

February 2025



Blair

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 11:00am Valentine's Crafts - BAA
2 Groundhog Day 3:00pm Groundhog Day Treats - BAA	3 9:45am It Makes Sense (B) - Resi 2:30pm QiGong Fitness Class - AUDI 3:15pm Bilingual (French and English) Coffee and Chats - AUDI 6:15pm Variety Time - BAA	4 10:30am Scripture and Song - GAA 11:00am Busy Hands - BAA 2:00pm Artful Enrichment - CCR3 2:00pm Friendly Visits (B) - Resi	5 9:30am Music Therapy - BAA 10:45am Fun and Fitness - BAA 11:00am Music Therapy - Resi 2:00pm Valentine's Day Baking - CCR3 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA	6 9:45am Beauty Shop (B) - Resi 9:45am It Makes Sense (G) - Resi 10:30am Scripture and Song - BAA 2:00pm Fun and Fitness - BAA 2:00pm Therapeutic Recreation Fun! - CCR3	7 9:45am Friendly Visits (G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Tots and Tunes - CCR3 3:00pm Name That Love Song! - BAA 3:00pm Bible Study with Niamh - 3FL	8 10:00am Java Music Club - CCR3 3:00pm Crafting Valentine's Centrepeices - BAA
9 9:45am It Makes Sense - Resi 2:00pm Musical Memories - BSR Tune into the Superbowl Game at 6:30pm	10 1:45pm QiGong Fitness Class- AUD 2:30pm Bilingual (French and English) Coffee and Chats - AUDI 6:15pm Variety Time - BAA	11 9:45am Hymn Sing - BAA 10:30am Scripture and Song - GAA 11:30am Red Lobster Lunch Outing- Pre-register with Alexis - OUT 1:30pm Beauty Shop - Resi	12 11:00am Music Therapy - Resi 2:00pm Fun and Fitness - BAA 2:00pm Residents Council - CCR3 3:00pm Fun and Fitness - GAA 6:15pm Variety Time - GAA 6:15pm Variety Time - BAA	13 10:30am Scripture and Song - BAA 10:30am Crafting Valentine's Day Cards with St Michael's Students - AUDI 2:00pm It Makes Sense (B) - Resi 3:00pm Bingo (B & G) - GAA 5:00pm Couples Valentine's Day Supper- Pre-register with Alexis - AUDI	14 Valentine's Day 9:45am Friendly Visits (G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Tots and Tunes - CCR3 2:00pm Valentine's Day Social - AUDI 3:00pm Bible Study with Niamh - 3FL	15 9:45am Horticulture Hands - BAA
16 9:45am Sunday Morning Hymn Sing - BAA	17 Family Day 9:45am It Makes Sense (B) - Resi 1:45pm QiGong Fitness Class- AUD 2:30pm Bilingual (French and English) Coffee and Chats - AUDI 6:15pm Variety Time - BAA	18 9:45am Coffee and Chats - Blair Dining Room 9:45am Coffee and Chats - Galt Dining Room 10:45am Fun & Fitness - Blair Dining Room 10:45am Fun & Fitness - Galt Dining Room 2:00pm Armchair Travel - Blair Dining Room 2:00pm Armchair Travel - Galt Dining Room	19 9:30am Music Therapy - Blair Dining Room 9:30am Music Therapy - Galt Dining Room 11:00am Music Therapy - Resi 11:00am Table Top Games - Blair Dining Room 11:00am Table Top Games - Galt Dining Room - GAA 11:30am Roman Catholic Communion - 3FL 2:00pm Bowling - Blair Dining Room - BAA 2:00pm Minute To Win It - Galt Dining Room - GAA	20 9:45am Horticulture Hands - GAA 9:45am It Makes Sense (B) - Resi 10:30am Scripture and Song - BAA 2:00pm Artful Chats - Galt Lounge 2:00pm Baby Bath Time - BAA 3:00pm Time to Think - BAA	21 9:45am Friendly Visits (G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Tots and Tunes - CCR3 2:00pm Java Music Club (Get to Know You) - Blair Lounge 3:00pm Bible Study with Niamh - 3FL	22 9:45am Hymn Sing - BAA 11:00am Social Art - GAA 2:00pm Table Top Games - BAA 3:00pm Story Writing - GAA
23 9:45am Sunday Morning Hymn Sing - GAA 11:00am Story Writing - BAA 2:00pm Table Top Games - GAA 3:00pm Busy Hands - BAA	24 2:30pm QiGong Fitness Class - AUDI 3:15pm Bilingual (French and English) Coffee and Chats - AUDI 6:15pm Variety Time - BAA 6:15pm Variety Time - GAA	25 9:45am Beauty Shop (B & G) - Resi 10:30am Scripture and Song - GAA 2:00pm Horticulture Hands - BAA 2:00pm Java Music Club (Get to Know You) - Galt Lounge 6:15pm Variety Time - BAA	26 9:15am Rockway School Play - Willy Wonka - Pre-register with Alexis - OUT 9:30am Music Therapy - BAA 10:15am Music Therapy - GAA 11:00am Music Therapy - Resi 2:00pm Social Art - BAA 3:00pm Fun and Fitness - GAA 3:00pm Fun and Fitness - BAA 6:15pm Variety Time - GAA	27 9:45am It Makes Sense (G) - Resi 9:45am Coffee and Chats - BAA 10:30am Scripture and Song - BAA 11:00am Friendly Visits - Resi 2:00pm Bingo - Blair Lounge 2:00pm Winter Crafts - GAA 5:00pm Y & R Dinner and Movie - CCR3	28 9:45am Friendly Visits (G) - Resi 10:15am Friday Morning Chapel with Niamh - AUDI 10:30am Tots and Tunes - CCR3 2:00pm Winter Crafts - BAA 3:00pm Bible Study with Niamh - 3FL	

AUDI - Centre Auditorium
 Resi - Resident Room for 1-1 scoring

BAA - Blair Activity Area

BSR - Blair Sitting Room

GAA - Galt Activity Area

OUT - Outings

Check Program Boards daily for the most up to date information.