

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)	9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:30 Gingerbread Decorating (CCR3) 1:45 QiGong (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3) Gingerbread Decorating Contest Starts	9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:00 Christmas Choir Rehearsal (3FL) 2:30 Wellness Warriors (CCR3) 2:45 PSA Exercise (PSA) 5:00 Preston High School Dinner 6:45 Rook (CCR3)	10:00 Bingo (3FL) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 5:00 Fairview Christmas Dinner and Show	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit 11:00 Chair Yoga (CA) 1:00 Bus: Groceries & Dollarama 1:30 Courts Exercise (FC) 2:00 Bible Study (3FL) 2:00 Guided Crafts (CCR3) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR3) Gingerbread Judging Today	9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Caregivers Corner (3FL) 7:00 Crokinole (CCR3)	LEGEND B - Basement BDR – Boardroom by Reception CA – Centre Auditorium CCR – Centre Craft Room 1,2,3 FIT – Fitness Room LIB – Library LTC Act Room – Long Term Care Activity Room SL – Suites Lobby 3FL – 3rd Floor Lounge
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)	9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 2:00 Christmas Flower Arrangement Class (CCR1) 6:30 Golf Card Game (3FL) 5:00 Seniors Social Supper & Choir 7:00 Yahtzee (CCR3) 7:00 Hespeler Baptist Choir (CA)	9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:00 Christmas Choir Rehearsal (3FL) 2:00 Movie: White Christmas (CCR3) 2:45 PSA Exercise (PSA) 6:45 Rook (CCR3)	10:00 Bingo (3FL) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit 11:00 Chair Yoga (CA) 1:00 Bus: Giant Tiger & Shoppers on King 1:30 Courts Exercise (FC) 2:00 Bible Study (3FL) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR3)	9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA) 7:00 Eagle Street Fellowship Hymn Sing Worship Service (CA)	9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:45 QiGong (CA) 2:00 Guided Crafts (CCR1) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)	9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:00 Christmas Choir Rehearsal (3FL) 2:30 Wellness Warriors (CCR3) 2:45 PSA Exercise (PSA) 3:00 Nativity Play Rehearsal (CA) 6:45 Rook (CCR3)	10:00 Bingo (3FL) 11:15 Fairview Fit (CA) 11:45 Roman Catholic Communion (3FL) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR3)	9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit 10:00 Anglican Communion (3FL) 11:00 Chair Yoga (CA) 11:30 Bus: Out to Lunch Bunch 1:30 Courts Exercise (FC) 2:00 Bible Study (3FL) 2:45 PSA Exercise (PSA) 3:30 Cambridge Ukulele Ensemble (CA) 7:00 Cribbage (CCR3)	9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR3)	
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)	9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 2:00 Guided Crafts (CCR1) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3) All Day - Christmas Stations (CCR3)	1:30 Crafts (CCR1) 2:00 Christmas Eve Church (CA) 6:00 Salvation Army Church (CA) 6:45 Rook (CCR3)	No Programs 	No Programs  HAPPY KWANZAA	No Programs 7:00 Crokinole (CCR3)	If you have any questions please contact: Lena , Programs & Volunteers: Ext. 4601 Niamh , Spiritual Care: Ext. 4250 Jenn , Pool: Ext. 4604 Linda & Matt , Fitness: Ext. 4605 Charge Nurse (after hours only): Ext. 4471
10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)	9:00 Bowling (B) 10:00 Virtual Tour: Art of Ancient Rome (CA) 6:30 Golf Card Game (3FL) 7:00 Yahtzee (CCR3)	10:00 Bingo (CCR3) 1:30 Crafts (CCR1) 6:45 Rook (CCR3)				


DECEMBER 2024
 Apartments * Villas * Courts * PSA * SALC