

# May 2026



## Shantz

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> <b>8:00am First Floor Breakfast Club - 1st Floor Activity Room</b> 9:30am Chair Yoga - Shan 10:30am Friendly Visits - Shan 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan 1:30pm Bowling, Pool, and Crokinole! - Basement 2:00pm Preston Balcony Visits - BCNY	<b>2</b> 9:30am Java Music Club - Shan 9:45am Outdoor Strolls - GCRT 10:30am Indoor Golf - Shan 10:45am Outdoor Strolls - BCYD 2:00pm 1st Floor Artful Enrichment - ACRM 2:00pm Travelouge - Shan 3:00pm Basketball - Shan 3:00pm Outdoor Strolls - CCRT
<b>3</b> 9:30am Would You? Could You? Have You? - Shan 10:30am Hymn Sing - Shan 1:45pm Fun and Fitness - Shan 2:45pm Shuffle Board - Shan	<b>4</b> 9:30am Making Nuts & Bolts - ACRM 9:45am Jeopardy - Bau 10:45am Time to Think - Shan 2:15pm Making Music - 3rd 3:00pm Friendly Visits - Shan	<b>5</b> 9:30am Tots and Tunes - Craf 9:45am Popsicle Stick Wall Showpiece - 3rd 10:30am Tots and Tunes - Craf <b>12:00pm Lunch Bunch: Tacos! - 3rd</b> 1:00pm St. Benedicts Student Visit - CRFT 3:00pm Fun and Fitness - Shan	<b>6</b> 9:45am Popsicle Stick Wall Showpiece - ACRM 2:00pm Time to Think - Shan 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm musical memories - Shan	<b>7</b> <b>9:30 am - 3:30 pm Spring Sale in the Auditorium</b> 9:45am Spring Sale - AUDI 10:30am Trivia: Tourism - Shan 1:30pm Visit to Spring Sale - Shan 6:15pm Reading Group - Shan	<b>8</b> 9:30am Fun and Fitness - Shan 10:30am Friendly Visits - Shan 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan <b>2:00pm Mother's Day Tea - AUDI</b>	<b>9</b> 9:30am Mental Aerobics - Shan 10:30am Beauty Shop - Shan 2:00pm Artful Enrichment - 3rd
<b>10</b> 10:00am Church Service - 3rd 1:45pm Fun and Fitness - Shan 2:45pm Walking Group - Shan	<b>11</b> 9:30am Wellness Group - Shan 2:00pm Curling - Shan 2:15pm Making Music - 3rd 3:00pm Thread of Connection - Shan	<b>12</b> 9:30am Tots and Tunes - Craf 10:30am Fun and Fitness - Shan 10:30am Tots and Tunes - Craf 2:00pm Bingo - 3rd 2:00pm Foods around the world- Lebanon - ACRM	<b>13</b> 1:30pm A Card for Loved Ones - Shan 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Reading Group - Shan	<b>14</b> 10:30am Mental Aerobics - Shan 2:00pm Family Feud - 3rd 6:15pm Variety Time: Casino Night - Baum	<b>15</b> 9:30am Fun and Fitness - Shan 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan <b>2:00pm Residents Council - Craft Room 3</b> 2:15pm Time to Think - Shan	<b>16</b> 10:00am Café Day - 3rd 2:00pm Trivia - Shan 3:00pm Outdoor Chats-Shantz Balcony - Shan
<b>17</b> 10:00am Java Music Club - 3rd 1:45pm Documentary and Discussion - Shan 2:45pm Ladderball - Shan	<b>18</b> 10:45am Fun and Fitness - Shan 2:00pm Crafty Corner - Shan 2:15pm Making Music - 3rd 3:00pm Friendly Visits - Shan	<b>19</b> 9:30am Tots and Tunes - Craf 10:30am Juice Guess Challenge on the Balcony - Shantz - BCNY 10:30am Tots and Tunes - Craf 2:00pm Men's Group - 3rd 3:30pm Bean Bag Toss - Shan	<b>20</b> 10:30am Musical Memories - Shan 11:00am Roman Catholic Communion - Craft Room 2 - ACRM 2:00pm 3rd Floor Fun and Fitness - 3rd 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:30pm Friendly Visits - Shan <b>5:00pm Dinner and Movie - Dominos Pizza!- 3rd - ACRM</b>	<b>21</b> 10:45am Riddle Me This... - Shan 1:30pm Wonders of the World - Shan 3:00pm Bean Bag Toss - Shan 6:15pm Reading Group - Shan	<b>22</b> <b>Bike Rides - all day - sign up with Program Team!</b> 9:30am Fun and Fitness - Shan 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan 2:00pm Making Frosting - 3rd 2:00pm Duet Bike Rides - OUT	<b>23</b> 9:30am Active Games - Shan 10:30am Discussion Group - Shan 1:30pm Walker Tag Craft - Shan 2:30pm 3rd Floor Outdoor Chats - BCNY
<b>24</b> 9:30am Hymn Sing - Shan 10:30am Fun and Fitness - Shan 2:00pm SPA Day!! - 3rd	<b>25</b> 9:30am Wellness Group - Shan <b>9:45am OUTING: Country Drive - OUT</b> <b>1:45pm OUTING: Country Drive - OUT</b> 2:15pm Making Music - 3rd 2:45pm What Would You Do? - Shan	<b>26</b> 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 10:45am Fun and Fitness - Shan 2:00pm Coffee Social - CDR 2:15pm It Makes Sense- Snoezelen cart - Shan	<b>27</b> 10:30am You be the judge - Shan 1:30pm 3rd Floor Gardening - CCRT 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:00pm Bingo - Shan	<b>28</b> 10:30am It Makes Sense- Snoezelen cart - Shan 2:00pm Birthday Party with Hayley Verall! - AUDI 6:15pm Documentary and Discussion - Shan	<b>29</b> 9:30am Fun and Fitness - Shan 10:30am Exploring New Music - 3rd 10:30am Music Therapy - Shan <b>1:15pm OUTING: Butterfly Conservatory - OUT</b> 3:00pm You be the judge - Shan	<b>30</b> 9:30am Wellness Group - Shan 10:30am Mathematics - Shan 1:30pm Baking - 3rd
<b>31</b> 9:30am Fun and Fitness - Shan 10:30am Hymn Sing - Shan 10:45am Duet Bike Rides 1:1 - H 1:30pm Trivia - Shan 2:30pm Calendar Delivery - Shan						

3rd - 3rd Floor Activity Room

ACRM - 1st Floor Activity Room

AUDI - Centre Auditorium

BCNY - Balcony

BCYD - Blair Courtyard

Bau - Bauman Lounge

Baum - Bauman Activity Area

CCRT - Centre Courtyard

CDR - Centre Dining Room

CRFT - Craft Room

Craf - Craft Room 3

GCRT - Galt Courtyard

OUT - Outings

Shan - Shantz Lounge

Shan - Shantz Activity Area

Check Program Boards daily for the most up to date information.

