



Galt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Thanksgiving Food Drive Starts 9:45am Current Events - GAA 10:45am Fall Crafts - GAA 2:00pm Courtyard Cleanup (G) - CCRT 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	2 9:45am Musical Memories - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Resident Council- Meet and Greet, and Tour - Sign up with Alexis 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	3 10:15am Music Therapy - GAA 11:00am Music Therapy - Resi	4 9:45am Mindful Moments - GAA 10:45am Outdoor Strolls (B & G) - CCRT 1:30pm Beauty Shop - ACRM
5 10:00am Outdoor Strolls (B & G) - CCRT 10:45am Thankful Thoughts - GAA 1:30pm Friendly Visits (B & G) - Resi 3:00pm Fall Crafts - GAA	6 10:15am Welcome Banner Crafting - ACRM 2:00pm Oktoberfest Musical Performance - AUDI	7 9:45am Meditation and Yoga - GAA 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 10:45am Scripture and Song - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Fall Baking - ACRM 6:15pm Variety Time - BAA	8 10:00am Java Music Club - ACRM 11:30am Lunch at 50's Diner - Pre-register with Alexis - OUT 2:00pm Harvest Sensory - GAA 2:00pm Residents Council - ACRM 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	9 9:45am Horticulture Hands - GAA 10:45am Sing Along - GAA 2:00pm Bingo - BDR 6:15pm Variety Time - GAA 6:15pm Mingle and Mocktails - ACRM	10 9:45am Hot Apple Cider - GAA 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 1:30pm Friendly Visits (B & G) - Resi 2:00pm September and October Birthday Party - BDR	11 9:45am Spic and Span - GAA 11:00am Time to Think - GAA 1:45pm Bowling for Pumpkins - GL
12 9:45am Sunday Morning Hymn Sing - GAA 10:45am Autumn Story Writing - GAA 2:00pm Jeopardy! - ACRM	13 Thanksgiving Day 9:45am Musical Memories - GAA 11:00am Fun and Fitness - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Thanksgiving Card Making - GAA	14 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 10:45am Spooky Story Writing - GAA 10:45am Scripture and Song - GAA 1:15pm Country Drive - Pre-register with Alexis - OUT 2:00pm Busy Hands - GAA 6:15pm Variety Time - BAA	15 9:45am Walking Group - GAA 11:30am Roman Catholic Communion - ACRM 2:00pm Foods Around the World - ACRM 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	16 9:45am Horticulture Hands - GAA 10:45am Time to Think - GAA 2:00pm Artful Enrichment - ACRM 2:00pm Baby Bath Time - GAA 6:15pm Variety Time - GAA	17 9:45am Friendly Visits (B & G) - Resi 10:15am Music Therapy - GAA 11:00am Music Therapy - Resi 3:00pm Fun and Fitness - GAA	18 9:45am Mindful Moments - GAA 10:45am Table Top Games - GAA 2:00pm Laundry Day - GAA 3:00pm Movie and Hot Chocolate - GL
19 9:45am Spic and Span - GAA 10:00am Fall Baking - ACRM 2:00pm Artful Chats - ACRM 2:00pm Halloween Crafts - GAA 2:00pm Friendly Visits (B & G) - Resi	20 1:30pm Friendly Visits (B & G) - Resi 2:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	21 9:45am Coffee and Chats - GAA 9:45am It Makes Sense (G) - Resi 10:30am Tots and Tunes - Craf 10:45am Scripture and Song - GAA 2:00pm Musical Performance by Jackie Grainge - AUDI 6:15pm Variety Time - BAA	22 1:30pm Friendly Visits (B & G) - Resi 2:00pm Handicraft Sale Prep - GAA 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	23 9:30am Crafting with St Benedict's Students - Craf 2:00pm Bingo - BDR 2:00pm Men's Group - ACRM 6:15pm Variety Time - GAA	24 9:45am Friendly Visits (B & G) - Resi 10:15am Music Therapy - GAA 10:30am Memorial Service - AUDI 11:00am Music Therapy - Resi 1:30pm Friendly Visits (B & G) - Resi 2:00pm Super Fun and Fitness - ACRM	25 9:45am Busy Hands - GAA 10:45am Corn Hole - GL 2:00pm Handicraft Sale Prep - GAA
26 9:45am Sunday Morning Hymn Singing - GAA 10:00am Java Music Club - ACRM 2:00pm Drum Jam - ACRM	27 9:45am Pumpkin Carving - GAA 9:45am Java Music Club - PSR 10:45am Fun and Fitness - GAA 1:30pm Butterfly Craft - PAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Armchair Travel - GL 2:00pm Java Music Club - HSR 3:00pm Indoor Walks - PAA 6:15pm Variety Time - HAA	28 9:45am Fun and Fitness - PAA 9:45am It Makes Sense (G) - Resi 9:45am It Makes Sense - H 10:30am Pumpkin Carving - HAA 10:30am Tots and Tunes - Craf 10:45am Scripture and Song - GAA 1:15pm Cambridge Butterfly Conservatory - Pre-register with Alexis - OUT 1:30pm Friendly Visits (B & G) - Resi 2:00pm Pumpkin Pie Social - HAA 3:00pm Fun and Fitness - HAA	29 9:45am Table Top Games - PAA 10:30am Pumpkin Carving - PAA 10:45am Active Game - GL 1:30pm Friendly Visits (B & G) - Resi 2:00pm Beauty Shop (G) - Resi 2:00pm Making Halloween Masks - HAA 2:00pm Pumpkin Pie Social - PAA 3:00pm Fun and Fitness - GAA 3:00pm Fun and Fitness - HAA 5:00pm Y & R Dinner and Movie - ACRM	30 9:45am Beaded Name Chain - P 10:45am Fun and Fitness - HAA 10:45am Table Top Games - GAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Halloween Goodie Bag Making - PAA 2:00pm Tea Social - ACRM 6:15pm Variety Time - GAA 6:15pm Variety Time - HAA	31 Happy Halloween! 9:30am Popcorn & a Movie "Little Shop of Horrors" - HSR 9:45am Friendly Visits (B & G) - Resi 9:45am Time To Think - GAA 10:15am Music Therapy - GAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 1:30pm Friendly Visits (B & G) - Resi 1:45pm Halloween Celebration - AUDI	

ACRM - Activity Room	AUDI - Centre Auditorium	BAA - Blair Activity Area	BDR - Blair Dining Room	CCRT - Centre Courtyard
Craf - Craft Room 3	GAA - Galt Activity Area	GL - Galt Lounge	H - Hespeler	HAA - Hespeler Activity Area
HSR - Hespeler Sitting Room	OUT - Outings	P - Preston	PAA - Preston Activity Area	PSR - Preston Sitting Room
Resi - Resident Room for 1-1 scoring				

Check Program Boards daily for the most up to date information.