

February 2026

Galt

February is Therapeutic Recreation Awareness Month!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am Spa Day 3rd Floor - ACRM 10:45am Sunday Morning Hymn Sing - GAA 2:00pm Spa Day! 3rd Floor - ACRM 2:00pm Fun and Fitness - GAA	2 9:30am Music Therapy - GAA 10:45am Ping Pong Toss - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Musical Guest: "No Discernable Key" - AUDI 2:15pm Making Music - 3rd	3 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 1:30pm Friendly Visits - Resi 2:00pm 1st Floor Social Art - ACRM 3:00pm Fun and Fitness - GAA 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	4 10:00am Church Service - ACRM 1:30pm Friendly Visits - Resi 2:00pm 1st Floor Fruity Olympic Rings - ACRM 2:00pm Bible Study - Inte 2:15pm Young and The Restless Music Group - 3rd	5 10:45am Fun and Fitness - GAA 1:30pm Friendly Visits - Resi 2:00pm 1st Floor Bingo - BDR 2:00pm You Be The Judge - GAA 6:15pm Variety Time - GAA	6 9:45am Musical Memories - GAA 10:15am Friday Morning Church - AUDI 10:30am Music For All - 3rd 10:45am Friendly Visits (B & G) - Resi 1:30pm Friendly Visits - Resi 2:00pm Baking - 3rd 2:00pm Olympic: Opening Ceremony - ACRM The Winter Olympics begin!	7 9:45am Spring or Snow? - GAA 10:45am Baby Bath Time - GAA 2:00pm Prepping For walk the Country - Mexico - GAA
8 9:45am Table Ball Scoop Game - GAA 10:45am Sunday Morning Hymn Sing - GAA 2:30pm Fun and Fitness - GAA	9 9:30am Music Therapy - GAA 1:15pm OUTING: Tim Hortons - OUT 1:30pm Friendly Visits (B & G) - Resi 2:15pm Making Music - 3rd 6:15pm Variety Time - GAA	10 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 2:00pm Zoom In Quiz - GAA 3:00pm Fun and Fitness - GAA 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	11 10:00am Valentine Special Baking - ACRM 12:00pm 2nd Floor Lunch Bunch: Chinese Food in Craft room 3 1:15pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:00pm Men's Group - 3rd 2:15pm Young and The Restless Music Group - 3rd 3:00pm Walk The Country- Mexico - GAA	12 10:45am Fun and Fitness - GAA 1:30pm Beauty Shop - Resi 2:00pm Residents Council - ACRM	13 10:00am Crafting Olympic Torch - GAA 10:15am Friday Morning Church - AUDI 10:30am Music For All - 3rd 10:45am Friendly Visits (B & G) - Resi 2:00pm Valentine's Day Special with Cream Soda Floats! - AUDI	14 10:00am Walker Tags - GAA 1:30pm Sing a long- valentine Special - GAA 3:00pm Valentine Day Special Tea - AUDI Valentine's Day
15 10:00am Java Music Club - ACRM 10:45am Sunday Morning Hymn Sing - GAA 2:30pm Fun and Fitness - GAA	16 9:30am Music Therapy - GAA 10:45am Hot Chocolate and Chats - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Artful Chat- Family in Art - ACRM 2:15pm Making Music - 3rd Family Day	17 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 1:30pm Friendly Visits - Resi 2:00pm 1st Floor Bingo - BDR 3:00pm Fun and Fitness - GAA 4:00pm Rosary - Inte 6:15pm Variety Time - GAA Pancake Tuesday! Random Acts of Kindness Day	18 10:00am Ash Wednesday Church Service - AUDI 12:00pm 1st Floor Lunch Bunch: Chinese Food - CRFT 1:15pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:15pm Young and The Restless Music Group - 3rd 3:00pm Year Of Horse - GAA	19 9:30am Preston High Student Visit - CRFT 1:30pm Friendly Visits - Resi 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm Foods Around the World: Mexico - ACRM 2:00pm Shuffle Board - GAA 6:15pm Movie and Popcorn - GAA	20 10:15am Friday Morning Church - AUDI 10:30am Music For All - 3rd 1:15pm OUTING: Olympic Games at Parkwood - OUT 1:30pm Friendly Visits - Resi 2:00pm Fun and Fitness - GAA	21 9:45am Walker Tags - GAA 10:45am Lunar New Year Door Hangers - GAA 2:00pm Artful Enrichment - ACRM 2:00pm Cooking Club - 3rd
22 9:45am Bean Bag Toss - GL 10:45am Sunday Morning Hymn Sing - GAA 2:00pm Art Group - 3rd 2:30pm Fun and Fitness - GAA	23 9:30am Music Therapy - GAA 1:15pm OUTING: Giant Tiger - OUT 1:30pm Friendly Visits (B & G) - Resi 2:00pm Mosaic Coloring - GAA 2:15pm Making Music - 3rd 6:30pm Scouts Night - AUDI	24 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 2:00pm Olympic Theme Coffee Social - CDR 3:00pm Fun and Fitness - GAA 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	25 10:45am Rosary - ACRM 11:30am Roman Catholic Communion - ACRM 12:00pm 3rd Floor Lunch Bunch: Chinese Food - 3rd 2:00pm Bible Study - Inte 2:00pm Flipping Cards Game - GAA 2:15pm Young and The Restless Music Group - 3rd	26 10:45am Fun and Fitness - GAA 2:00pm Birthday Party with Hayley Verall - AUDI	27 10:15am Friday Morning Church - AUDI 10:30am Music For All - 3rd 10:45am Friendly Visits (B & G) - Resi 10:45am Horticulture - GAA 2:00pm Fairview Olympics Closing Ceremonies - AUDI	28 9:45am Flowers and Friends - GAA 10:45am younger Or Older Than 1985? - GAA 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm Story Out Of Hat - GAA 3:00pm Shuffle Board - GAA

3rd - 3rd Floor Activity Room

CRFT - Craft Room

OUT - Outings

ACRM - 1st Floor Activity Room

Craf - Craft Room 3

Resi - Resident Room for 1-1 scoring

AUDI - Centre Auditorium

GAA - Galt Activity Area

BDR - Blair Dining Room

GL - Galt Lounge

CDR - Centre Dining Room

Inte - Interfaith Sacred Space

Check Program Boards daily for the most up to date information.