January 2026



Hespeler

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1 10:15am New Year Wishes! - HAA 2:00pm New Year Wine & Cheese - AUDI		9:30am Time to Think - HAA 2:45pm Crokinole - HAA	
4	5	6	7	8	9	10	
9:30am Hymn Sing - HAA 1:15pm Beauty Shop - H	2:00pm Bible Study - Inte 3:00pm Fun and Fitness - H 6:15pm Variety Time - H	9:30am Music Therapy - HAA 2:00pm Bible Study - Inte 2:00pm New Year Jeopardy - ACRM 2:00pm Window Mitten Craft - H 3:00pm Ladder Ball - H 4:00pm Rosary - Inte	9:30am Church Service - ACRM 10:30am Church Service - HSR 2:00pm 2nd Floor BINGO - HDR 6:15pm Variety Time - H	9:45am Snoezelen Cart 1:1 - H 2:00pm Residents Council - ACRM		9:45am Walker Tags - H 2:00pm Hot Chocolate Cart - H	
11 10:45am Fun and Fitness - H 2:00pm Deal or No Deal - H	1:15pm OUTING: Giant Tiger - OUT 2:00pm Bible Study - Inte 2:00pm Price is right? - HAA 6:15pm Variety Time - HAA Pre Register for outings with Sara	13 10:30am Tots and Tunes - Craf 2:00pm Bible Study - Inte 2:00pm Music Therapy - HAA 4:00pm Rosary - Inte	9:30am Scripture and Song - HAA 10:45am Beauty Shop - H 12:00pm 1st floor Lunch Bunch - ACRM 2:00pm 2nd Floor BINGO - HDR 6:15pm Variety Time - H Pre Register for Lunch Bunch with Sara.	9:45am Snoezelen Cart 1:1 - H 10:45am Horticulture Hands - H 2:00pm Foods Around the World- India Special - ACRM 2:00pm Name That Tune - 3rd	10:00am 2nd Floor SUPER Fun & Fitness -	9:15am News & Views - HAA 2:00pm Art Group: Dot Art - 3rd 2:00pm Crokinole - HAA	
18	19	20	21	22	23	24	
10:00am Java Music Club - ACRM 1:30pm Baking Social - 3rd 2:00pm Hymn Sing - HAA	2:00pm Bible Study - Inte 2:00pm Bingo - 3rd 3:00pm Fun and Fitness - H 6:15pm Variety Time - H	2:00pm Bible Study - Inte	9:30am Scripture and Song - HAA 10:45am Rosary - ACRM 11:30am Roman Catholic Communion - ACRM 12:00pm 2nd Floor Lunch Bunch - CRFT 2:00pm Making Granola Bars - ACRM 2:00pm 2nd Floor BINGO - HDR 2:00pm Men's Group - 3rd Pre Register for Lunch Bunch with Sara.	10:00am Baking - ACRM 2:00pm Birthday Party with Henry Winter - AUDI	ACRM 10:15am Friday Morning Chapel with Niamh - AUDI 2:00pm 1st Floor Super Fun & Fitness - ACRM	2:00pm Art Group - 3rd	
25 10:45am Fun and Fitness - H 2:00pm Artful Enrichment - ACRM	9:45am Active Games - HAA 1:15pm OUTING: Giant Tiger - OUT 2:00pm Bible Study - Inte 2:00pm Bingo - 3rd 6:15pm Variety Time - HAA Pre Register for outings with Sara	27 10:30am Tots and Tunes - Craf 2:00pm Bible Study - Inte 2:00pm Coffee Social - CDR 2:00pm Music Therapy - HAA	9:30am Scripture and Song - HAA 10:45am Beauty Shop - H 12:00pm 3rd Floor Lunch Bunch - 3rd 2:00pm 2nd Floor BINGO - HDR 2:00pm Valentine Centerpieces Making - ACRM 6:15pm Variety Time - H Pre Register for Lunch Bunch with Sara.	10:45am Horticulture Hands - H 2:00pm Bingo - 3rd 2:30pm Artful Chats - H 3:00pm Beading - H	30 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Friday Morning Chapel with Niamh - AUDI 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm Painting Olympic Rings - H 2:00pm 1st Floor Super Fun & Fitness - ACRM		

3rd - 3rd Floor Activity Room

Inte - Interfaith Sacred Space

Craf - Craft Room 3

ACRM - 1st Floor Activity Room

H - Hespeler

OUT - Outings

AUDI - Centre Auditorium

HAA - Hespeler Activity Area

CDR - Centre Dining Room

HDR - Hespeler Dining Room

CRFT - Craft Room

HSR - Hespeler Sitting Room

Check Program Boards daily for the most up to date information.



