

 November 2025												If you have any questions please contact: Jenn, Programs & Volunteers: Ext. 4601 Niamh, Spiritual Care: Ext. 4250 Theo & Kevin, Pool: Ext. 4604 Sue & Kevin, Fitness: Ext. 4605																																																																					
10:30 Preston Mennonite Church Live Stream (BDR)		10:30 Salvation Army Worship Service (CA)		6:30 Golf card game (CCR3)		Daylight Saving Time Ends		9:00 Bowling (B)		10:00 Bingo (CA)		10:00 Forever Young Strength (CCR3)		11:15 Fairview Fit (CA)		2:00 Bible Study (Sacred space)		6:30 Golf card game (3FL)		7:00 Yahtzee (CCR3)		9:45 Keep Fit (CA)		11:00 Chair Yoga (CA)		1:30 Courts Exercise (FC)		1:30 Crafts (CCR1)		1:30 Brain Health Workshop (CCR3)		2:30 Choir practice (CA)		3:10 Brain Health Workshop (CCR3)		7:00 Rook (CCR3)		10:00 Forever Young Strength (CCR3)		11:15 Fairview Fit (CCR3)		1:00 TRX (CCR3)		2:00 Drum Jam (CA)		3:15 Bean Bag Baseball (CA)		6:30 Golf card game (CCR3)		7:00 Euchre (CCR3)		9:30 St. Benedicts students (CCR1 & CCR3)		9:45 Keep Fit (CA)		11:30 Out to lunch bunch		11:00 Chair Yoga (CA)		1:30 Courts Exercise (FC)		1:30 Crafts (CCR1)		2:00 Tonia Joy (CA)		6:30 Cribbage (CCR3)		9:00 Bowling (B)		10:15 Chapel (CA)		11:15 Fairview Fit (CA)		1:00 TRX (CA)		2:00 Yoga (CA)		7:00 Crokinole (CCR3)			
10:30 Preston Mennonite Church Live Stream (BDR)		10:30 Salvation Army Worship Service (CA)		6:30 Golf card game (CCR3)				9:00 Bowling (B)		10:00 Bingo (CA)		10:00 Forever Young Strength (CCR3)		11:15 Fairview Fit (CA)		2:00 Bible Study (Sacred space)		6:30 Golf card game (3FL)		7:00 Yahtzee (CCR3)		9:45 Keep Fit (CCR3)		10:45 Remembrance Day Service (CA)		11:00 Chair Yoga (CCR3)		1:30 Courts Exercise (FC)		1:30 Crafts (CCR1)		2:30 Choir practice (CA)		7:00 Rook (CCR3)		Remembrance Day 		10:00 Forever Young Strength (CCR3)		11:15 Fairview Fit (CCR3)		1:00 TRX (CCR3)		2:00 Drum Jam (CA)		3:15 Bean Bag Baseball (CA)		6:30 Golf card game (CCR3)		7:00 Euchre (CCR3)		9:30 Yarn & Thread Club (CCR1)		9:45 Keep Fit (CCR3)		11:00 Chair Yoga (CCR3)		1:00 Shoppers & Giant Tiger		1:30 Courts Exercise (FC)		1:30 Crafts (CCR1)		6:30 Cribbage (CCR3)		9:00 Bowling (B)		10:15 Chapel (CCR3)		11:15 Fairview Fit (CCR3)		1:00 TRX (CCR3)		2:00 Yoga (CCR3)		7:00 Crokinole (CCR3)		8:30-1pm Handicraft sale 			
10:30 Preston Mennonite Church Live Stream (BDR)		10:30 Salvation Army Worship Service (CA)		6:30 Golf card game (CCR3)		7:00 Hymn Sing (CA)		9:00 Bowling (B)		10:00 Bingo (CA)		10:00 Forever Young Strength (CCR3)		11:15 Fairview Fit (CA)		2:00 Bible Study (Sacred space)		6:30 Golf card game (3FL)		7:00 Yahtzee (CCR3)		9:45 Keep Fit (CA)		11:00 Chair Yoga (CA)		1:30 Courts Exercise (FC)		1:30 Crafts (CCR1)		2:30 Choir practice (CA)		2:30 Wellness Warriors (3FL)		7:00 Rook (CCR3)		10:00 Forever Young Strength (CCR3)		11:15 Fairview Fit (CCR3)		11:30 Catholic Communion (LTC-AR)		1:00 TRX (CCR3)		2:00 Drum Jam (CA)		3:15 Bean Bag Baseball (CA)		6:30 Golf card game (CCR3)		7:00 Euchre (CCR3)		9:30 Yarn & Thread Club (CCR1)		9:45 Keep Fit (CA)		10:00 Anglican Communion (3FL)		11:00 Chair Yoga (CA)		11:30 Out to lunch bunch		1:30 Courts Exercise (FC)		1:30 Crafts (CCR1)		6:30 Cribbage (CCR3)		9:00 Bowling (B)		10:15 Chapel (CA)		11:15 Fairview Fit (CA)		1:00 TRX (CA)		2:00 Yoga (CA)		7:00 Crokinole (CCR3)		Legend : B - Basement CA - Centre Auditorium CCR - Centre Craft Rooms 1,2,3 CDR - Centre Dining Room FIT - Fitness Room LIB - Library 3FL - 3rd Floor Lounge BDR - Boardroom by Reception Sacred Space - Niamh's office	
10:30 Preston Mennonite Church Live Stream (BDR)		10:30 Salvation Army Worship Service (CA)		6:30 Golf card game (CCR3)				9:00 Bowling (B)		10:00 Bingo (CA)		10:00 Forever Young Strength (CCR3)		11:15 Fairview Fit (CA)		2:00 Bible Study (Sacred space)		6:30 Golf card game (3FL)		7:00 Yahtzee (CCR3)		9:30 Kindred Credit Union (LIB)		9:45 Keep Fit (CA)		11:00 Chair Yoga (CA)		1:30 Courts Exercise (FC)		1:30 Crafts (CCR1)		2:30 Choir practice (CA)		7:00 Addison Women's Choir (CA)		7:00 Rook (CCR3)		10:00 Forever Young Strength (CCR3)		11:15 Fairview Fit (CCR3)		1:00 TRX (CCR3)		2:00 Drum Jam (CA)		3:15 Bean Bag Baseball (CA)		6:30 Golf card game (CCR3)		7:00 Euchre (CCR3)		9:30 Yarn & Thread Club (CCR1)		9:45 Keep Fit (CA)		11:00 Chair Yoga (CA)		1:00 Groceries & Dollarama		1:30 Courts Exercise (FC)		1:30 Crafts (CCR1)		6:30 Cribbage (CCR3)		9:00 Bowling (B)		10:00 Memorial Service (CA)		11:15 Fairview Fit (CA)		7:00 Crokinole (CCR3)		3:00 Police Chorus (CA)							
10:30 Preston Mennonite Church Live Stream (BDR)		10:30 Salvation Army Worship Service (CA)		6:30 Golf card game (CCR3)																																																																													