

February 2026



Blair

February is Therapeutic Recreation Awareness Month!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45am Sunday Morning Hymn Sing - BAA 10:00am Spa Day 3rd Floor - ACRM 2:00pm Spa Day! 3rd Floor - ACRM 3:00pm Would You Rather? - BAA	2 9:45am Ping Pong Toss - BAA 10:30am Music Therapy - BAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Musical Guest: "No Discernable Key" - AUDI 2:15pm Making Music - 3rd 3:00pm Fun and Fitness - BAA	3 10:30am Tots and Tunes - Craf 10:45am Scripture and Song - BAA 1:30pm Friendly Visits - Resi 2:00pm 1st Floor Social Art - ACRM 4:00pm Rosary - Inte	4 10:00am Church Service - ACRM 1:30pm Friendly Visits - Resi 2:00pm 1st Floor Fruity Olympic Rings - ACRM 2:00pm Bible Study - Inte 2:15pm Young and The Restless Music Group - 3rd 3:30pm Fun and Fitness - BAA 6:15pm Variety Time - BAA	5 9:45am It Makes Sense (B) - Resi 1:30pm Friendly Visits - Resi 2:00pm 1st Floor Bingo - BDR 3:00pm Zoom In Quiz - BAA 6:15pm Variety Time - BAA	6 10:15am Friday Morning Church - AUDI 10:30am Music For All - 3rd 10:45am Friendly Visits (B & G) - Resi 1:30pm Friendly Visits - Resi 2:00pm Baking - 3rd 2:00pm Olympic: Opening Ceremony - ACRM The Winter Olympics begin!	7 9:45am Walking Group - BAA 10:45am Spring or Snow? - BAA 2:00pm Drawing Bee! - BAA 3:00pm Fun and Fitness - BAA
8 9:45am Sunday Morning Hymn Sing - BAA 10:45am Comedy Club - BAA 2:00pm Prepping for Walk The Country- Mexico Special - BAA 3:00pm Musical Memories - BAA	9 10:30am Music Therapy - BAA 1:15pm OUTING: Tim Hortons - OUT 1:30pm Friendly Visits (B & G) - Resi 2:00pm Horticulture Hands - BAA 2:15pm Making Music - 3rd 3:30pm Fun and Fitness - BAA	10 10:30am Tots and Tunes - Craf 10:45am Scripture and Song - BAA 2:00pm Baby Bath Time - BAA 3:00pm Table Top Games - BAA 4:00pm Rosary - Inte	11 10:00am Valentine Special Baking - ACRM 12:00pm 2nd Floor Lunch Bunch: Chinese Food in Craft room 3 1:15pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:00pm Walk the country- Mexico - BAA 2:00pm Men's Group - 3rd 2:15pm Young and The Restless Music Group - 3rd 3:30pm Fun and Fitness - BAA 6:15pm Variety Time - BAA	12 9:45am It Makes Sense (B) - Resi 1:30pm Beauty Shop - Resi 2:00pm Residents Council - ACRM 6:15pm Movie and Popcorn - BAA	13 9:45am Armchair Travel - BL 10:15am Friday Morning Church - AUDI 10:30am Music For All - 3rd 10:45am Busy Hands - BAA 10:45am Friendly Visits (B & G) - Resi 2:00pm Valentine's Day Special with Cream Soda Floats! - AUDI	14 10:00am Valentine's Day Craft - BAA 11:00am Fun and Fitness - BAA 1:30pm Sing a long - Valentine Special - BAA 3:00pm Valentine Day Special Tea - AUDI Valentine's Day
15 9:45am Sunday Morning Hymn Sing - BAA 10:00am Java Music Club - ACRM 2:00pm Bee Word Challenge - BAA 3:00pm Table Top Games - BAA	16 9:45am Robo Companion - BSR 10:30am Music Therapy - BAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Artful Chat- Family in Art - ACRM 2:15pm Making Music - 3rd 3:30pm Fun and Fitness - BAA Family Day	17 10:30am Tots and Tunes - Craf 10:45am Scripture and Song - BAA 1:30pm Friendly Visits - Resi 2:00pm 1st Floor Bingo - BDR 4:00pm Rosary - Inte Pancake Tuesday! Random Acts of Kindness Day	18 10:00am Ash Wednesday Church Service - AUDI 12:00pm 1st Floor Lunch Bunch: Chinese Food - CRFT 1:15pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:00pm Year Of Horse - BAA 2:15pm Young and The Restless Music Group - 3rd 3:30pm Fun and Fitness - BAA 6:15pm Variety Time - BAA	19 9:30am Preston High Student Visit - CRFT 1:30pm Friendly Visits - Resi 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm Foods Around the World: Mexico - ACRM 3:00pm What Are They Thinking? - BAA 6:15pm Hot Chocolate Cart and Sing Along - BAA	20 10:15am Friday Morning Church - AUDI 10:30am Music For All - 3rd 1:15pm OUTING: Olympic Games at Parkwood - OUT 1:30pm Friendly Visits - Resi 3:00pm Beauty Shop - Resi	21 9:45am Lunar New Year Door Hangers - BAA 10:45am Walker Tags - BAA 2:00pm Axe Throwing - BL 2:00pm Artful Enrichment - ACRM 2:00pm Cooking Club - 3rd 3:00pm Fun and Fitness - BAA
22 9:45am Sunday Morning Hymn Sing - BAA 10:45am Laundry Day ! - Resi 2:00pm Art Group - 3rd 2:00pm Documentary and Discussion - BAA	23 10:30am Music Therapy - BAA 1:15pm OUTING: Giant Tiger - OUT 1:30pm Friendly Visits (B & G) - Resi 2:15pm Making Music - 3rd 3:30pm Fun and Fitness - BAA 6:30pm Scouts Night - AUDI	24 10:30am Tots and Tunes - Craf 10:45am Scripture and Song - BAA 2:00pm Olympic Theme Coffee Social - CDR 4:00pm Rosary - Inte	25 10:45am Rosary - ACRM 11:30am Roman Catholic Communion - ACRM 12:00pm 3rd Floor Lunch Bunch: Chinese Food - 3rd 2:00pm Bible Study - Inte 2:00pm Musical Memories - BAA 2:15pm Young and The Restless Music Group - 3rd 3:30pm Fun and Fitness - BAA 6:15pm Variety Time - BAA	26 9:45am It Makes Sense (B) - Resi 2:00pm Birthday Party with Hayley Verall - AUDI 6:15pm Variety Time - BAA	27 9:45am Younger or Older Than 1985? - BAA 10:15am Friday Morning Church - AUDI 10:30am Music For All - 3rd 10:45am Friendly Visits (B & G) - Resi 2:00pm Fairview Olympics Closing Ceremonies - AUDI	28 9:45am Laundry Day! - Resi 10:45am Puzzle Time - BAA 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm Fun and Fitness - BAA 3:00pm What Would You Do ? - BAA

3rd - 3rd Floor Activity Room

BL - Blair Lounge

Inte - Interfaith Sacred Space

ACRM - 1st Floor Activity Room

BSR - Blair Sitting Room

OUT - Outings

AUDI - Centre Auditorium

CDR - Centre Dining Room

Resi - Resident Room for 1-1 scoring

BAA - Blair Activity Area

CRFT - Craft Room

BDR - Blair Dining Room

Craf - Craft Room 3

Check Program Boards daily for the most up to date information.