

January 2026



Galt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45am Detective Puzzle - GAA 10:45am New Year Reflections - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm New Year Wine & Cheese - AUDI	2 9:45am Friendly Visits (B & G) - Resi 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 1:30pm Friendly Visits (B & G) - Resi 2:00pm 1st Floor Super Fun & Fitness - ACRM	3 9:45am Hot chocolate and Chats - GAA 10:45am Walking Group - GAA 3:00pm Prepping For Walk the Country - GAA
4 9:45am Memories and Moments - GAA 10:45am Sunday Morning Hymn Sing - GAA 2:00pm Table Top Games - GAA 3:00pm Fun and Fitness - GAA	5 10:45am Baby Bath Time - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Bible Study - Inte 2:00pm Walk The country!- India - GAA 6:15pm Variety Time - GAA	6 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 1:30pm Friendly Visits (B & G) - Resi 2:00pm Bible Study - Inte 2:00pm New Year Jeopardy - ACRM 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	7 9:30am Church Service - ACRM 1:30pm Friendly Visits (B & G) - Resi 3:30pm Fun and Fitness - GAA	8 10:45am Horticulture Hands - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Beauty Shop - Resi 2:00pm Residents Council - ACRM	9 9:45am Friendly Visits (B & G) - Resi 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Baking - 3rd 11:00am Music Therapy - Resi 1:30pm Friendly Visits (B & G) - Resi 2:00pm 1st Floor Super Fun & Fitness - ACRM	10 9:45am Beauty Shop - Resi 2:00pm Odd Word Out Game - GAA 3:00pm Sing a long - GAA
11 10:45am Sunday Morning Hymn Sing - GAA 3:00pm Fun and Fitness - GAA	12 10:45am Roll & Create Picasso Face - GAA 1:15pm OUTING: Giant Tiger - OUT 1:30pm Friendly Visits (B & G) - Resi 2:00pm Bible Study - Inte 3:00pm Target Toss Game - GAA 6:15pm Variety Time - GAA Pre Register for outings with Sara	13 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 1:30pm Friendly Visits - Resi 2:00pm Bible Study - Inte 2:00pm Documentary And Discussion - GAA 4:00pm Rosary - Inte 6:15pm Variety Time - GAA	14 10:45am Musical Memories - GAA 12:00pm 1st floor Lunch Bunch - ACRM 1:30pm Friendly Visits - Resi 2:00pm Bingo - BDR 3:30pm Fun and Fitness - GAA Pre Register for Lunch Bunch with Sara.	15 10:45am Balloon Bean Bag - GAA 1:30pm Friendly Visits - Resi 2:00pm Foods Around the World- India Special - ACRM 2:00pm Name That Tune - 3rd	16 9:45am Friendly Visits (B & G) - Resi 10:00am Baking - 3rd 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm 1st Floor Super Fun & Fitness - ACRM 3:00pm Baking Social - 3rd	17 9:45am Drawing Humming Bird - GAA 10:45am Comedy Club - GAA 2:00pm Art Group: Dot Art - 3rd 2:00pm What Are They Thinking? - GAA 3:00pm Mosaic Coloring - GAA
18 10:00am Java Music Club - ACRM 10:45am Sunday Morning Hymn Sing - GAA 1:30pm Baking Social - 3rd 2:00pm Bee Word Challenge - GAA 3:00pm Fun and Fitness - GAA	19 9:45am Spic & Span - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Armchair Travel - GL 2:00pm Bible Study - Inte 2:00pm Bingo - 3rd 6:15pm Variety Time - GAA	20 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 2:00pm Bible Study - Inte 2:00pm Social Art - GAA 6:15pm Variety Time - GAA	21 10:45am Rosary - ACRM 11:30am Roman Catholic Communion - ACRM 12:00pm 2nd Floor Lunch Bunch - CRFT 2:00pm Making Granola Bars - ACRM 2:00pm Men's Group - 3rd 3:30pm Fun and Fitness - GAA Pre Register for Lunch Bunch with Sara.	22 10:00am Baking - ACRM 2:00pm Birthday Party with Henry Winter - AUDI	23 9:45am Friendly Visits (B & G) - Resi 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 2:00pm 1st Floor Super Fun & Fitness - ACRM	24 9:45am Active Game - GL 10:45am Exploring Art Through Senses - GAA 2:00pm Art Group - 3rd
25 10:45am Sunday Morning Hymn Sing - GAA 2:00pm Artful Enrichment - ACRM 3:00pm Fun and Fitness - GAA	26 10:45am Black History Month Poster Making - GAA 1:15pm OUTING: Giant Tiger - OUT 1:30pm Friendly Visits (B & G) - Resi 2:00pm Bible Study - Inte 2:00pm Bingo - 3rd 6:15pm Variety Time - GAA Pre Register for outings with Sara	27 9:30am Scripture and Song - GAA 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 2:00pm Bible Study - Inte 2:00pm Coffee Social - CDR 6:15pm Variety Time - GAA	28 10:45am Story Writing - GAA 12:00pm 3rd Floor Lunch Bunch - 3rd 1:30pm Friendly Visits - Resi 2:00pm Valentine Centerpieces Making - ACRM 3:30pm Fun and Fitness - GAA Pre Register for Lunch Bunch with Sara.	29 10:45am Horticulture Hands - GAA 2:00pm Bingo - 3rd	30 9:45am Friendly Visits (B & G) - Resi 10:00am 2nd Floor SUPER Fun & Fitness - ACRM 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 2:00pm 3rd Floor Fun and Fitness - 3rd 2:00pm 1st Floor Super Fun & Fitness - ACRM	31 9:45am Table Top Games - GAA 2:00pm Would You, Could You, Have You ? - GAA 3:00pm Alphabet Artists - GAA

- 3rd - 3rd Floor Activity Room
- CRFT - Craft Room
- OUT - Outings
- ACRM - 1st Floor Activity Room
- Craf - Craft Room 3
- Resi - Resident Room for 1-1 scoring
- AUDI - Centre Auditorium
- GAA - Galt Activity Area
- BDR - Blair Dining Room
- GL - Galt Lounge
- CDR - Centre Dining Room
- Inte - Interfaith Sacred Space

Check Program Boards daily for the most up to date information.