


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>9:30</b> Kindred Credit Union (LIB) <b>1</b> <b>9:45</b> Keep Fit (CA) <b>11:00</b> Chair Yoga (CA) <b>1:30</b> Courts Exercise (FC) <b>1:30</b> Crafts (CCR1) <b>2:30</b> Wellness Warriors (3FL) <b>2:30</b> Learn with Linda - Fitness Machine Education (PSA) <b>6:45</b> Rook (CCR3)  April Fool's Day	<b>10:00</b> Bingo (CCR3) <b>2</b> <b>11:15</b> Fairview Fit (CA) <b>1:00</b> TRX (CA) <b>2:00</b> Yoga (CA) <b>3:15</b> Bean Bag Baseball (CA) <b>7:00</b> Cards (CCR3)	<b>9:30</b> Yarn & Thread Club (CCR1) <b>3</b> <b>9:45</b> Keep Fit (CA) <b>11:00</b> Chair Yoga (CA) <b>1:00 Bus: Groceries &amp; Dollarama</b> <b>1:30</b> Courts Exercise (FC) <b>1:30</b> Crafts (CCR1) <b>2:30</b> Learn with Linda - Fitness Machine Education (PSA) <b>7:00</b> Cribbage (CCR3)	<b>9:00</b> Bowling (B) <b>4</b> <b>11:15</b> Fairview Fit (CA) <b>1:00</b> TRX (CA) <b>2:00</b> Yoga (CA) <b>7:00</b> Crokinole (CCR3)	<b>5</b> If you have any questions please contact: <b>Jenn, Programs &amp; Volunteers:</b> Ext. 4601 <b>Niamh, Spiritual Care:</b> Ext. 4250 <b>Theo, Pool:</b> Ext. 4604 <b>Linda &amp; Matt, Fitness:</b> Ext. 4605
	<b>10:30</b> Preston Mennonite Church Live Stream (BDR) <b>6</b> <b>10:30</b> Salvation Army Worship Service (CA)	<b>9:00</b> Bowling (B) <b>7</b> <b>10:00</b> Forever Young Strength (CA) <b>11:15</b> Fairview Fit (CA) <b>3:00</b> Rockway Choir (CA) <b>6:30</b> Golf Card Game (3FL) <b>7:00</b> Yahtzee (CCR3)	<b>9:45</b> Keep Fit (CA) <b>8</b> <b>11:00</b> Chair Yoga (CA) <b>1:30</b> Courts Exercise (FC) <b>2:00</b> Artist lead water colour class (CCR1) <b>2:30</b> Learn with Linda - Fitness Machine Education (PSA) <b>6:45</b> Rook (CCR3)	<b>10:00</b> Bingo (CCR3) <b>9</b> <b>10:00</b> Forever Young Strength (CA) <b>11:15</b> Fairview Fit (CA) <b>1:00</b> TRX (CA) <b>2:00</b> Yoga (CA) <b>3:15</b> Bean Bag Baseball (CA) <b>7:00</b> Cards (CCR3)	<b>9:30</b> Yarn & Thread Club (CCR1) <b>10</b> <b>9:45</b> Keep Fit (CA) <b>11:00</b> Chair Yoga (CA) <b>11:00 Bus: Out to Lunch Bunch</b> <b>1:30</b> Courts Exercise (FC) <b>1:30</b> Crafts (CCR1) <b>2:30</b> Learn with Linda - Fitness Machine Education (PSA)	<b>9:00</b> Bowling (B) <b>11</b> <b>11:15</b> Fairview Fit (CA) <b>1:00</b> TRX (CA) <b>2:00</b> Yoga (CA) <b>7:00</b> Crokinole (CCR3)
<b>10:30</b> Preston Mennonite Church Live Stream (BDR) <b>13</b> <b>10:30</b> Salvation Army Church Service (CA)  Palm Sunday	<b>9:00</b> Bowling (B) <b>14</b> <b>10:00</b> Forever Young Strength (CA) <b>11:15</b> Fairview Fit (CA) <b>2:00 Easter Holy week art project (CCR3)</b> <b>6:30</b> Golf Card Game (3FL) <b>7:00</b> Yahtzee (CCR3)	<b>9:30</b> Kindred Credit Union (LIB) <b>15</b> <b>9:45</b> Keep Fit (CA) <b>11:00</b> Chair Yoga (CA) <b>1:30</b> Courts Exercise (FC) <b>1:30</b> Crafts (CCR1) <b>2:00</b> Kevin Koates (CA) <b>2:30</b> Hearing Clinic (3FL) <b>2:30</b> Wellness