

March 2026



Galt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:45am Sunday Morning Hymn Sing - GAA 2:00pm Fun and Fitness - GAA	2 9:30am Music Therapy - GAA 10:45am Horse Racing - GAA 1:30pm Friendly Visits - Resi 2:15pm Making Music - 3rd	3 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 1:00pm St. Benedicts Student Visit - CRFT 2:00pm Bingo - BDR 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	4 12:00pm 1st floor Lunch Bunch: Swiss Chalet - register with Sara - ACRM 1:15pm Friendly Visits - Resi 2:00pm Musical Memories - GAA 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:00pm 1st Floor Super Fun & Fitness - ACRM	5 9:30am Preston High Student Visit - CRFT 9:45am Mosaic Coloring - GAA 10:45am Fun and Fitness - GAA 2:00pm Prepping for Walk The Country- Belgium - ACRM 2:00pm Residents Council -Craft Room 3 - ACRM 2:00pm Wellness Group - GAA 6:15pm Variety Time - GAA	6 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 10:45am Friendly Visits (B & G) - Resi 10:45am Horticulture - GAA 1:15pm OUTING: Cambridge Mall, register with Sara - OUT 1:30pm Friendly Visits - Resi 2:00pm Walk the Country- Belgium - GAA	7 9:45am Axe Throwing - GL 10:45am Walker Tags - GAA 2:00pm Spa Day - ACRM
8 9:45am Through Her Eyes- Artful Chats - ACRM 2:30pm Fun and Fitness - GAA	9 9:30am Music Therapy - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Armchair Travel- Belgium - GL 2:15pm Making Music - 3rd 6:15pm Variety Time - GAA	10 9:30am Scripture and Song - GAA 10:30am Tots and Tunes - Craf 1:30pm Friendly Visits - Resi 2:00pm Crokinole - GL 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	11 9:45am Hot Chocolate and Chatss - GAA 10:00am Church Service - ACRM 12:00pm 3rd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 1:15pm Friendly Visits - Resi 2:00pm Beauty Shop - Resi 2:00pm Bible Study - Inte 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:00pm 1st Floor Super Fun & Fitness - ACRM	12 9:45am Robo Companion - GAA 10:45am Fun and Fitness - GAA 2:00pm Tropical Get-A-Way! - AUDI	13 9:45am What Do You See? - GAA 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 1:30pm Baking - 3rd 1:30pm Friendly Visits - Resi	14 9:45am Shuffle Board - GAA 10:00am Super Fun & Fitness -Auditorium 10:45am Journey into Genius: Remembering Albert Einstein - GAA
15 10:00am Java Music Club - ACRM 10:45am Sunday Morning Hymn Sing - GAA 2:30pm Fun and Fitness - GAA	16 9:30am Music Therapy - GAA 10:45am Millionaire - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Golf - GL 2:15pm Making Music - 3rd	17 9:30am Scripture and Song - GAA 9:45am It Makes Sense -Snoezelen cart - Resi 2:00pm St. Patrick's Day Social - AUDI 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	18 10:45am Rosary - Carft Room 3 11:30am Roman Catholic Communion - craft room 3 1:30pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:00pm 1st Floor Super Fun & Fitness - ACRM	19 9:45am Baby Bath Time - GAA 10:45am Fun and Fitness - GAA 1:30pm Friendly Visits - Resi 2:00pm Seated Dance Class - AUDI 6:15pm Movie and Popcorn - GAA	20 9:45am Horticulture - GAA 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 1:30pm Friendly Visits (B & G) - Resi 3:00pm Social Art - GAA	21 9:45am This or That? - GAA 10:45am Poems of Gratitude - GAA 2:00pm Artful Enrichment - ACRM
22 10:45am Sunday Morning Hymn Sing - GAA 2:30pm Fun and Fitness - GAA	23 9:30am Music Therapy - GAA 11:30am OUTING: Chick-fil-A, register with Sara - OUT 1:30pm Friendly Visits (B & G) - Resi 2:15pm Making Music - 3rd 6:15pm Variety Time - GAA	24 9:30am Scripture and Song - GAA 9:45am It Makes Sense -Snoezelen cart - Resi 10:45am Curling - GL 1:15pm Friendly Visits - Resi 2:00pm Bingo - BDR 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	25 10:00am Foods around the world - ACRM 12:00pm 2nd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 1:30pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:00pm Men's Group - 3rd 2:00pm Zoom In Quiz - GAA 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:00pm 1st Floor Super Fun & Fitness - ACRM	26 10:45am Fun and Fitness - GAA 2:00pm Birthday Party with Brian & Sharon - AUDI	27 10:00am Memorial Service - AUDI 10:30am Exploring New Music - 3rd 10:45am Curling - GL 10:45am Friendly Visits - Resi 1:30pm Friendly Visits - Resi 2:00pm Movie and Popcorn - GAA	28 9:45am Spring Craft - GAA 10:00am Super Fun & Fitness - Auditorium 10:45am Ping Pong Ball Toss - GAA 3:00pm Police Choir - AUDI
29 10:45am Sunday Morning Hymn Sing - GAA 2:00pm Make Your Own Smoothie! - ACRM 2:00pm Fun and Fitness - GAA 3:00pm Cup Stacking Competition - GL 6:30pm Youth Choir - AUDI	30 9:30am Music Therapy - GAA 10:45am Robo Companion - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Musical Memories - GAA 2:15pm Making Music - 3rd 3:00pm Golf - GL	31 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 2:00pm Coffee Social in Support of Canadian Cancer Society - CDR 4:00pm Rosary - Inte 6:15pm Variety Time - GAA				

3rd - 3rd Floor Activity Room

ACRM - 1st Floor Activity Room

AUDI - Centre Auditorium

BDR - Blair Dining Room

CDR - Centre Dining Room

CRFT - Craft Room

Craf - Craft Room 3

GAA - Galt Activity Area

GL - Galt Lounge

Inte - Interfaith Sacred Space

OUT - Outings

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.