December 2024



Preston

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 3:00pm Christmas Music Trivia - PAA	2 10:45am Christmas Crafts - PAA 1:45pm QiGong Fitness Class - AUDI 2:30pm French and English Chats and Coffee - AUDI	2:00pm Christmas Baking - ACRM2:00pm Christmas Choir Practice - 3FL5:00pm Preston High School	4 2:00pm Artful Enrichment - ACRM 6:15pm Variety Time - PAA	5 10:00am Java Music Club - ACRM 10:45am Fun and Fitness (H & P) - PAA 2:00pm Bible Study with Niamh - 3FL	6 9:45am Friendly Visits - Resi 10:15am Music Therapy - PAA 11:00am Music Therapy - Resi	7 11:00am Christmas Sing A Long - PAA 3:00pm Gingerbread Decorating - PAA
8 9:45am Beauty Shop (P) - Resi	9 2:00pm Bingo - ACRM 7:00pm Hespeler Baptist Church Choir -	Community Holiday Dinner - Pre-register with Alexis - OUT 10 9:45am It Makes Sense (P) - Resi 10:45am Fun and Fitness (H & P)	11 2:00pm What's in My Bag? Christmas Edition - PAA	12 10:30am Crafting with St. Michaels Students - AUDI	13 10:45am Fun and Fitness (H & P) - PAA	14 10:30am Preston Library Group - AUDI 2:00pm Christmas Baking - ACRM
	AUDI	1:30pm Scripture and Song - PAA 2:00pm Christmas Choir Practice - 3FL 2:00pm Preston and Hespeler Christmas Party - AUDI 6:15pm Bingeman's Gift of Lights-Preregister with Alexis - OUT	2:00pm Residents Council - ACRM 6:15pm Fun and Fitness (H & P) - HAA	2:00pm Bible Study with Niamh - 3FL 2:30pm Fairview Band - AUDI	11:00am Music Therapy - Resi	
15	16	17	18	19	20	21
11:00am Making Christmas Cards - PAA	1:45pm QiGong Fitness Class - AUDI 2:30pm French and English Chats and Coffee - AUDI 6:15pm Variety Time - PAA	9:45am It Makes Sense (P) - Resi 10:45am Fun and Fitness (H & P) 1:30pm Scripture and Song - PAA 2:00pm Christmas Choir Practice - 3FL 2:00pm Christmas Virtual Concert - ACRM 6:15pm Bingeman's Gift of Lights-Pre- register with Alexis - OUT	ACRM 2:00pm Nativity Play - AUDI	2:00pm Fun and Fitness (H & P) - PAA 2:00pm Bible Study with Niamh - 3FL 3:30pm Ukulele Ensamble - AUDI	10:15am Music Therapy - PAA 11:00am Music Therapy - Resi 2:00pm December Church Service - ACRM 4:00pm Travelling Christmas Band - PAA	10:00am Java Music Club - ACRM 3:00pm Time to Think - PAA
22	23	24	25	26	27	28
2:00pm Christmas Sing A Long - PAA	Christmas Stations Display (All Day) - CCR3 1:30pm Beauty Shop - ACRM	Christmas Eve Visits from Santa's Elves 1:30pm Scripture and Song - PAA 2:00pm Christmas Movie - PSR	Christmas Day 2:00pm Christmas Trivia and Hot Chocolate - PAA	Boxing Day 10:00am Singing Telegrams: Holiday Edition - PAA	9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Bingo - ACRM	9:45am Friendly Visits (H & P) - Resi 11:00am Fun and Fitness (H & P) - HAA
29	30	31				
11:00am New Years Craft - PAA 2:00pm Java Music Club - ACRM	2:00pm What's New in 2025? - PAA	New Year's Eve 9:45am It Makes Sense (P) - Resi 10:45am Fun and Fitness (H & P) 1:30pm Scripture and Song - PAA 2:00pm New Years Eve Party - ACRM 6:15pm Variety Time - PAA				
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ACRM - Activity Room

PSR - Preston Sitting Room

AUDI - Centre Auditorium

HAA - Hespeler Activity Area

OUT - Outings

PAA - Preston Activity Area

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.