

# March 2026



## Hespeler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:45am Hymn Sing - HAA 2:00pm Paint & Relax - HAA	<b>2</b> 1:45pm Crokinole - H 2:15pm Making Music - 3rd 3:00pm Fun and Fitness - HAA 6:15pm Variety Time - H	<b>3</b> 10:30am Tots and Tunes - Craf 1:00pm St. Benedicts Student Visit - CRFT  1:30pm Music Therapy - HAA 4:00pm Rosary - Inte	<b>4</b> 10:45am Curling - HAA 12:00pm 1st floor Lunch Bunch: Swiss Chalet - register with Sara - ACRM  2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Variety Time - HAA	<b>5</b> 9:30am Preston High Student Visit - CRFT 2:00pm Puzzles and Tea - H 2:00pm Residents Council -Craft Room 3 - ACRM	<b>6</b> 9:30am Fun and Fitness - H 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 1:15pm OUTING: Cambridge Mall, register with Sara - OUT 2:00pm 2nd Floor Baking - ACRM - PAA	<b>7</b> 9:45am Sing Along - H 10:45am Shamrock Window Craft - H 2:00pm Spa Day - ACRM 2:00pm Fun and Fitness - HAA
<b>8</b> 9:30am Snoezelen Cart 1:1 - H 10:45am Women in Music - H 1:30pm Euchre - H 3:00pm Balloon Tennis - H	<b>9</b> 2:00pm Two Truths and a Dream - HAA 2:15pm Making Music - 3rd 3:00pm Fun and Fitness - HAA 6:15pm Seven Wonders-HAA	<b>10</b> 10:30am Tots and Tunes - Craf 1:30pm Music Therapy - HAA 4:00pm Rosary - Inte	<b>11</b> 10:00am Church Service - ACRM 10:15am Active Games - HAA 12:00pm 3rd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 2:00pm Bible Study - Inte 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Variety Time - HAA	<b>12</b> 2:00pm Tropical Get-A-Way! - AUDI 6:15pm Variety Time - H	<b>13</b> 9:30am Fun and Fitness - H 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd	<b>14</b> 10:00am Super Fun & Fitness -Auditorium 3:15pm Beauty Shop - Resi
<b>15</b> 10:00am Java Music Club - ACRM 1:30pm Fun and Fitness - H 3:00pm Shuffle Board - HAA	<b>16</b> 1:30pm Deal or No Deal - H 2:15pm Making Music - 3rd 3:00pm Fun and Fitness - HAA 6:15pm Variety Time - H	<b>17</b> 9:45am Snoezelen Cart 1:1 - H 1:30pm Music Therapy - HAA 2:00pm St. Patrick's Day Social - AUDI 4:00pm Rosary - Inte	<b>18</b> 9:45am Beauty Shop - Resi 10:45am Rosary - Carft Room 3 11:30am Roman Catholic Communion - craft room 3 2:00pm Bible Study - Inte 2:00pm 2nd Floor BINGO - HDR 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Variety Time - HAA	<b>19</b> 9:45am Horticulture Hands - H 10:45am Window Flower Craft - H 2:00pm Seated Dance Class - AUDI	<b>20</b> 9:30am Fun and Fitness - H 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 2:00pm Price is right? - HAA	<b>21</b> 9:45am Card Making - H 11:00am Cranium Crunches - H 2:00pm Artful Enrichment - ACRM 2:00pm Fun and Fitness - HAA
<b>22</b> 9:45am Axe Throwing - H 10:45am Hymn Sing - H 2:00pm Pondering Prompts - H	<b>23</b> 11:30am OUTING: Chick-fil-A, register with Sara - OUT 2:00pm Wellness Group - HAA 2:15pm Making Music - 3rd 3:00pm Fun and Fitness - HAA 6:15pm Variety Time - HAA	<b>24</b> 9:45am It Makes Sense -Snoezelen cart - Resi 1:30pm Music Therapy - HAA 3:00pm Reading Group - HAA 4:00pm Rosary - Inte	<b>25</b> 10:00am Foods around the world - ACRM 12:00pm 2nd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 2:00pm Bible Study - Inte 2:00pm 2nd Floor BINGO - HDR 2:00pm Men's Group - 3rd 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 6:15pm Variety Time - HAA	<b>26</b> 9:45am Spring Stories - H 10:45am Feel & Fold - H 2:00pm Birthday Party with Brian & Sharon - AUDI	<b>27</b> 9:30am Fun and Fitness - H 10:00am Memorial Service - AUDI 10:30am Exploring New Music - 3rd 2:00pm Jeopardy - H	<b>28</b> 10:00am Super Fun & Fitness - Auditorium 3:00pm Police Choir - AUDI
<b>29</b> 2:00pm Make Your Own Smoothie! - ACRM  2:00pm Fun and Fitness - HAA 6:30pm Youth Choir - AUDI	<b>30</b> 2:15pm Making Music - 3rd 3:00pm Fun and Fitness - HAA	<b>31</b> 1:30pm Music Therapy - HAA 2:00pm Coffee Social in Support of Canadian Cancer Society - CDR 4:00pm Rosary - Inte				

3rd - 3rd Floor Activity Room  
Craf - Craft Room 3  
PAA - Preston Activity Area

ACRM - 1st Floor Activity Room  
H - Hespeler  
Resi - Resident Room for 1-1 scoring

AUDI - Centre Auditorium  
HAA - Hespeler Activity Area

CDR - Centre Dining Room  
Inte - Interfaith Sacred Space

CRFT - Craft Room  
OUT - Outings

Check Program Boards daily for the most up to date information.

