

January 2026



Shantz

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 2:00pm New Year Wine & Cheese - AUDI	2 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Friday Morning Chapel with Niamh - AUDI 2:00pm 1st Floor Super Fun & Fitness - ACRM	3
4	5 2:00pm Bible Study - Inte	6 2:00pm Bible Study - Inte 2:00pm New Year Jeopardy - ACRM 4:00pm Rosary - Inte	7 9:30am Church Service - ACRM	8 2:00pm Residents Council - ACRM	9 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Baking - 3rd 2:00pm 1st Floor Super Fun & Fitness - ACRM	10
11	12 10:00am Bean Bag Toss - Shan 1:15pm OUTING: Giant Tiger - OUT 2:00pm Bible Study - Inte Pre Register for outings with Sara	13 9:30am Coffee and Conversations - Shan 10:30am Tots and Tunes - Craf 10:45am Fun and Fitness - Shan 2:00pm Bible Study - Inte 4:00pm Rosary - Inte	14 12:00pm 1st floor Lunch Bunch - ACRM 1:30pm Wellness Group - Shan 6:15pm Variety Time - Shan Pre Register for Lunch Bunch with Sara.	15 1:30pm Fun and Fitness - Shan 2:00pm Foods Around the World- India Special - ACRM 2:00pm Name That Tune - 3rd 6:15pm Variety Time - Shan	16 10:00am Baking - 3rd 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Friday Morning Chapel with Niamh - AUDI 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm 1st Floor Super Fun & Fitness - ACRM 3:00pm Baking Social - 3rd	17
18 10:00am Java Music Club - ACRM	19 10:00am Java Music Club - Shan 2:00pm Bible Study - Inte 2:00pm Bingo - 3rd	20 9:30am News and Views - Shan 10:45am Fun and Fitness - Shan 2:00pm Bible Study - Inte	21 10:45am Rosary - ACRM 11:30am Roman Catholic Communion - ACRM 12:00pm 2nd Floor Lunch Bunch - CRFT 2:00pm Making Granola Bars - ACRM 2:00pm Men's Group - 3rd 6:15pm Variety Time - Shan Pre Register for Lunch Bunch with Sara.	22 10:00am Baking - ACRM 10:00am Bowling - Shan 10:00am Fun and Fitness-Baum 2:00pm Birthday Party with Henry Winter - AUDI	23 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Friday Morning Chapel with Niamh - AUDI 2:00pm 1st Floor Super Fun & Fitness - ACRM	24 9:30am Current Events - Shan 10:45am Fun and Fitness - Shan 2:00pm Art Group - 3rd
25 9:45am Hymn Sing - Shan 10:45am Fun and Fitness - Shan 2:00pm Artful Enrichment - ACRM 2:00pm Trivia - Shan 3:00pm Walking Group - Shan	26 10:00am Armchair Travel - Shan 1:15pm OUTING: Giant Tiger - OUT 2:00pm Bible Study - Inte 2:00pm Bingo - 3rd Pre Register for outings with Sara	27 9:30am Wellness Group - Shan 10:30am Tots and Tunes - Craf 10:45am Fun and Fitness - Shan 2:00pm Bible Study - Inte 2:00pm Coffee Social - CDR	28 12:00pm 3rd Floor Lunch Bunch - 3rd 2:00pm Valentine Centerpieces Making - ACRM 2:00pm Wonders of the World - Shan 6:15pm Variety Time - Shan Pre Register for Lunch Bunch with Sara.	29 2:00pm Bingo - 3rd 6:15pm Variety Time - Shan	30 9:30am Mental Aerobics - Shan 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Friday Morning Chapel with Niamh - AUDI 10:45am Beauty Shop - Shan 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm 1st Floor Super Fun & Fitness - ACRM	31

3rd - 3rd Floor Activity Room

Craf - Craft Room 3

ACRM - 1st Floor Activity Room

Inte - Interfaith Sacred Space

AUDI - Centre Auditorium

OUT - Outings

CDR - Centre Dining Room

Shan - Shantz Lounge

CRFT - Craft Room

Shan - Shantz Activity Area

Check Program Boards daily for the most up to date information.

