

Sunday

Monday

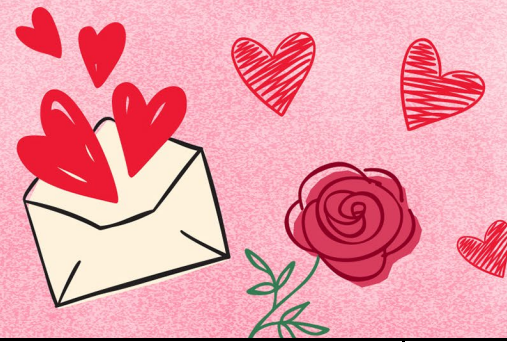
Tuesday

Wednesday

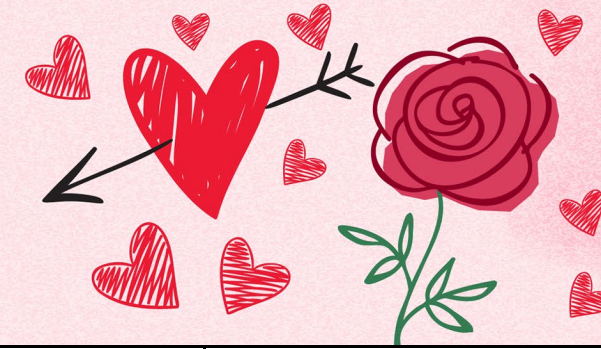
Thursday

Friday

Saturday



February 2025



LEGEND

B - Basement
 BDR – Boardroom by Reception
 CA – Centre Auditorium
 CCR – Centre Craft Room 1,2,3
 FIT – Fitness Room
 LIB – Library
 LTC Act Room – Long Term Care Activity Room
 SL – Suites Lobby
 3FL – 3rd Floor Lounge

Apartments * Villas * Courts * PSA * SALC

<p>2</p> <p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA) 3:00 New Heights Quartet (CA)</p> <p>Groundhog Day</p>	<p>3</p> <p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 2:30 QiGong & French Chat (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)</p>	<p>4</p> <p>9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Wellness Warriors (CCR3) 2:45 PSA Exercise (PSA) 6:15 Rook (CCR3)</p>	<p>5</p> <p>10:00 Bingo (CCR3) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 2:00 Guided Craft (CCR1) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)</p> <p>Tu B'Shevat Begins</p>	<p>6</p> <p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit 11:00 Chair Yoga (CA) 1:00 Bus: Groceries & Dollarama 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR3)</p>	<p>7</p> <p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Artificial Intelligence Webinar (CCR3) 2:00 Caregivers Corner (3FL) 3:00 Bible Study (3FL) 7:00 Crokinole (CCR3)</p>	<p>8</p>
<p>9</p> <p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)</p>	<p>10</p> <p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:45 QiGong & French Chat (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)</p>	<p>11</p> <p>9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 2:00 Guided Crafts (CCR1) 2:45 PSA Exercise (PSA) 5:00 Seniors Social Supper 6:15 Rook (CCR3)</p>	<p>12</p> <p>10:00 Bingo (CCR3) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)</p> <p>Tu B'Shevat Begins</p>	<p>13</p> <p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CCR3) 10:30 St. Michael's Students: Decorate Valentine's Together (CA) 11:00 Chair Yoga (CCR3) 1:00 Bus: Giant Tiger & Shoppers 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR3) Couples Valentine's Day Dinner</p>	<p>14</p> <p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CCR3) 1:30 Grieving and Loving Support Group (CCR3) 2:00 Yoga (CCR3) 2:00 Musical Love Songs Trivia (CA) 3:00 Bible Study (3FL) 7:00 Crokinole (CCR3)</p> <p>Valentine's Day</p>	<p>15</p> <p>If you have any questions please contact: Amy, Programs & Volunteers: Ext. 4602 Niamh, Spiritual Care: Ext. 4250 Jenn, Pool: Ext. 4604 Linda & Matt, Fitness: Ext. 4605</p>
<p>16</p> <p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA) 7:00 Hymn Sing with Eagle Street Fellowship (CA)</p>	<p>17</p> <p>9:00 Bowling (B) 1:15 QiGong & French Chat (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)</p> <p>Presidents' Day (U.S.)</p>	<p>18</p> <p>9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 2:30 Wellness Warriors (CCR3) 2:45 PSA Exercise (PSA) 6:15 Rook (CCR3)</p>	<p>19</p> <p>11:15 Fairview Fit (CA) 11:30 Roman Catholic Communion (LTCA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)</p>	<p>20</p> <p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit 10:00 Anglican Communion (3FL) 11:00 Chair Yoga (CA) 11:30 Bus: Out to Lunch Bunch 1:30 Courts Exercise (FC) 2:00 Probus Club Information Session (CCR3) 2:30 Fairview Band (CA) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR3)</p>	<p>21</p> <p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 3:00 Bible Study (3FL) 7:00 Crokinole (CCR3)</p>	<p>22</p>
<p>23</p> <p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)</p>	<p>24</p> <p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 2:30 QiGong & French Chat (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)</p>	<p>25</p> <p>9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:45 PSA Exercise (PSA) 6:15 Rook (CCR3)</p>	<p>26</p> <p>10:00 Bingo (CCR3) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 2:00 Guided Craft (CCR1) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)</p>	<p>27</p> <p>9:30 Visiting Sandy the Cat (CCR3) 9:45 Keep Fit 11:00 Chair Yoga (CA) 11:30 Bus: Out to Lunch Bunch 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR3)</p>	<p>28</p> <p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 3:00 Bible Study (3FL) 7:00 Crokinole (CCR3)</p> <p>Ramadan Begins</p>	