

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:00 Bowling (B) 1 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 2:00 Bible Study (Sacred space) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 2 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Choir practice (CA) 7:00 Rook (CCR3)	10:00 Forever Young Strength 3 (CA) 11:15 Fairview Fit (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3) 5:30 Preston High School dinner - Sign up only	9:30 Yarn & Thread Club (CCR1) 4 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:00 Bus Shoppers & Giant Tiger 1:00 Seated dance class (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Cribbage (CCR3)	9:00 Bowling (B) 5 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 7:00 Crokinole (CCR3) - Cancelled	6	
	10:30 Preston Mennonite Church Live Stream (BDR) 7 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3)	9:00 Bowling (B) 8 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 2:00 Bible Study (Sacred space) 5:00 Christmas dinner (CDR) 6:30 Kevin Coates performs (CA)	9:45 Keep Fit (CA) 9 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:00 Guided drawing (CCR1) 2:30 Choir performance (CA) 7:00 Rook (CCR3)	10:00 Forever Young Strength 10 (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 11 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 11:30 Out to lunch bunch 1:30 Courts exercise (FC) 1:30 Crafts (CCR1) 2:00 50+ Seniors Choir (CA) 7:00 Cribbage (CCR3)	9:00 Bowling (B) 12 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	13 2:00 50+ choir (CA)
	10:30 Preston Mennonite Church Live Stream (BDR) 14 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3) Hanukkah Begins	9:00 Bowling (B) 15 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 2:00 Bible Study (Sacred space) 2:30 Fairview Band (CA) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 16 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:00 Nativity rehearsal (CA) 2:30 Choir practice (3FL) 2:30 Wellness Warriors (3FL) 7:00 Rook (CCR3)	10:00 Forever Young Strength 17 (CA) 11:15 Fairview Fit (CA) 11:30 Catholic Communion (LTC-AR) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 18 9:45 Keep Fit (CA) 10:00 Anglican Communion (3FL) 11:00 Chair Yoga (CA) 1:00 Bus: Groceries & Dollarama 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:00 Nativity Play performance (CA) 7:00 Cribbage (CCR3)	9:00 Bowling (B) 19 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	20
	10:30 Preston Mennonite Church Live Stream (BDR) 21 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3) Winter Begins	9:00 Bowling (B) 22 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 2:00 Bible Study (Sacred space) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	Christmas stations (CCR3) 23 (All day, self guided) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Choir practice (CA) 7:00 Rook (CCR3)	10:00 Forever Young Strength 24 (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CCR3) 2:00 Christmas Eve Chapel service (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	25  Christmas	26  Boxing Day (Canada) Kwanzaa Begins	Legend : 27 B - Basement CA - Centre Auditorium CCR - Centre Craft Rooms 1,2,3 CDR - Centre Dining Room FIT - Fitness Room LIB - Library 3FL - 3rd Floor Lounge BDR - Boardroom by Reception
	10:30 Preston Mennonite Church Live Stream (BDR) 28 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3)	9:00 Bowling (B) 29 10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 2:00 Bible Study (Sacred space) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 30 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Choir practice (CA) 7:00 Rook (CCR3)	10:00 Forever Young Strength 31 (CCR3) 11:15 Fairview Fit (CCR3) 1:30 2025 Trivia (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)  New Year's Eve			