

Sunday

Monday+

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2026



10:00 Forever Young Strength (CA)
11:15 Fairview Fit (CA)
1:00 TRX (CA)
3:15 Bean Bag Baseball (CA)
6:30 Golf card game (CCR3)
7:00 Euchre (CCR3)

All Fools' Day
 Passover Begins

9:30 Yarn & Thread Club (CCR1) 2
9:45 Keep Fit (CA)
11:00 Chair Yoga (CA)
1:00 Bus: No Frills & Dollarama
1:30 Crafts (CCR1)
6:30 Cribbage (CCR3)

10:30 Salvation Army Church Service (CA) 3
7:00 Crokinole (CCR3)




10:30 Preston Mennonite Church Live Stream (BDR) 5
10:30 Salvation Army Worship Service (CA)
6:30 Golf card game (CCR3)

Easter Sunday



6:30 Golf card game (3FL) 6
7:00 Yahtzee (CCR3)

9:45 Keep Fit (CA) 7
11:00 Chair Yoga (CA)
1:00 St. Bennies Students (CCR2 & CCR3)
1:30 Crafts (CCR1)
6:30 Rook (CCR3)

10:00 Forever Young Strength (CA) 8
11:15 Fairview Fit (CA)
1:00 TRX (CA)
3:15 Bean Bag Baseball (CA)
6:30 Golf card game (CCR3)
7:00 Euchre (CCR3)

9:30 Yarn & Thread Club (CCR1) 9
9:45 Keep Fit (CA)
11:00 Chair Yoga (CA)
10:45 Out to lunch Bunch
1:30 Crafts (CCR1)
6:30 Cribbage (CCR3)

9:00 Bowling (B) 10
11:15 Fairview Fit (CA)
1:00 TRX (CA)
2:00 Yoga (CA)
7:00 Crokinole (CCR3)

If you have any questions please contact:
Jenn, Programs & Volunteers: Ext. 4601
Niamh, Spiritual Care: Ext. 4250
Sarah & Anjali, Pool: Ext. 4604
Sue & Anjali, Fitness: Ext. 4605 11

10:30 Preston Mennonite Church Live Stream (BDR) 12
10:30 Salvation Army Worship Service (CA)
6:30 Golf card game (CCR3)

9:00 Bowling (B) 13
10:00 Bingo (CA)
10:00 Forever Young Strength (CCR3)
11:15 Fairview Fit (CA)
6:30 Martin Wall Performance (CA)
6:30 Golf card game (3FL)
7:00 Yahtzee (CCR3)

9:30 Kindred Credit Union (LIB) 14
9:45 Keep Fit (CA)
11:00 Chair Yoga (CA)
1:30 Crafts (CCR1)
2:00 Victorian Fashion Show (CA)
6:30 Rook (CCR3)

10:00 Forever Young Strength (CA) 15
11:15 Fairview Fit (CA)
11:30 Roman Catholic Communion (CCR3)
1:00 TRX (CA)
2:00 Anti-Fraud Presentation (CCR3)
3:15 Bean Bag Baseball (CA)
6:30 Golf card game (CCR3)
7:00 Euchre (CCR3)

9:30 Yarn & Thread Club (CCR1) 16
9:45 Keep Fit (CA)
10:00 Anglican Communion (3FL)
11:00 Chair Yoga (CA)
1:00 Bus: Shoppers & Giant Tiger
1:30 Crafts (CCR1)
6:30 Cribbage (CCR3)

9:00 Bowling (B) 17
11:15 Fairview Fit (CA)
1:00 TRX (CA)
2:00 Yoga (CA)
7:00 Crokinole (CCR3)

18

10:30 Preston Mennonite Church Live Stream (BDR) 19
10:30 Salvation Army Worship Service (CA)
6:30 Golf card game (CCR3)

9:00 Bowling (B) 20
10:00 Bingo (CA)
10:00 Forever Young Strength (CCR3)
11:15 Fairview Fit (CA)
6:30 Golf card game (3FL)
7:00 Yahtzee (CCR3)

9:45 Keep Fit (CA) 21
11:00 Chair Yoga (CA)
1:30 Crafts (CCR1)
6:30 Rook (CCR3)
7:00 Addison Women's Choir Performance (CA)

10:00 Forever Young Strength (CA) 22
11:15 Fairview Fit (CA)
1:00 TRX (CA)
3:15 Bean Bag Baseball (CA)
6:30 Golf card game (CCR3)
7:00 Euchre (CCR3)

Earth Day 

9:30 Yarn & Thread Club (CCR1) 23
9:45 Keep Fit (CA)
11:00 Chair Yoga (CA)
10:45 Out to lunch Bunch
1:30 Crafts (CCR1)
6:30 Cribbage (CCR3)

9:00 Bowling (B) 24
11:15 Fairview Fit (CA)
1:00 TRX (CA)
2:00 Yoga (CA)
7:00 Crokinole (CCR3)

Arbor Day

Legend: 25
 B - Basement
 CA - Centre Auditorium
 CCR - Centre Craft Rooms 1,2,3
 CDR - Centre Dining Room
 FIT - Fitness Room
 LIB - Library
 3FL - 3rd Floor Lounge
 BDR - Boardroom by Reception
 ISS - Interfaith Sacred space

10:30 Preston Mennonite Church Live Stream (BDR) 26
10:30 Salvation Army Worship Service (CA)
3:00 Voices of Victory Youth Choir (CA)
6:30 Golf card game (CCR3)

9:00 Bowling (B) 27
10:00 Bingo (CA)
10:00 Forever Young Strength (CCR3)
11:15 Fairview Fit (CA)
6:30 Golf card game (3FL)
7:00 Yahtzee (CCR3)

9:30 Kindred Credit Union (LIB) 28
9:45 Keep Fit (CA)
11:00 Chair Yoga (CA)
1:30 Crafts (CCR1)
2:00 Coffee Club (CDR)
6:30 Rook (CCR3)

10:00 Forever Young Strength (CA) 29
11:15 Fairview Fit (CA)
1:00 TRX (CA)
3:15 Bean Bag Baseball (CA)
6:30 Golf card game (CCR3)
7:00 Euchre (CCR3)

9:30 Yarn & Thread Club (CCR1) 30
9:45 Keep Fit (CA)
11:00 Chair Yoga (CA)
1:30 Crafts (CCR1)
6:30 Cribbage (CCR3)

