Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4	ugust 2	025		10:00 Horseshoes (off FIT) 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Ice Cream sales (Cafe) 7:00 Crokinole (CCR3)	2
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA)	6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3) NO PROGRAMS TODAY HAPPY Civic Holiday	9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 6:45 Rook (CCR3)	10:00 Forever Young Strength (CCR3) 11:00 BBQ ticket sales 11:15 Fairview Fit (CCR3) 3:15 Bean Bag Baseball (CA) 6:30 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 10:30 BBQ ticket sales 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:00 Bus: Groceries & Giant Tiger 1:30 Petting Zoo (Outside Suites) 1:30 Crafts (CCR1) 5:00 BBQ - tickets needed 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 2:00 Ice Cream sales (Cafe) 7:00 Crokinole (CCR3)	If you have any questions 9 please contact: Jenn, Programs & Volunteers: Ext. 4601 Niamh, Spiritual Care: Ext. 4250 Theo & Matt, Pool: Ext. 4604 Sue & Matt, Fitness: Ext. 4605
10:30 Preston Mennonite 10 Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA)	10:00 Bingo (CA) 11 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 1:30 Bus to Mary Maxim tent sale 2:00 Bible Study (3FL) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 12 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 6:45 Rook (CCR3)	10:00 Forever Young Strength 13 (CCR3) 11:00 BBQ ticket sales 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 3:15 Bean Bag Baseball (CA) 6:30 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 14 9:45 Keep Fit (CA) 10:30 BBQ ticket sales 11:15 Out to lunch bunch 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 5:00 BBQ - tickets needed 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 15 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Alex's baby shower! (CCR3) 1:30 Ice Cream sales (Cafe) 7:00 Crokinole (CCR3)	16
10:30 Preston Mennonite 17 Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA) 7:00 Hymn Sing with Eagle St. Fellowship (CA)	10:00 Bingo (CA) 18 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 2:00 Bible Study (3FL) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)	9:30 Kindred Credit Union (LIB] 9 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:00 Piano music by Dave (CA) 2:30 Wellness Warriors (3FL) 6:45 Rook (CCR3)	10:00 Forever Young Strength 20 (CCR3) 11:00 BBQ ticket sales 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 3:15 Bean Bag Baseball (CA) 6:30 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 21 9:45 Keep Fit (CA) 10:30 BBQ ticket sales 11:00 Chair Yoga (CA) 1:00 Bus: Mall & Shoppers 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 5:00 BBQ - tickets needed 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Ice Cream sales (Cafe) 7:00 Crokinole (CCR3)	23
10:30 Preston Mennonite 24 Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA)	10:00 Bingo (CA) 25 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 2:00 Bible Study (3FL) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 26 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 2:00 Artist lead pencil drawing class (CCR1) 6:45 Rook (CCR3)	10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 1:30 Ice cream truck (outside Suites 2:00 Yoga (CA) 3:15 Bean Bag Baseball (CA) 6:30 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 28 9:45 Keep Fit (CA) 11:15 Out to lunch bunch 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Coffee Club (CDR) 7:00 Crokinole (CCR3)	Legend: B - Basement CA - Centre Auditorium CCR - Centre Craft Rooms 1,2,3 CDR - Centre Dining Room FIT - Fitness Room LIB - Library 3FL - 3rd Floor Lounge BDR - Boardroom by Reception
10:30 Preston Mennonite 31 Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA)						