February 2025

Galt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BLACK HISTORY MONTH						**1** 2:00pm Valentine's Day Crafts - GAA
2 **Groundhog Day** 10:00am Groundhog Day Treats - GAA	**3** 11:00am Table Top Games - GAA 2:30pm QiGong Fitness Class - AUDI 3:15pm Bilingual (French and English) Coffee and Chats - AUDI 6:15pm Variety Time - BAA	**4** 9:45am Table Top Games - GAA 10:30am Scripture and Song - GAA 2:00pm Artful Enrichment - CCR3	**5** 10:15am Music Therapy - GAA 11:00am Music Therapy - Resi 2:00pm Valentine's Day Baking - CCR3 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	**6** 9:45am It Makes Sense (G) - Resi 11:00am Name That Love Song! - GAA 2:00pm Therapeutic Recreation Fun! - CCR3 6:15pm Variety Time - GAA	**7** 9:45am Friendly Visits (G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Tots and Tunes - CCR3 2:00pm Fun and Fitness - GAA 3:00pm Bible Study with Niamh - 3FL	**8** 10:00am Java Music Club - CCR3 3:00pm Crafting Valentine's Day Centrepieces - GAA
9 10:45am Beach Ball Bash - GAA 2:00pm Musical Memories - GAA **Tune into the Superbowl Game at 6:30pm**	**10** 1:45pm QiGong Fitness Class- AUD 2:30pm Bilingual (French and English) Coffee and Chats - AUDI 6:15pm Variety Time - BAA	**11** 10:30am Scripture and Song - GAA 11:30am Red Lobster Lunch Outing- Pre-register with Alexis - OUT 1:30pm Beauty Shop - Resi	**12** 11:00am Music Therapy - Resi 2:00pm Residents Council - CCR3 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	**13** 10:30am Crafting Valentine's Day Cards with St Michael's Students - AUDI 3:00pm Bingo (B & G) - GAA 5:00pm Couples Valentine's Day Supper- Pre-register with Alexis - AUDI 6:15pm Variety Time - GAA	**14** **Valentine's Day** 9:45am Friendly Visits (G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Tots and Tunes - CCR3 2:00pm Valentine's Day Social - AUDI 3:00pm Bible Study with Niamh - 3FL	**15** 2:00pm Charades - GAA
16 3:00pm Table Top Games - GAA	**17** **Family Day** 1:45pm QiGong Fitness Class- AUD 2:30pm Bilingual (French and English) Coffee and Chats - AUDI 6:15pm Variety Time - BAA	**18** 9:45am Coffee and Chats - Blair Dining Room 9:45am Coffee and Chats - Galt Dining Room 10:45am Fun & Fitness - Blair Dining Room 10:45am Fun & Fitness - Galt Dining Room 2:00pm Armchair Travel - Blair Dining Room 2:00pm Armchair Travel - Galt Dining Room	**19** 9:30am Music Therapy - Blair Dining Room 9:30am Music Therapy - Galt Dining Room 11:00am Music Therapy - Resi 11:00am Table Top Games - Blair Dining Room 11:00am Table Top Games - Galt Dining Room - GAA 11:30am Roman Catholic Communion - 3FL 2:00pm Bowling - Blair Dining Room - BAA 2:00pm Minute To Win It - Galt Dining Room - GAA	**20** 9:45am Horticulture Hands - GAA 9:45am It Makes Sense (B) - Resi 2:00pm Artful Chats - Galt Lounge 2:00pm Baby Bath Time - BAA 3:00pm Time to Think - BAA 6:15pm Variety Time - GAA	**21** 9:45am Friendly Visits (G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Tots and Tunes - CCR3 2:00pm Java Music Club (Get to Know You) - Blair Lounge 3:00pm Bible Study with Niamh - 3FL	**22** 9:45am Hymn Sing - BAA 11:00am Social Art - GAA 2:00pm Table Top Games - BAA 3:00pm Story Writing - GAA
23 9:45am Sunday Morning Hymn Sing - GAA 11:00am Story Writing - BAA 2:00pm Table Top Games - GAA 3:00pm Busy Hands - BAA	**24** 2:30pm QiGong Fitness Class - AUDI 3:15pm Bilingual (French and English) Coffee and Chats - AUDI 6:15pm Variety Time - BAA 6:15pm Variety Time - GAA	**25** 9:45am Beauty Shop (B & G) - Resi 10:30am Scripture and Song - GAA 2:00pm Horticulture Hands - BAA 2:00pm Java Music Club (Get to Know You) - Galt Lounge 6:15pm Variety Time - BAA 6:15pm Variety Time - GAA	**26** 9:15am Rockway School Play - Willy Wonka - Pre-register with Alexis - OUT 9:30am Music Therapy - BAA 10:15am Music Therapy - GAA 11:00am Music Therapy - Resi 2:00pm Social Art - BAA 3:00pm Fun and Fitness - GAA 3:00pm Fun and Fitness - BAA 6:15pm Variety Time - GAA	**27** 9:45am It Makes Sense (G) - Resi 9:45am Coffee and Chats - BAA 11:00am Time to Think - GAA 2:00pm Bingo - Blair Lounge 2:00pm Winter Crafts - GAA 5:00pm Y & R Dinner and Movie - CCR3	**28** 9:45am Friendly Visits (G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Tots and Tunes - CCR3 2:00pm Winter Crafts - BAA 3:00pm Bible Study with Niamh - 3FL	

AUDI - Centre Auditorium   BAA - Blair Activity Area   GAA - Galt Activity Area   OUT - Outings   Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.