Warriors (3FL) <b>2:30</b> Learn with Linda - Fitness Machine Education (PSA) <b>6:45</b> Rook (CCR3)	<b>All day "On the path to Easter" display (CCR Hallway) <b>6</b></b> <b>10:00</b> Forever Young Strength (CA) <b>10:00</b> Bingo (CCR3) <b>11:15</b> Fairview Fit (CA) <b>1:00</b> TRX (CA) <b>2:00</b> Yoga (CA) <b>3:15</b> Bean Bag Baseball (CA) <b>7:00</b> Cards (CCR3)	<b>9:30</b> Yarn & Thread Club (CCR1) <b>17</b> <b>9:45</b> keep Fit (CA) <b>10:00</b> Anglican Communion (3FL) <b>11:00</b> Chair Yoga (CA) <b>11:00 Bus: Out to lunch bunch</b> <b>1:30</b> Courts Exercise (FC) <b>2:00 Maundy Thursday Communion service &amp; foot washing (CA)</b> <b>2:00</b> Crafts (CCR1) <b>2:30</b> Learn with Linda - Fitness Machine Education <b>7:00</b> Cribbage (CCR3)	<b>10:30</b> Salvation Army Church service (CA) <b>18</b> <b>2:00</b> Fairview Good Friday Service (CA)  	<b>7:30</b> Easter Vigil - Hymns & readings (CA) <b>19</b>
<b>10:30</b> Preston Mennonite Church Live Stream (BDR) <b>20</b> <b>10:30</b> Salvation Army Church Service (CA) <b>2:00</b> Fairview Easter Sunday Church Service (CA)  	<b>21</b>  	<b>9:45</b> Keep Fit (CA) <b>22</b> <b>11:00</b> Chair Yoga (CA) <b>1:30</b> Courts Exercise (FC) <b>2:00</b> Earth Day! make a Chia Pet (CCR3) <b>2:30</b> Hearing Clinic (3FL) <b>6:45</b> Rook (CCR3) <b>7:00</b> Addison Choir (CA)  Happy Earth Day  	<b>10:00</b> Bingo (CCR3) <b>23</b> <b>10:00</b> Forever Young Strength (CA) <b>11:15</b> Fairview Fit (CA) <b>11:30</b> Roman Catholic Communion (LTCA) <b>1:00</b> TRX (CA) <b>2:00</b> Guided Paint class (CCR1) <b>2:00</b> Yoga (CA) <b>3:15</b> Bean Bag Baseball (CA) <b>7:00</b> Cards (CCR3)  Administrative Professionals Da	<b>9:30</b> Yarn & Thread club (CCR1) <b>24</b> <b>9:45</b> Keep Fit (CA) <b>11:00</b> Chair Yoga (CA) <b>1:00 Bus: Walmart</b> <b>1:30</b> Courts Exercise (FC) <b>7:00</b> Cribbage (CCR3)	<b>9:00</b> Bowling (B) <b>25</b> <b>10:15</b> Chapel (CA) <b>11:15</b> Fairview Fit (CA) <b>1:00</b> TRX (CA) <b>2:00</b> Yoga (CA) <b>2:00</b> Coffee Club (CDR) <b>3:00</b> Bible Study (3FL) <b>7:00</b> Crokinole (CCR3)  Arbor Day	<b>26</b>
<b>10:30</b> Preston Mennonite Church Live Stream (BDR) <b>27</b> <b>10:30</b> Salvation Army Church Service (CA) <b>7:00</b> Eagle Street Fellowship hymn sign (CA)	<b>9:00</b> Bowling (B) <b>28</b> <b>10:00</b> Forever Young Strength (CA) <b>11:15</b> Fairview Fit (CA) <b>6:30</b> Golf Card Game (3FL) <b>7:00</b> Yahtzee (CCR3)	<b>9:30</b> Kindred Credit Union (LIB) <b>29</b> <b>9:45</b> Keep Fit (CA) <b>11:00</b> Chair Yoga (CA) <b>1:30</b> Courts Exercise (FC) <b>1:30</b> Crafts (CCR1) <b>2:00</b> Volunteer Appreciation (CA) <b>6:45</b> Rook (CCR3)	<b>10:00</b> Bingo (CCR3) <b>30</b> <b>10:00</b> Forever Young Strength (CA) <b>11:15</b> Fairview Fit (CA) <b>1:00</b> TRX (CA) <b>2:00</b> Yoga (CA) <b>3:15</b> Bean Bag Baseball (CA) <b>7:00</b> Cards (CCR3)	