

November 2025



Hespler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:45am Beauty Shop - Resi 10:45am Time to Think - HAA 1:30pm Walking Group - HAA 3:00pm Ladderball - H
2 9:45am Wellness Group - H 10:45am Table Top Games - H 2:00pm Active Games - H 3:00pm Time to Think - H	3 2:00pm Minute to Win It - HAA 6:15pm Horticulture - HAA	4 9:30am Music Therapy - HAA 10:45am Making Candy Kabobs - HAA 11:30am Restaurant Lunch Outing - Pre-register with Programs Team - OUT 1:45pm Fun and Fitness - HAA	5 9:45am Scripture and Song - HAA 10:00am Making Chocolates with Deborah - ACRM 2:00pm Reading Group - HAA 2:00pm Residents Council - ACRM 3:00pm Card Games - H 6:15pm Got Talent Practice - H	6 9:30am Prepping For Handicraft sale with St. Benedict's Student - Craf 10:45am Fun and Fitness - HAA 2:00pm Musical Performance by Tonia Joy! - AUDI	7 9:45am Crokinole - H 10:15am Friday Morning Chapel with Niamh - AUDI 10:45am Documentary & Discussions - H 2:00pm Super Fun & Fitness - ACRM	8 10:15am Baking Peanut Butter Cookies - HAA 2:00pm Got Talent Practice - HAA 3:00pm Coffee & Chats - HAA
9 10:00am Java Music Club - ACRM 3:00pm Craft: Remembrance Poppies - HAA	10 10:45am Making Remembrance Day Poppies - ACRM 2:00pm Fun and Fitness - H 3:00pm Friendly Visits - Resi 6:15pm Horticulture - HAA	11 9:30am Music Therapy - HAA 10:45am Remembrance Day service - AUDI 1:45pm Fun and Fitness - HAA 3:00pm Got Talent Practice - HAA	12 10:00am Church Service - ACRM 2:00pm Making Nuts and Bolts - ACRM 3:00pm 2nd Floor BINGO - Hespeler DR	13 9:45am It Makes Sense 1:1 - Resi 10:45am Horticulture Hands - HAA 2:00pm LTC Got Talent - ACRM 6:15pm Variety Time - HAA	14 9:45am PJ day! & Nursery Rhymes - HAA 10:15am Friday Morning Chapel with Niamh - AUDI 1:00pm LTC Handicraft Sale Sneak Peak - AUDI	15 9:45am Fun and Fitness - HAA Handicraft Sale 8:30 am - 1:00 pm Auditorium 1:30pm Walking Group - H 3:00pm Music Memories - H
16 9:45am Wellness Group - H 10:45am Busy Hands - H 2:00pm Hymn Sing - HAA 3:00pm Ladderball - H	17 2:00pm Martin Wall Piano Performance - AUDI 6:15pm Horticulture - HAA	18 9:30am Music Therapy - HAA 1:15pm Cambridge Mall Outing - Pre-register with Programs Team - OUT 2:00pm Men's Group - ACRM	19 CHRISTMAS DECORATING DAY! 9:45am Scripture and Song - HAA 11:30am Roman Catholic Communion - ACRM 6:15pm Variety Time - H	20 9:45am It Makes Sense 1:1 - Resi 10:45am Fun and Fitness - HAA 1:30pm Crokinole - HAA 2:00pm Foods around the world- Scotland Special - ACRM	21 10:15am Friday Morning Chapel with Niamh - AUDI 2:00pm Super Fun & Fitness - ACRM	22 9:45am Walking the World - H 10:45am Table Top Games - HAA 2:30pm Crafts - HAA
23 9:45am Hymn Sing - HAA 10:45am Yogurt Parfaits' - H 2:00pm Drum Fit - HAA	24 2:00pm Reading Group - HAA 3:00pm Ladderball - HAA 6:15pm Horticulture - HAA	25 9:30am Music Therapy - HAA 1:15pm Fairview Mall Outing - Pre-register with Programs Team - OUT 2:00pm Artful Enrichment - ACRM 6:15pm Fun and Fitness - H	26 9:45am Scripture and Song - HAA 2:00pm Pondering Prompts - HAA 5:00pm Dinner and Movie - ACRM	27 9:45am It Makes Sense 1:1 - Resi 2:00pm 2nd Floor BINGO - HDR	28 9:45am Crokinole - HAA 10:15am Friday Morning Chapel with Niamh - AUDI 2:00pm Super Fun and Fitness - ACRM	29 9:45am Fun and Fitness - H 10:45am News & Views - HAA 1:30pm Christmas Centerpiece Making - H 3:00pm Police Chorus Choir - AUDI
30 9:45am Coffee & Chats - H 10:45am Walking Group - H 2:00pm Calendar Delivery - H						

ACRM - Activity Room

AUDI - Centre Auditorium

Craf - Craft Room 3

H - Hespeler

HAA - Hespeler Activity Area

HDR - Hespeler Dining Room

OUT - Outings

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.

