

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  | | | |  | |  |
| | | | | | 9:00 Bowling (B) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 5:00 Pot luck (CDR) 7:00 Crokinole (CCR3) May Day | 2 |
| 10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3) | 9:00 Bowling (B) 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3) | 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:00 St. Bennies Students (CCR2 & CCR3) 1:30 Crafts (CCR1) 6:30 Rook (CCR3) Cinco de Mayo | 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3) | 9:30 Yarn & Thread Club (CCR1) 9:30 Mother's Day Shopping (CA) 9:45 Keep Fit (CCR3) 11:00 Chair Yoga (CCR3) 1:00 Bus No frills & Dollarama 1:30 Crafts (CCR1) 6:30 Cribbage (CCR3) | 9:00 Bowling (B) 11:15 Fairview Fit (CA) 2:00 Mother's Day Tea (CA) 7:00 Crokinole (CCR3) | If you have any questions please contact: Jenn , Programs & Volunteers: Ext. 4601 Niamh , Spiritual Care: Ext. 4250 Sarah & Anjali , Pool: Ext. 4604 Sue & Anjali , Fitness: Ext. 4605 |
| 10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3) 7:00 Hymn Sing (CA) Happy Mother's Day! | 9:00 Bowling (B) 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3) | 9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 6:30 Rook (CCR3) | 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3) | 9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 11:00 Out to lunch Bunch 1:30 Crafts (CCR1) 6:30 Cribbage (CCR3) | 9:00 Bowling (B) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3) | Armed Forces Day |
| 10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3) |  | 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 6:30 Rook (CCR3) | 10:00 Forever Young Strength (CA) 11:00 Roman Catholic Communion (CCR2) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3) | 9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 10:00 Anglican Communion (3FL) 11:00 Chair Yoga (CA) 1:00 Bus Shoppers & Giant Tiger 1:30 Crafts (CCR1) 6:30 Cribbage (CCR3) Shavuot Begins | 9:00 Bowling (B) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3) | 23 |
| 10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3) | 9:00 Bowling (B) 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3) Memorial Day | 9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 2:00 Coffee Club (CDR) 6:30 Rook (CCR3) | 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3) | 9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 11:00 Out to lunch Bunch 1:30 Crafts (CCR1) 6:30 Cribbage (CCR3) | 9:00 Bowling (B) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3) | Legend: B - Basement CA - Centre Auditorium CCR - Centre Craft Rooms 1,2,3 CDR - Centre Dining Room FIT - Fitness Room LIB - Library 3FL - 3rd Floor Lounge BDR - Boardroom by Reception ISS - Interfaith Sacred space |
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