

Blair

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Thanksgiving Food Drive Starts 1:30pm Friendly Visits (B) - Resi 6:15pm Variety Time - BAA	2 9:45am Coffee and Chats - BAA 9:45am It Makes Sense (B) - Resi 1:30pm Friendly Visits (B & G) - Resi	3 9:30am Music Therapy - BAA 11:00am Music Therapy - Resi	4 9:45am Yoga and Meditation - BAA 10:45am Outdoor Strolls (B & G) - CCRT 1:30pm Beauty Shop - ACRM
5 9:45am Sunday Morning Hymn Sing - BAA 10:00am Outdoor Strolls (B & G) - CCRT 1:30pm Friendly Visits (B & G) - Resi 2:00pm Table Top Games - BAA	6 10:15am Welcome Banner Crafting - ACRM 2:00pm Oktoberfest Musical Performance - AUDI 6:15pm Variety Time - BAA	7 10:30am Tots and Tunes - Craf 10:45am Fun and Fitness - BAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Fall Baking - ACRM 3:00pm Fun and Fitness - BAA	8 10:00am Java Music Club - ACRM 10:45am Scripture and Song - BAA 11:30am Lunch at 50's Diner - Pre-register with Alexis - OUT 2:00pm Horticulture Hands - BAA 2:00pm Residents Council - ACRM 3:00pm Outdoor Strolls - BCYD 6:15pm Variety Time - BAA	9 9:45am It Makes Sense (B) - Resi 10:45am Fun and Fitness - BAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Bingo - BDR 6:15pm Mingle and Mocktails - ACRM	10 9:30am Music Therapy - BAA 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 11:00am Hot Apple Cider - BAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm September and October Birthday Party - BDR	11 9:45am Mindful Moments - BAA 11:00am Walking Group - BAA 3:00pm Bowling for Pumpkins - BL
12 9:45am Busy Hands - BAA 10:45am Hockey - BL 2:00pm Jeopardy! - ACRM	13 Thanksgiving Day 9:45am Discussion Group - BAA 10:45am Thanksgiving Card Making - BAA 1:30pm Friendly Visits (B & G) - Resi 3:00pm Crokinole - BAA	14 9:45am Horticulture Hands - BAA 10:30am Tots and Tunes - Craf 1:15pm Country Drive - Pre-register with Alexis - OUT 3:00pm Fun and Fitness - BAA	15 10:45am Scripture and Song - BAA 11:30am Roman Catholic Communion - ACRM 2:00pm Busy Hands - BAA 2:00pm Foods Around the World - ACRM 6:15pm Variety Time - BAA	16 9:45am It Makes Sense (B) - Resi 10:45am Fun and Fitness - BAA 2:00pm Artful Enrichment - ACRM 3:00pm Table Top Games - BAA	17 9:30am Music Therapy - BAA 9:45am Friendly Visits (B & G) - Resi 11:00am Music Therapy - Resi 2:00pm Fall Crafts - BAA	18 9:45am Coffee and Chats - BAA 10:45am Halloween Crafts - BAA 2:00pm Movie and Hot Chocolate - BL 3:00pm Walking Group - BAA
19 9:45am Sunday Morning Hymn Sing - BAA 10:00am Fall Baking - ACRM 2:00pm Artful Chats - ACRM 2:00pm Friendly Visits (B & G) - Resi 3:00pm Making Pumpkin Cheesecake - BAA	20 1:30pm Friendly Visits (B & G) - Resi 3:00pm Time to Think - BAA 6:15pm Variety Time - BAA	21 9:45am Horticulture Hands - BAA 10:30am Tots and Tunes - Craf 10:45am Musical Memories - BSR 1:30pm Friendly Visits (B & G) - Resi 2:00pm Musical Performance by Jackie Grainge - AUDI 3:00pm Fun and Fitness - BAA	22 10:45am Scripture and Song - BAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Handicraft Sale Prep - BAA	23 9:30am Crafting with St Benedict's Students - Craf 1:30pm Friendly Visits (B & G) - Resi 2:00pm Bingo - BDR 2:00pm Men's Group - ACRM 3:00pm Fun and Fitness - BAA	24 9:30am Music Therapy - BAA 9:45am Friendly Visits (B & G) - Resi 10:30am Memorial Service - AUDI 11:00am Music Therapy - Resi 1:30pm Friendly Visits (B & G) - Resi 2:00pm Super Fun and Fitness - ACRM	25 9:45am Mindful Moments - BAA 10:45am Time to Think - BAA 2:00pm Handicraft Sale Prep - BAA
26 10:00am Java Music Club - ACRM 10:45am Laundry Day! - BAA 2:00pm Drum Jam - ACRM	27 9:45am Coffee And Chats - BAA 9:45am It Makes Sense (B) - Resi 9:45am Java Music Club - PSR 1:30pm Butterfly Craft - PAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Pumpkin Carving - BAA 2:00pm Java Music Club - HSR 3:00pm Indoor Walks - PAA 3:30pm Musical Memories - BAA 6:15pm Variety Time - BAA 6:15pm Variety Time - HAA	28 9:45am Fun and Fitness - PAA 9:45am It Makes Sense - H 10:30am Pumpkin Carving - HAA 10:30am Tots and Tunes - Craf 1:15pm Cambridge Butterfly Conservatory - Pre-register with Alexis - OUT 1:30pm Friendly Visits (B & G) - Resi 2:00pm Pumpkin Pie Social - HAA 3:00pm Fun and Fitness - BAA 3:00pm Fun and Fitness - HAA	29 9:45am Time To Think - BAA 9:45am Table Top Games - PAA 10:30am Pumpkin Carving - PAA 10:45am Scripture and Song - BAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Beauty Shop (B) - Resi 2:00pm Making Halloween Masks - HAA 2:00pm Pumpkin Pie Social - PAA 3:00pm Fun and Fitness - HAA 5:00pm Y & R Dinner and Movie - ACRM	30 9:45am Beaded Name Chain - P 9:45am It Makes Sense (B) - Resi 10:45am Fun and Fitness - HAA 1:30pm Friendly Visits (B & G) - Resi 2:00pm Halloween Goodie Bag Making - PAA 2:00pm Tea Social - ACRM 6:15pm Variety Time - BAA 6:15pm Variety Time - HAA	31 Happy Halloween! 9:30am Popcorn & a Movie "Little Shop of Horrors" - HSR 9:30am Music Therapy - BAA 9:45am Friendly Visits (B & G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 11:00am Music Therapy - Resi 1:30pm Friendly Visits (B & G) - Resi 1:45pm Halloween Celebration - AUDI	

ACRM - Activity Room	AUDI - Centre Auditorium	BAA - Blair Activity Area	BCYD - Blair Courtyard	BDR - Blair Dining Room
BL - Blair Lounge	BSR - Blair Sitting Room	CCRT - Centre Courtyard	Craf - Craft Room 3	H - Hespeler
HAA - Hespeler Activity Area	HSR - Hespeler Sitting Room	OUT - Outings	P - Preston	PAA - Preston Activity Area
PSR - Preston Sitting Room	Resi - Resident Room for 1-1 scoring			

Check Program Boards daily for the most up to date information.