

May 2026



Hespeler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8:00am First Floor Breakfast Club - 1st Floor Activity Room 10:00am Busy Hands - HAA 10:30am Exploring New Music - 3rd 10:45am Euchre Group - 2nd Floor Link 1:30pm Bowling, Pool, and Crokinole! - Basement 2:00pm Preston Balcony Visits - BCNY 3:00pm Fun and Fitness - H	2 9:45am Monthly Gazette & Special Days - H 9:45am Outdoor Strolls - GCRT 10:45am Outdoor Strolls - BCYD 2:00pm 1st Floor Artful Enrichment - ACRM 2:00pm Butterfly Window Art - H 3:00pm Outdoor Strolls - CCRT
3 9:45am Hymn Sing - H 10:45am Shuffleboard - H 1:45pm Outdoor Strolls - H 3:00pm Time to Think - H	4 9:30am Making Nuts & Bolts - ACRM 11:00am Outdoor Strolls - H 2:15pm Making Music - 3rd 3:00pm Price is Right - H	5 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 12:00pm Lunch Bunch: Tacos! - 3rd 1:00pm St. Benedicts Student Visit - CRFT 1:30pm Music Therapy - HAA 3:00pm Balcony Visits - HAA	6 9:45am Popsicle Stick Wall Showpiece - ACRM 9:45am Fun and Fitness - H 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Variety Time - HAA	7 9:30 am - 3:30 pm Spring Sale in the Auditorium 9:45am Spring Sale - AUDI 2:00pm Bracelet Making - H 3:00pm Active Games - H	8 9:45am Fun and Fitness - H 10:30am Exploring New Music - 3rd 2:00pm Mother's Day Tea - AUDI	9 9:45am Fun and Fitness - H 2:00pm Crokinole - H
10 10:45am Curling - H 3:00pm Mothers Day Short Stories - H	11 2:15pm Making Music - 3rd 2:45pm Outdoor Strolls - H 6:15pm Fun and Fitness - H	12 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 1:30pm Music Therapy - HAA 2:00pm Foods around the world- Lebanon - ACRM 2:45pm Poetry on the Patio - H	13 10:30am Fun and Fitness - H 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Variety Time - H	14 10:45am Fun and Fitness - H 2:00pm Family Feud - 3rd 3:15pm Beauty Shop 1:1 - H	15 10:30am Exploring New Music - 3rd 2:00pm Residents Council - Craft Room 3 3:15pm Indoor Golf - H	16 10:00am Café Day - 3rd 10:45am Euchre Group - 2nd Floor Link 2:45pm Card Making Group - H
17 9:45am Hymn Sing - H 2:00pm Smoothies on the Balcony - H	18 11:00am Fun and Fitness - H 2:15pm Making Music - 3rd 3:15pm Colour & Create - H	19 9:30am Fun and Fitness - H 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 1:30pm Music Therapy - HAA	20 9:45am Curling - HAA 11:00am Roman Catholic Communion - Craft Room 2 - ACRM 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 5:00pm Dinner and Movie - Dominos Pizza!- 3rd - ACRM	21 9:30am Time to Think: Maritime Theme - H 10:45am Strawberry & Cream Cups - H 2:00pm 2nd Floor Artful Enrichment - 3rd Floor Activity Room	22 Bike Rides - all day - sign up with Program Team! 10:30am Exploring New Music - 3rd 2:00pm Making Frosting - 3rd 2:00pm Celebrate Every Day: Lucky Pennies - H	23 10:45am Fun and Fitness - H 3:00pm Reading Group - H
24 10:45am Hymn Sing - H 3:00pm Active Games - H	25 9:45am OUTING: Country Drive - OUT 1:45pm OUTING: Country Drive - OUT 2:00pm Euchre Group - 2nd Floor Link 2:15pm Making Music - 3rd 6:15pm Fun and Fitness - H	26 9:30am Snoezelen Cart 1:1 - H 9:30am Tots and Tunes - Craf 10:30am Tots and Tunes - Craf 1:30pm Music Therapy - HAA 2:00pm Coffee Social - CDR	27 10:30am 2nd Floor Gardening - CCRT 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Variety Time - H	28 9:30am Horticulture Hands - H 10:45am Fun and Fitness - H 2:00pm Birthday Party with Hayley Verall! - AUDI	29 10:30am Exploring New Music - 3rd 1:15pm OUTING: Butterfly Conservatory - OUT 3:15pm Fun and Fitness - HAA	30 10:30am Java Music Club - H 3:00pm Outdoor Chats - H
31 10:45am Duet Bike Rides 1:1 - H 3:00pm Calendar Delivery - H						

3rd - 3rd Floor Activity Room
 CCRT - Centre Courtyard
 H - Hespeler

ACRM - 1st Floor Activity Room
 CDR - Centre Dining Room
 HAA - Hespeler Activity Area

AUDI - Centre Auditorium
 CRFT - Craft Room
 OUT - Outings

BCNY - Balcony
 Craf - Craft Room 3

BCYD - Blair Courtyard
 GCRT - Galt Courtyard

Check Program Boards daily for the most up to date information.