

March 2026



Blair

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45am Sunday Morning Hymn Sing - BAA 3:00pm Table Top Games - BAA	2 9:45am Coffee & Current Events - BAA 10:30am Music Therapy - BAA 1:30pm Friendly Visits - Resi 2:00pm Fun and Fitness - BAA 2:15pm Making Music - 3rd	3 10:30am Tots and Tunes - Craff 10:45am Scripture and Song - BAA 1:00pm St. Benedicts Student Visit - CRFT 2:00pm Bingo - BDR 4:00pm Rosary - Inte	4 12:00pm 1st floor Lunch Bunch: Swiss Chalet - register with Sara - ACRM 1:15pm Friendly Visits - Resi 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:00pm 1st Floor Super Fun & Fitness - ACRM 6:15pm Variety Time - BAA	5 9:30am Preston High Student Visit - CRFT 10:45am You Be The Judge - BAA 2:00pm Prepping for Walk The Country- Belgium - ACRM 2:00pm Residents Council -Craft Room 3 - ACRM 3:00pm Wellness Group - BAA	6 10:00am Walk the Country- Belgium - BAA 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 10:45am Friendly Visits (B & G) - Resi 1:15pm OUTING: Cambridge Mall, register with Sara - OUT 1:30pm Friendly Visits - Resi 3:00pm Fun and Fitness - BAA	7 9:45am Walker Tags - BAA 10:45am Laundry Day! - Resi 2:00pm Spa Day - ACRM
8 10:45am Through Her Eyes- Artful Chats - ACRM	9 10:30am Music Therapy - BAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Armchair Travel- Belgium - BL 2:15pm Making Music - 3rd 3:00pm Fun and Fitness - BAA	10 9:30am Prince Edward Remembrance & Trivia - BAA 10:30am Tots and Tunes - Craff 10:45am Scripture and Song - BAA 1:30pm Friendly Visits - Resi 3:00pm Shuffle Board - BL 4:00pm Rosary - Inte	11 10:00am Church Service - ACRM 10:45am Busy Hands - BAA 12:00pm 3rd floor Lunch Bunch: Swiss Chalet, register with Sara - ACRM 1:15pm Friendly Visits - Resi 2:00pm Beauty Shop - Resi 2:00pm Bible Study - Inte 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:00pm 1st Floor Super Fun & Fitness - ACRM 6:15pm Variety Time - BAA	12 9:45am It Makes Sense (B) - Resi 10:45am Leprechaun Craft for St. Patrick's Day - BAA 2:00pm Tropical Get-A-Way! - AUDI	13 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 10:45am Hangman - BAA 1:30pm Baking - 3rd 1:30pm Friendly Visits - Resi 6:15pm Fun and Fitness - BAA	14 9:45am Journey into Genius: Remembering Albert Einstein - BAA 10:00am Super Fun & Fitness -Auditorium 10:45am Musical Memories - BAA
15 9:45am Sunday Morning Hymn Sing - BAA 10:00am Java Music Club - ACRM 2:00pm Movie and Popcorn - BAA	16 9:45am Horse Racing - BAA 10:30am Music Therapy - BAA 1:30pm Friendly Visits (B & G) - Resi 2:15pm Making Music - 3rd 3:00pm Fun and Fitness - BAA	17 10:45am Robo Companion - Resi 10:45am Scripture and Song - BAA 2:00pm St. Patrick's Day Social - AUDI 4:00pm Rosary - Inte	18 10:45am Rosary - Carft Room 3 11:30am Roman Catholic Communion - craft room 3 1:30pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:00pm 1st Floor Super Fun & Fitness - ACRM 6:15pm Variety Time - BAA	19 9:45am It Makes Sense (B) - Resi 10:45am Fun and Fitness - BAA 1:30pm Friendly Visits - Resi 2:00pm Seated Dance Class - AUDI	20 10:15am Church Service - AUDI 10:30am Exploring New Music - 3rd 10:45am Curling - BL 1:30pm Friendly Visits (B & G) - Resi 2:00pm Social Art - BAA	21 9:45am Poems of Gratitude - BAA 10:45am Artist Impressions - BAA 2:00pm Artful Enrichment - ACRM
22 9:45am Sunday Morning Hymn Sing - BAA	23 10:30am Music Therapy - BAA 11:30am OUTING: Chick-fil-A, register with Sara - OUT 1:30pm Friendly Visits (B & G) - Resi 2:00pm Documentary and Discussion - BAA 2:15pm Making Music - 3rd 3:30pm Fun and Fitness - BAA	24 10:45am Scripture and Song - BAA 1:15pm Friendly Visits - Resi 2:00pm Bingo - BDR 4:00pm Rosary - Inte	25 10:00am Foods around the world - ACRM 12:00pm 2nd floor Lunch Bunch: Swiss Chalet, registers with Sara - ACRM 1:30pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:00pm Men's Group - 3rd 2:15pm Young and The Restless - Music Group - 1st floor Activity Room 3:00pm Baby Bath Time - BAA 3:00pm 1st Floor Super Fun & Fitness - ACRM 6:15pm Variety Time - BAA	26 9:45am It Makes Sense (B) - Resi 2:00pm Birthday Party with Brian & Sharon - AUDI	27 9:45am Beauty Shop - Resi 9:45am Puzzle Time - BAA 10:00am Memorial Service - AUDI 10:30am Exploring New Music - 3rd 10:45am Friendly Visits - Resi 1:30pm Friendly Visits - Resi 2:00pm Axe Throwing - BL 6:15pm Artist Impressions - BAA	28 9:45am Hangman - BAA 10:00am Super Fun & Fitness - Auditorium 10:45am Fun and Fitness - BAA 3:00pm Police Choir - AUDI
29 9:45am Sunday Morning Hymn Sing - BAA 2:00pm Cup Stacking Competition - BL 2:00pm Make Your Own Smoothie! - ACRM 6:30pm Youth Choir - AUDI	30 9:45am Time to Think - BAA 10:30am Music Therapy - BAA 1:30pm Friendly Visits (B & G) - Resi 2:15pm Making Music - 3rd 3:30pm Fun and Fitness - BAA	31 10:45am Making Cards - BAA 10:45am Scripture and Song - BAA 2:00pm Coffee Social in Support of Canadian Cancer Society - CDR 4:00pm Rosary - Inte				

3rd - 3rd Floor Activity Room

ACRM - 1st Floor Activity Room

AUDI - Centre Auditorium

BAA - Blair Activity Area

BDR - Blair Dining Room

BL - Blair Lounge

CDR - Centre Dining Room

CRFT - Craft Room

Craf - Craft Room 3

Inte - Interfaith Sacred Space

OUT - Outings

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.