

# March 2026

## Shantz

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00am St Patrick's Art & Craft - 3rd 1:30pm Documentary and Discussion - Shan 3:00pm Table Top Games - Shan	<b>2</b> 2:00pm Java Music Club - Shan 2:15pm Making Music - 3rd 3:15pm Reading Group - Shan 6:15pm Smoothie Social - Shan	<b>3</b> 10:30am Tots and Tunes - Craf 1:00pm St. Benedicts Student Visit - CRFT  1:30pm Fun and Fitness - Shan 3:00pm Reading Group - Shan 4:00pm Rosary - Inte	<b>4</b> 12:00pm 1st floor Lunch Bunch: Swiss Chalet - register with Sara - ACRM  2:00pm Fun and Fitness - Shan 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:15pm You be the judge - Shan 6:15pm Bowling - Shan	<b>5</b> 9:30am Preston High Student Visit - CRFT 2:00pm Bingo - 3rd 2:00pm Residents Council -Craft Room 3 - ACRM	<b>6</b> 9:30am Music Therapy - Shan 10:15am Church Service - AUDI 10:30am Robo Companion - Shan 10:30am Exploring New Music - 3rd 1:15pm OUTING: Cambridge Mall, register with Sara - OUT 2:00pm Fun and Fitness - Shan	<b>7</b> 9:45am Name That Tune - Shan 10:45am Axe Throwing - Shan 2:00pm Spa Day - ACRM
<b>8</b> 2:00pm Artful Enrichment - 3rd	<b>9</b> 9:30am Fun and Fitness - Shan 1:30pm Bingo 3rd Floor - 3rd 2:15pm Making Music - 3rd 6:15pm Variety Time - Shan	<b>10</b> 9:30am Coffee and Chats - Shan 10:30am Tots and Tunes - Craf 2:00pm Indoor Golf - Shan 3:00pm It Makes Sense- Snoezelen cart - Shan 4:00pm Rosary - Inte	<b>11</b> 10:00am Church Service - ACRM 12:00pm 3rd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm Bible Study - Inte 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Reading Group - Shan	<b>12</b> 9:30am Friendly Visits - Shan 2:00pm Tropical Get-A-Way! - AUDI	<b>13</b> 9:30am Music Therapy - Shan 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 10:45am Friendly Visits - Shan 1:30pm Baking - 3rd	<b>14</b> 9:30am Fun and Fitness - Shan 10:00am Super Fun & Fitness - Auditorium 10:30am Friendly Visits - Shan
<b>15</b> 9:30am Hymn Sing - Shan 10:00am Java Music Club - ACRM 10:30am Ladderball - Shan 1:30pm Finish the Phrase - Shan 2:30pm Walking Group - Shan	<b>16</b> 2:15pm Crafty Corner - Shan 2:15pm Making Music - 3rd 6:15pm Blackjack Casino Night - Shan	<b>17</b> 9:30am News and Views - Shan 10:30am Curling - Shan 2:00pm St. Patrick's Day Social - AUDI 4:00pm Rosary - Inte	<b>18</b> 10:45am Rosary - Carft Room 3 11:30am Roman Catholic Communion - craft room 3 2:00pm Bible Study - Inte 2:00pm Bingo - 3rd 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Crokinole - Shan	<b>19</b> 9:30am Fun and Fitness - Shan 10:30am Cards and Dice - Shan 2:00pm Seated Dance Class - AUDI	<b>20</b> 9:30am Music Therapy - Shan 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 2:00pm 3rd Floor Fun and Fitness - 3rd	<b>21</b> 9:45am Ladies Tea - Shan 10:30am Charades - Shan 2:00pm Artful Enrichment - ACRM
<b>22</b> 9:45am Hymn Sing - Shan 10:30am Horticulture Hands - Shan 2:00pm Cooking Club - 3rd	<b>23</b> 11:30am OUTING: Chick-fil-A, register with Sara - OUT 1:30pm Fun and Fitness - Shan 2:15pm Making Music - 3rd 2:30pm Friendly Visits - Shan 6:15pm Variety Time - Shan	<b>24</b> 9:30am Would you? Could you? Did you? - Shan 10:30am Shuffle Board - Shan 2:00pm Bingo - 3rd 4:00pm Rosary - Inte	<b>25</b> 10:00am Foods around the world - ACRM 12:00pm 2nd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 2:00pm Bible Study - Inte 2:00pm Men's Group - 3rd 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm musical memories - Shan	<b>26</b> 9:45am Name That Tune - Shan 2:00pm Birthday Party with Brian & Sharon - AUDI	<b>27</b> 9:30am Music Therapy - Shan 10:00am Memorial Service - AUDI 10:30am Exploring New Music - 3rd 2:00pm 3rd Floor Fun and Fitness - 3rd	<b>28</b> 9:30am Fun and Fitness - Shan 10:00am Super Fun & Fitness - Auditorium 10:30am Trivia - Shan 3:00pm Police Choir - AUDI
<b>29</b> 1:30pm Hymn Sing - Shan 2:00pm Make Your Own Smoothie! - ACRM  2:30pm Beauty Shop - Shan 6:30pm Youth Choir - AUDI	<b>30</b> 9:30am Fun and Fitness - Shan 2:00pm Price is right? - Shan 2:15pm Making Music - 3rd 3:15pm Reading Group - Shan 6:15pm Variety Time - Shan	<b>31</b> 9:30am Calendar Delivery - Shan 2:00pm Coffee Social in Support of Canadian Cancer Society - CDR 4:00pm Rosary - Inte				

3rd - 3rd Floor Activity Room

ACRM - 1st Floor Activity Room

AUDI - Centre Auditorium

CDR - Centre Dining Room

CRFT - Craft Room

Craf - Craft Room 3

Inte - Interfaith Sacred Space

OUT - Outings

Shan - Shantz Lounge

Shan - Shantz Activity Area

**Check Program Boards daily for the most up to date information.**