

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:30 Golf card game (CCR3) 1 7:00 Yahtzee (CCR3) 	9:30 Kindred Credit Union (LIB) 2 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Rook (CCR3)	10:00 Forever Young Strength (CCR3) 3 11:15 Fairview Fit (CCR3) 1:00 Bus: Groceries & Shoppers 1:00 TRX (CA) 2:00 Yoga (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 4 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 10:45 Out to lunch bunch 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 5 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	If you have any questions 6 please contact: Jenn , Programs & Volunteers: Ext. 4601 Niamh , Spiritual Care: Ext. 4250 Theo & Kevin , Pool: Ext. 4604 Sue & Kevin , Fitness: Ext. 4605
10:30 Preston Mennonite Church Live Stream (BDR) 7 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3) 	10:00 Bingo (CA) 8 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 2:00 Bible Study (CCR3) 6:30 Golf card game (CCR3) 7:00 Yahtzee (CCR3) 	9:45 Keep Fit (CA) 9 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Rook (CCR3)	10:00 Forever Young Strength (CCR3) 10 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 1:30 Mennonite driving tour 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (CCR3) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 11 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 12:00 Blue Jays game!! 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Cribbage (CCR3)	10:00 Kindness Walk 12 10:00 Horseshoes (off FIT) 10:15 Chapel - Special guest! (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	9:00 Kindness Walk 13 
10:30 Preston Mennonite Church Live Stream (BDR) 14 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (CCR3)	10:00 Bingo (CA) 15 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 2:00 Bible Study (CCR3) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:30 Kindred Credit Union (LIB) 16 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 2:00 Making lanterns craft (CA) 2:30 Wellness Warriors (3FL) 7:00 Rook (CCR3)	Fall Fair - all day (Courtyard) 17 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 11:30 Roman Catholic Communion (LTC Activity Room) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (3FL) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 18 9:45 Keep Fit (CA) 10:00 Anglican Communion (CCR3) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Fairview Band (CA) 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 19 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	Alzheimer's motorcycle ride by tour 20 *(time TBD) Oktoberfest Begins
10:30 Preston Mennonite Church Live Stream (BDR) 21 10:30 Salvation Army Worship Service (CA) 6:30 Golf card game (3FL) 7:00 Hymn Sing with Eagle St. Fellowship (CA)	10:00 Bingo (CA) 22 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CA) 2:00 Bible Study (3FL) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3) Rosh Hashanah Begins Autumn Begins	9:45 Keep Fit (CA) 23 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Rook (CCR3)	10:00 Artist aging day (CA) 24 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 6:30 Golf card game (3FL) 7:00 Euchre (CCR3)	9:30 Yarn & Thread Club (CCR1) 25 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 10:45 Out to lunch bunch 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 26 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	Legend : 27 B - Basement CA - Centre Auditorium CCR - Centre Craft Rooms 1,2,3 CDR - Centre Dining Room FIT - Fitness Room LIB - Library 3FL - 3rd Floor Lounge BDR - Boardroom by Reception
10:30 Preston Mennonite Church Live Stream (BDR) 28 10:30 Salvation Army Worship Service (CA) 3:00 Choir performance (CA) 6:30 Golf card game (3FL)	10:00 Bingo (CA) 29 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR) 6:30 Golf card game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 30 11:00 Chair Yoga (CA) 1:00 Wedges & Woods mini golf 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Rook (CCR3) 				