



## LIVE YOUR BEST LIFE

### Seniors Active Living Centre

Welcome to Fairview's Seniors Active Living Centre, where you can pursue your passion or discover a new one.

Our vibrant community thrives on our exceptional range of services and amenities. Whether you're looking for recreation or fitness, social connection or entertainment, at Fairview's Seniors Active Living Centre there is something for everyone.

Designed to enrich and enhance the lives of adults aged 55+, the Centre offers recreational and therapeutic activities including Fairview's warm water therapy pool, fitness and recreation centre, arts and crafts programs, education sessions, special events, a large auditorium, technology programs and more.

Residents can also access supports from our many partners including the City of Cambridge, Cambridge Community Living, Alzheimer's Society, local physiotherapists and more, right on Campus.











## GET BUSY

**There's so much to do here, you'll forget you're retired.**

On the Fairview campus you will find a general store, café, library, hair salon, billiards, bowling alley and shuffleboard. If you like to socialize, join the book club, do some woodworking, play billiards or sing in the choir.

Fairview is pleased to offer transportation and special outings with our own fully accessible bus. The bus offers service to local shopping (groceries, mall, etc.) and special excursions such as tours of the Christmas lights and dining and social engagements. For those who prefer to get around independently, there is a city bus stop located at the Langs Drive entrance.

For craft enthusiasts, our busy craft room has it all. You might help raise funds by adding your creations to the various craft sales held throughout the year.

There are many ways to participate. Try gardening, music or pet therapy. Or perhaps you thrive on volunteering; there are plenty of opportunities – pool assistant, library and fitness room support, café staff, companionship and friendly visiting... to name a few. Training and staff support are available for all of our volunteers!





## ENJOY LIFE

Fairview residents and adults 55+ from the surrounding community can choose from several membership options, from an annual all-inclusive to a 10-session pass. We know you'll find a plan that suits you.

An Annual All-Inclusive Membership includes:

- Unlimited use of the programs and services
- Orientation of the facility
- Reduced rate on meals
- Plenty of FREE parking

Membership options:

- Annual All-Inclusive Membership  
(for Individuals or Couples – *best value*)
- 6-month Membership
- 10-session Punch Pass
- Monthly payment option
- Memberships are valid for one year from date of purchase



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