

May 2026

Preston



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:00am First Floor Breakfast Club - 1st Floor Activity Room 9:30am Hymn Sing - PAA 10:30am Exploring New Music - 3rd 10:45am Crokinole - PAA 1:30pm Bowling, Pool, and Crokinole! - Basement 2:00pm Preston Balcony Visits - BCNY	2 9:45am Outdoor Strolls - GCRT 10:45am Fun and Fitness - P 10:45am Outdoor Strolls - BCYD 2:00pm 1st Floor Artful Enrichment - ACRM 3:00pm Butterfly Window Art - P 3:00pm Outdoor Strolls - CCRT
3 9:45am Monthly Gazette & Special Days - P 10:45am Sing a long - P 2:00pm It Makes Sense -Snnozelen Cart 1:1 - P 3:00pm Shuffleboard - P	4 9:30am Making Nuts & Bolts - ACRM 9:45am Paint & Relax - PAA 2:00pm Fun and Fitness - P 2:15pm Making Music - 3rd	5 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 12:00pm Lunch Bunch: Tacos! - 3rd 1:00pm St. Benedicts Student Visit - CRFT 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	6 9:45am Popsicle Stick Wall Showpiece - ACRM 10:45am Pick & Place Race - PAA 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:15pm Library Visit - PAA	7 9:30 am - 3:30 pm Spring Sale in the Auditorium 9:45am Popsicle Stick Wall Showpiece - PAA 9:45am Spring Sale - AUDI 2:00pm Movie & Popcorn - PAA	8 10:30am Exploring New Music - 3rd 10:45am Horticulture Hands - P 2:00pm Mother's Day Tea - AUDI	9 10:45am Hymn Sing - P 3:00pm Fun and Fitness - P
10 9:45am Coffee and Chats - PAA 2:00pm Bowling - PAA	11 1:45pm Fun and Fitness - P 2:15pm Making Music - 3rd	12 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 2:00pm Foods around the world- Lebanon - ACRM 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	13 9:45am Horticulture - PAA 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:15pm Library Visit - PAA	14 9:45am Crafts - PAA 2:00pm Family Feud - 3rd 2:00pm Table Top Games - PAA	15 10:30am Exploring New Music - 3rd 2:00pm Residents Council - Craft Room 3 2:15pm Crokinole - PAA 6:15pm Variety Time - PAA	16 9:30am Fun and Fitness - P 10:00am Café Day - 3rd 1:45pm Table Top Games: Square Genius - P
17 10:45am Montessori: Feel & Fold - P 3:00pm Smoothies on the Balcony - P	18 9:30am Paint & Relax - P 2:00pm Fun and Fitness - P 2:15pm Making Music - 3rd	19 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	20 11:00am Roman Catholic Communion - Craft Room 2 - ACRM 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:15pm Library Visit - PAA 5:00pm Dinner and Movie - Dominos Pizza! - 3rd - ACRM	21 9:45am Horticulture - PAA 10:45am Fun and Fitness - P 2:00pm 2nd Floor Artful Enrichment - 3rd Floor Activity Room	22 Bike Rides - all day - sign up with Program Team! 10:30am Exploring New Music - 3rd 2:00pm Making Frosting - 3rd 3:00pm Strawberry Cream Cups - PAA	23 9:45am Hymn Sing - P 2:00pm Axe Throwing - P
24 9:45am Wheels of Fortune!! - PAA 2:00pm Fun and Fitness - P	25 9:45am OUTING: Country Drive - OUT 1:45pm OUTING: Country Drive - OUT 2:15pm Making Music - 3rd 3:45pm Musical Memories - P	26 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 2:00pm Coffee Social - CDR 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	27 10:30am 2nd Floor Gardening - CCRT 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:15pm Library Visit - PAA	28 9:45am Fun and Fitness - P 10:45am Mental Aerobics: Chess - P 2:00pm Birthday Party with Hayley Verall! - AUDI	29 10:30am Exploring New Music - 3rd 1:15pm OUTING: Butterfly Conservatory - OUT 2:00pm Crokinole - PAA 6:15pm Variety Time - PAA	30 9:30am It Makes Sense -Snnozelen cart 1:1 - P 1:30pm Beauty Shop - P
31 9:30am Calendar Delivery - P 10:45am Duet Bike Rides 1:1 - H 2:00pm Active Games - P						

3rd - 3rd Floor Activity Room ACRM - 1st Floor Activity Room AUDI - Centre Auditorium BCNY - Balcony BCYD - Blair Courtyard
 CCRT - Centre Courtyard CDR - Centre Dining Room CRFT - Craft Room Craf - Craft Room 3 GCRT - Galt Courtyard
 OUT - Outings P - Preston PAA - Preston Activity Area

Check Program Boards daily for the most up to date information.