

November 2025



Preston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:45am Beauty Shop - Resi 10:45am Crafts - PAA 2:00pm Fun and Fitness - P 3:00pm Hymn Sing - P
2 9:45am Reading Group - PAA 10:45am Table Top Games - PAA 2:00pm Walking Group - PAA	3 2:00pm Ladderball - PAA 3:00pm Montessori - P 6:15pm Variety Time - PAA	4 10:15am Music Therapy - PAA 11:30am Restaurant Lunch Outing - Pre-register with Programs Team - OUT 3:00pm Making Candy Kabobs - PAA 4:00pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	5 10:00am Making Chocolates with Deborah - ACRM 10:45am Scripture and Song - PAA 2:00pm It Makes Sense -Snoezelen cart - P 2:00pm Residents Council - ACRM 4:00pm Fun and Fitness - PAA	6 9:30am Prepping For Handicraft sale with St. Benedict's Student - Craf 2:00pm Musical Performance by Tonia Joy! - AUDI 6:15pm Variety Time - P	7 9:45am Crafts - PAA 10:15am Friday Morning Chapel with Niamh - AUDI 10:45am Walking Group - P 2:00pm Horse Races - PAA 2:00pm Super Fun & Fitness - ACRM	8 9:30am Wellness Group - PAA 10:45am Basketball - PAA 2:00pm Coffee and Chats - PAA 2:00pm Got Talent Practice - HAA 3:00pm Craft: Remembrance Poppies - PAA
9 10:00am Java Music Club - ACRM 1:30pm Beauty Shop - Resi 2:00pm Reading Group - PAA	10 10:45am Making Remembrance Day Poppies - ACRM 2:00pm Table Top Games - PAA 4:00pm Fun and Fitness - P	11 10:15am Music Therapy - PAA 10:45am Remembrance Day service - AUDI 2:00pm Got Talent Practice - PAA 4:00pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	12 10:00am Church Service - ACRM 1:30pm Friendly Visits - Resi 2:00pm Making Nuts and Bolts - ACRM 3:00pm 2nd Floor BINGO - Hespeler DR 6:15pm Got Talent Practice - PAA	13 10:00am Handicraft Sale Preparations - PAA 2:00pm LTC Got Talent - ACRM	14 9:45am Indoor Walks - PAA 9:45am PJ day! & Nursery Rhymes - HAA 10:15am Friday Morning Chapel with Niamh - AUDI 10:45am Crafts - PAA 1:00pm LTC Handicraft Sale Sneak Peak - AUDI	15 9:45am Hymn Sing - P 10:45am Reading Group - P Handicraft Sale 8:30 am - 1:00 pm Auditorium 2:00pm Movie & Popcorn - P
16 9:45am Coffee and Chats - PAA 10:45am Beauty Shop - PAA 2:00pm Crafts - P	17 2:00pm Martin Wall Piano Performance - AUDI 6:15pm Variety Time - PAA	18 10:15am Music Therapy - PAA 10:45am Montessori - Resi 1:15pm Cambridge Mall Outing - Pre-register with Programs Team - OUT 2:00pm Men's Group - ACRM 4:00pm Fun and Fitness - PAA 6:15pm Variety Time - PAA	19 CHRISTMAS DECORATING DAY! 10:45am It Makes Sense -Snoezelen cart - Resi 10:45am Scripture and Song - PAA 11:30am Roman Catholic Communion - ACRM 4:00pm Fun and Fitness - PAA	20 2:00pm Foods around the world- Scotland Special - ACRM 4:00pm Bowling - PAA 6:15pm Variety Time - PAA	21 10:00am Java Music Club - PSR 10:15am Friday Morning Chapel with Niamh - AUDI 2:00pm Super Fun & Fitness - ACRM	22 9:45am Hymn Sing - PAA 10:45am Indoor Walks - PAA 1:30pm Walking the World - PAA 2:30pm Who, What, Where? - PAA
23	24 9:45am Sing a long - P 10:45am Christmas Centerpiece Making - PAA 2:00pm Documentary & Discussions - P	25 10:15am Music Therapy - PAA 10:45am Making Yogurt Parfaits' - PAA 1:15pm Fairview Mall Outing - Pre-register with Programs Team - OUT 2:00pm Artful Enrichment - ACRM	26 10:00am Baking - PAA 10:45am Scripture and Song - PAA 2:00pm Sing a long - P 3:00pm Fun and Fitness - PAA 5:00pm Dinner and Movie - ACRM	27 10:45am Discussion Group: Television Through The Years - PAA 2:00pm 2nd Floor BINGO - HDR 6:15pm Variety Time - P	28 9:45am Coffee and Chats - PAA 10:15am Friday Morning Chapel with Niamh - AUDI 10:45am Bean Bag Toss - PAA 2:00pm Super Fun and Fitness - ACRM	29 9:45am Puzzles and Tea - PAA 1:30pm Walking Group - PAA 3:00pm Police Chorus Choir - AUDI
30 9:30am Calendar Delivery - P 10:45am Beauty Shop - PAA 2:00pm Crokinole - PAA						

ACRM - Activity Room

AUDI - Centre Auditorium

Craf - Craft Room 3

HAA - Hespeler Activity Area

HDR - Hespeler Dining Room

OUT - Outings

P - Preston

PAA - Preston Activity Area

PSR - Preston Sitting Room

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.