

March 2026

Preston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45am Hymn Sing - PAA	2 2:00pm Fun and Fitness - PAA 2:15pm Making Music - 3rd 3:00pm Monthly Gazette & Special Days - P 6:15pm Variety Time - PAA	3 10:30am Tots and Tunes - Craff 1:00pm St. Benedicts Student Visit - CRFT 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA	4 9:45am Active Games - PAA 12:00pm 1st floor Lunch Bunch: Swiss Chalet - register with Sara - ACRM 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:30pm Walk & Talk - PAA	5 9:30am Preston High Student Visit - CRFT 2:00pm Library Visit - PAA 2:00pm Residents Council - Craft Room 3 - ACRM 3:30pm Indoor Golf - PAA 6:15pm Variety Time - PAA	6 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 1:15pm OUTING: Cambridge Mall, register with Sara - OUT 2:00pm 2nd Floor Baking - ACRM - PAA 3:45pm Bean Bag Toss - PAA	7 9:45am Fun and Fitness - PAA 11:00am You Be the Judge - PAA 2:00pm Spa Day - ACRM 3:00pm Wonders Around the World - PAA
8 9:30am Magazine Poetry- P 10:45am Crokinole - PAA 2:10pm Her Story, Her Strength- Women's Day - PAA	9 9:45am Paint & Relax - PAA 2:00pm Fun and Fitness - PAA 2:15pm Making Music - 3rd 3:30pm Prize is Right? - PAA	10 10:30am Tots and Tunes - Craff 1:30pm Snoezelen cart 1:1 - Resi 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA	11 10:00am Church Service - ACRM 12:00pm 3rd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 2:00pm Bible Study - Inte 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:15pm Library Visit - PAA	12 2:00pm Tropical Get-A-Way! - AUDI 3:30pm Creative Corner - PAA 6:15pm Variety Time - PAA	13 9:30am Reading Group - PAA 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 2:00pm Horticulture - PAA 3:00pm Active Games - PAA	14 10:00am Super Fun & Fitness - Auditorium 2:00pm 2nd Floor Hymn Sing - PAA
15 10:00am Java Music Club - ACRM 2:00pm Bowling - PAA	16 2:00pm Fun and Fitness - PAA 2:15pm Making Music - 3rd 3:00pm Friendly Visits - Resi 6:15pm Variety Time - P	17 2:00pm St. Patrick's Day Social - AUDI 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA	18 9:30am Scripture and Song - PAA 10:45am Rosary - Carft Room 3 11:30am Roman Catholic Communion - craft room 3 2:00pm Bible Study - Inte 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:15pm Library Visit - PAA	19 2:00pm Seated Dance Class - AUDI 3:30pm Active Games - PAA 6:15pm Variety Time - PAA	20 9:30am Pick & Place Race - PAA 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 2:00pm Armchair Travel- Belgium - PAA 3:30pm Indoor Golf - PAA	21 9:45am Fun and Fitness - PAA 11:00am You Be the Judge - PAA 2:00pm Artful Enrichment - ACRM 3:00pm Crafts - PAA
22 9:45am Hymn Sing - PAA 11:00am Beauty Shop - Resi 2:00pm Wellness Group - PAA 3:00pm Active Games - PAA	23 9:45am Paint & Relax - PAA 11:30am OUTING: Chick-fil-A, register with Sara - OUT 2:00pm Fun and Fitness - PAA 2:15pm Making Music - 3rd 3:30pm Reading Group - PAA	24 1:30pm Snoezelen cart 1:1 - Resi 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA	25 9:30am Scripture and Song - PAA 10:00am Foods around the world - ACRM 12:00pm 2nd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 2:00pm Bible Study - Inte 2:00pm Men's Group - 3rd 2:15pm Young and The Restless - Music Group - 1st floor Activity Room	26 2:00pm Birthday Party with Brian & Sharon - AUDI 3:30pm Library Visit - PAA 6:15pm Variety Time - PAA	27 9:30am Beauty Shop - Resi 10:00am Memorial Service - AUDI 10:30am Exploring New Music - 3rd 2:00pm You Be the Judge - PAA 3:00pm Active Games - PAA	28 10:00am Super Fun & Fitness - Auditorium 3:00pm Police Choir - AUDI
29 9:45am Coffee and Chats - PAA 2:00pm Make Your Own Smoothie! - ACRM 6:30pm Youth Choir - AUDI	30 2:00pm Fun and Fitness - PAA 2:15pm Making Music - 3rd 3:00pm Beauty Shop - Resi 6:15pm Variety Time - PAA	31 2:00pm Coffee Social in Support of Canadian Cancer Society - CDR 2:30pm Music Therapy - PAA 3:30pm Fun and Fitness - PAA 4:00pm Rosary - Inte 6:15pm Variety Time - PAA				

3rd - 3rd Floor Activity Room

ACRM - 1st Floor Activity Room

AUDI - Centre Auditorium

CDR - Centre Dining Room

CRFT - Craft Room

Craff - Craft Room 3

Inte - Interfaith Sacred Space

OUT - Outings

P - Preston

PAA - Preston Activity Area

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.