

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA) Shavuot Begins	10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 2:00 Bible Study (3FL) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)	9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 2:00 Crafts (CCR1) 2:30 Wellness Warriors (3FL) 6:45 Rook (CCR3)	10:00 Forever Young Strength (CCR3) 11:00 Knitting for Orphans (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 3:15 Bean Bag Baseball Residents vs staff (CA) 7:00 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 10:45 Fun with St. Michaels school (Centre courtyard) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Caregivers Corner (3FL) 7:00 Crokinole (CCR3)	If you have any questions please contact: Jenn , Programs & Volunteers: Ext. 4601 Niamh , Spiritual Care: Ext. 4250 Theo & Matt , Pool: Ext. 4604 Sue & Matt , Fitness: Ext. 4605
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA)	10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 2:00 Bible Study (3FL) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)	9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 3:00 50+ Choir (CA) 6:45 Rook (CCR3)	10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 11:30 Out to lunch bunch 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Fairview Band & Ice cream (CA) 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	2:00 50+ Choir (CA) Happy Seniors Month! 
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA) 7:00 Hymn Sing with Eagle Street Fellowship HAPPY FATHER'S DAY	10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 1:00 Father's Day outing - Lyndon Public Fishing 2:00 Bible Study (3FL) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3) 7:00 Kiwanis Youth Choir (CA)	9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:00 June Jubilation (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 6:45 Rook (CCR3)	10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 11:30 Roman Catholic Communion (LTCA) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Annual General Meeting (PMH) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)	10:00 Beading craft for Indigenous Peoples Day (CCR1) 9:45 Keep Fit (CA) 10:00 Anglican Communion (3FL) 11:00 Chair Yoga (CA) 1:00 Bus Groceries & Dollarama 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:00 Film and popcorn- Indigenous Peoples Day (CA) 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Strawberry Social & Bell Choir (CA) 7:00 Crokinole (CCR3) Summer Begins	 National Indigenous Peoples Day
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Worship Service (CA)	10:00 Bingo (CA) 10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 2:00 Bible Study (3FL) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)	9:30 Kindred Credit Union 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 6:45 Rook (CCR3)	10:00 Forever Young Strength (CCR3) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 11:30 Out to lunch bunch 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 1:30 Petting Zoo (Outside Suites) 2:00 Healing garden opening event 7:00 Cribbage (CCR3)	10:00 Horseshoes (off FIT) 10:15 Chapel (CA) 11:15 Fairview Fit (CCR3) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Coffee Club for Healing of the 7 Generations 7:00 Crokinole (CCR3)	Legend : B - Basement CA - Centre Auditorium CCR - Centre Craft Rooms 1,2,3 CDR - Centre Dining Room FIT - Fitness Room LIB - Library 3FL - 3rd Floor Lounge BDR - Boardroom by Reception
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