

November 2025



Galt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:45am Yoga And Meditation - GAA 3:00pm Preparing For Country Walk - GAA
2 9:45am Musical Corner - GAA 10:45am Riddle Me This - GAA 2:00pm Walking Group - GAA	3 1:30pm Friendly Visits (B & G) - Resi 3:00pm Walk the Country! - Scotland - GAA	4 9:45am Scripture and Song - GAA 10:45am Fun and Fitness - GAA 11:30am Restaurant Lunch Outing - Pre-register with Programs Team - OUT 3:00pm Table Top Games - GAA	5 10:00am Making Chocolates with Deborah - ACRM 1:30pm Friendly Visits (B & G) - Resi 2:00pm Beauty Shop - Resi 2:00pm Residents Council - ACRM	6 9:30am Prepping For Handicraft sale with St. Benedict's Student - Craf 2:00pm Musical Performance by Tonia Joy! - AUDI 6:15pm Got Talent Practice - GAA	7 9:45am Friendly Visits (B & G) - Resi 9:45am Walking Group - GAA 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 2:00pm Super Fun & Fitness - ACRM	8 9:45am Air Hockey! - GL 10:45am Story Reading Group - GAA 3:00pm Bowling! - GL
9 10:00am Java Music Club - ACRM 2:00pm Fun and Fitness - GAA 3:00pm Poppy Craft - GAA	10 10:45am Making Remembrance Day Poppies - ACRM 10:45am Table Top Games - GAA 2:00pm Time to Think - GAA	11 9:45am It Makes Sense (G) - Resi 10:45am Remembrance Day service - AUDI 2:00pm Musical Memories - GAA 6:15pm Variety Time - BAA	12 10:00am Church Service - ACRM 1:30pm Friendly Visits (B & G) - Resi 2:00pm Making Nuts and Bolts - ACRM 3:00pm 2nd Floor BINGO - Hespeler DR 6:15pm Variety Time - GAA	13 2:00pm LTC Got Talent - ACRM 6:15pm Variety Time - GAA	14 9:45am Friendly Visits (B & G) - Resi 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 1:00pm LTC Handicraft Sale Sneak Peak - AUDI 1:30pm Friendly Visits (B & G) - Resi	15 10:45am Homemade Bread Making - GAA Handicraft Sale 8:30 am - 1:00 pm Auditorium 3:00pm Movie and Popcorn - GL
16 9:45am Sunday Morning Hymn Sing - GAA 3:00pm Hot Chocolate and Pumpkin Pie - GAA	17 9:45am Horticulture - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Martin Wall Piano Performance - AUDI	18 9:45am It Makes Sense (G) - Resi 9:45am Scripture and Song - GAA 1:15pm Cambridge Mall Outing - Pre-register with Programs Team - OUT 2:00pm Men's Group - ACRM	19 CHRISTMAS DECORATING DAY! 11:30am Roman Catholic Communion - ACRM 1:30pm Friendly Visits (B & G) - Resi 6:15pm Variety Time - GAA	20 10:45am Fun and Fitness - GAA 2:00pm Foods around the world- Scotland Special - ACRM 6:15pm Variety Time - GAA	21 9:45am Friendly Visits (B & G) - Resi 9:45am Walking Group - GAA 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 2:00pm Super Fun & Fitness - ACRM	22 9:45am Beauty Shop - Resi 9:45am Stretch and Flex - GAA 2:00pm Tree Of Gratitude - GAA 3:00pm Memories and Moments - GAA
23 9:45am Sunday Morning Hymn Sing - GAA 10:45am Charades - GAA 2:00pm Golf Box - GL	24 10:45am Christmas Centerpiece Making - GAA 3:00pm Fun and Fitness - GAA	25 9:45am It Makes Sense (G) - Resi 9:45am Scripture and Song - GAA 1:15pm Fairview Mall Outing - Pre-register with Programs Team - OUT 2:00pm Artful Enrichment - ACRM 2:00pm Social Art - GAA 6:15pm Variety Time - BAA	26 10:45am Baking Gingerbread Cookie - GAA 1:30pm Friendly Visits (B & G) - Resi 5:00pm Dinner and Movie - ACRM 6:15pm Variety Time - GAA	27 6:15pm Horticulture - GAA	28 9:45am Friendly Visits (B & G) - Resi 9:45am Walking Group - GAA 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 1:30pm Friendly Visits (B & G) - Resi 2:00pm Super Fun and Fitness - ACRM	29 10:45am Yoga And Meditation - GAA 3:00pm Police Chorus Choir - AUDI
30 10:45am Sunday Morning Hymn Sing - GAA 3:00pm Christmas Craft - GAA						

ACRM - Activity Room

AUDI - Centre Auditorium

BAA - Blair Activity Area

Craf - Craft Room 3

GAA - Galt Activity Area

GL - Galt Lounge

OUT - Outings

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.