

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

First Day of Ramadan 1

<p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)</p>	<p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:45 QiGong & French Chat (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)</p>	<p>9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Wellness Warriors (3FL) 2:30 Learn with Linda - Fitness Machine Education (PSA) 6:45 Rook (CCR3) Mardi gras</p>	<p>10:00 Bingo (CCR3) 10:30 Ash Wednesday (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 2:00 Guided Craft (CCR1) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)</p>	<p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:00 Bus: Groceries & Dollarama 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Learn with Linda - Fitness Machine Education (PSA) 7:00 Cribbage (CCR3)</p>	<p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Caregivers Corner (3FL) 3:00 Bible Study (3FL) 7:00 Crokinole (CCR3)</p>	<p>International Women's Day</p>
<p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA) Daylight Savings Time - Turn your clocks ahead one hour</p>	<p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:45 QiGong & French Chat (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)</p>	<p>9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 2:00 Memorial service (CA) 2:30 Learn with Linda - Fitness Machine Education (PSA) 6:45 Rook (CCR3)</p>	<p>10:00 Bingo (CCR3) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 1:30 Guided paint with kids from Lang's (CCR1 & CCR3) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)</p>	<p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 11:30 Out to Lunch Bunch 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Learn with Linda - Fitness Machine Education (PSA) 7:00 Cribbage (CCR3)</p>	<p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Fraud & Scams (CCR3) 3:00 Bible Study (3FL) 7:00 Crokinole (CCR3)</p>	<p>If you have any questions please contact: Jenn, Programs & Volunteers: Ext. 4601 Niamh, Spiritual Care: Ext. 4250 Theo, Pool: Ext. 4604 Linda & Matt, Fitness: Ext. 4605</p>
<p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA) 7:00 Hymn sing with Eagle St Christian Fellowship</p>	<p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 2:00 Musical Guest & St. Patrick's Day Social (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3) Happy St. Patrick's Day!</p>	<p>9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 2:00 Artist lead drawing class (CCR1) 2:30 Wellness Warriors (3FL) 2:30 Learn with Linda - Fitness Machine Education (PSA) 6:45 Rook (CCR3)</p>	<p>9:30 QiGong & French Chat (CA) 10:00 Forever Young Strength (CA) 10:00 Bingo (CCR3) 11:15 Fairview Fit (CA) 11:30 Roman Catholic Communion (LTCA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)</p>	<p>9:30 Yarn & Thread Club (CCR1) 9:45 keep Fit (CA) 10:00 Anglican Communion (3FL) 11:00 Chair Yoga (CA) 11:30 Bus: Out to lunch bunch 1:30 Courts Exercise (FC) 2:00 Crafts (CCR1) 2:30 Learn with Linda - Fitness Machine Education 7:00 Cribbage (CCR3) Spring Begins!</p>	<p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 Bus: Giant Tiger & shoppers 1:00 TRX (CA) 2:00 Yoga (CA) 3:00 Bible Study (3FL) 7:00 Crokinole (CCR3)</p>	<p>Eid Al-Fitr</p>
<p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)</p>	<p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 2:30 QiGong & French Chat (CCR3) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)</p>	<p>9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Learn with Linda - Fitness Machine Education (PSA) 6:45 Rook (CCR3)</p>	<p>10:00 Bingo (CCR3) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 5:00 Seniors Social Supper 7:00 Cards (CCR3)</p>	<p>9:30 Visiting Sandy the Cat (CCR3) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 2:00 Guided Craft (CCR1) 2:30 Fairview Band (CA) 2:30 Learn with Linda - Fitness Machine Education (PSA) 7:00 Cribbage (CCR3)</p>	<p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 3:00 Bible Study (3FL) 7:00 Crokinole (CCR3)</p>	<p>Eid Al-Fitr</p>
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