	30 9:45am Fun and Fitness - H 10:45am Euchre Group - 2nd Floor Link 1:30pm Music Therapy - HAA 2:00pm Celebrity Productions Presents a Canadian Artist Tribute! - CCRT				

3rd - 3rd Floor Activity Room
 Craf - Craft Room 3
 PAA - Preston Activity Area

ACRM - 1st Floor Activity Room
 H - Hespeler
 Resi - Resident Room for 1-1 scoring

AUDI - Centre Auditorium
 HAA - Hespeler Activity Area
 Suit - Suites Entrance

CCRT - Centre Courtyard
 HSR - Hespeler Sitting Room

Cent - Centre Basement
 OUT - Outings

Check Program Boards daily for the most up to date information.

