

# November 2024



## Preston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Movie and Popcorn - PSR	<b>2</b> 9:45am Hymn Sing - PAA
<b>3</b> 3:00pm Poppy Craft - PAA	<b>4</b> 1:45pm QiGong Fitness Class - AUDI 2:30pm Coffee and Chats (bilingual French and English) - AUDI 6:15pm Variety Time - PAA	<b>5</b> 9:45am It Makes Sense (P) - Resi 10:45am Fun and Fitness (H & P) - HAA 1:30pm Scripture and Song - PAA 2:00pm Aviation Presentation - AUDI 6:15pm Variety Time - PAA	<b>6</b> 1:30pm Beauty Shop - Resi	<b>7</b> 10:00am Making Handicraft Sale Treats - CCR3 2:00pm Bible Study with Niamh - 3FL 2:30pm Handicraft Sale Prep - PAA	<b>8</b> 9:45am Friendly Visits - Resi 10:15am Music Therapy - PAA 11:00am Music Therapy - Resi 11:30am Boston Pizza Lunch Outing- Pre-register with Alexis - OUT 3:00pm Fun and Fitness (H & P) - PAA	<b>9</b> 3:00pm Social Art - PAA
<b>10</b> 9:45am Letters to the Troops - PAA	<b>11</b> <b>Remembrance Day</b> 10:45am Remembrance Day Ceremony - AUDI 2:00pm Making Handicraft Sale Treats - CCR3	<b>12</b> 2:00pm Java Music Club (H & P) - PSR 6:15pm Fun and Fitness (H & P) - HAA	<b>13</b> 2:00pm Residents Council - CCR3 3:00pm Family Feud - PAA	<b>14</b> 9:45am Musical Memories - PAA 10:45am Fun and Fitness (H & P) - PAA 2:00pm Bingo - ACRM 2:00pm Bible Study with Niamh - 3FL	<b>15</b> 9:45am Friendly Visits - Resi 11:00am Time to Think - PAA 11:00am Music Therapy - Resi 1:30pm Handicraft Sale LTC Sneak Peek - AUDI	<b>16</b> <b>Fairview's Handicraft Sale</b> 11:00am Fun and Fitness - PAA 2:00pm Artful Chats - ACRM
<b>17</b> 9:45am Sunday Morning Hymn Sing - PAA 2:00pm Drum Jam - ACRM	<b>18</b> 1:45pm QiGong Fitness Class - AUDI 2:30pm Coffee and Chats (bilingual French and English) - AUDI	<b>19</b> 9:45am Horticulture Hands - PAA 10:45am Fun and Fitness (H & P) - HAA 1:30pm Scripture and Song - PAA 2:00pm Birthday Party (October and November Birthdays) - 2nd	<b>20</b> 11:15am Roman Catholic Communion - ACRM 1:30pm Beauty Shop - ACRM	<b>21</b> 10:30am St. Michael's Students Visit - AUDI 10:45am Fun and Fitness (H & P) - PAA 2:00pm Artful Enrichment - ACRM 2:00pm Bible Study with Niamh - 3FL	<b>22</b> <b>Christmas Decorating Day</b> 9:45am Friendly Visits - Resi 10:15am Music Therapy - PAA 11:00am Music Therapy - Resi	<b>23</b> 11:00am Comedy Club - PAA
<b>24</b> 2:00pm Crafts - PAA	<b>25</b> 2:00pm Musical Guest- Martin Wall - AUDI	<b>26</b> 9:45am It Makes Sense (P) - Resi 10:45am Fun and Fitness (H & P) - HAA 1:15pm Butterfly Conservatory Outing- Pre-register with Alexis - OUT 1:30pm Scripture and Song - PAA 7:00pm Addison Women's Choir - AUDI	<b>27</b> 2:00pm Bingo - ACRM 2:00pm Friendly Visits (P) - Resi 5:00pm Y & R Dinner and Movie - ACRM	<b>28</b> 10:45am Fun and Fitness (H & P) - PAA 2:00pm Bible Study with Niamh - 3FL 2:00pm Jeopardy! - ACRM	<b>29</b> 9:45am Christmas Centerpieces - PAA 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	<b>30</b> 2:00pm Police Chorus - AUDI

2nd - 2nd Floor Dining Room  
PAA - Preston Activity Area

ACRM - Activity Room  
PSR - Preston Sitting Room

AUDI - Centre Auditorium  
Resi - Resident Room for 1-1 scoring

HAA - Hespeler Activity Area

OUT - Outings

Check Program Boards daily for the most up to date information.