

November 2024



Hespeler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Movie and Popcorn - HSR	2 11:00am Current Events - HAA
3 2:00pm Poppy Craft - HAA	4 1:45pm QiGong Fitness Class - AUDI 2:30pm Coffee and Chats (bilingual French and English) - AUDI	5 10:45am Fun and Fitness (H & P) - HAA 2:00pm Aviation Presentation - AUDI	6 9:45am It Makes Sense (H) - Resi 1:30pm Beauty Shop - Resi 6:15pm Variety Time - HAA	7 10:00am Making Handicraft Sale Treats - CCR3 2:00pm Bible Study with Niamh - 3FL 2:30pm Handicraft Sale Prep - HAA	8 9:30am Music Therapy - HAA 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 11:30am Boston Pizza Lunch Outing- Pre-register with Alexis - OUT 3:00pm Fun and Fitness (H & P) - PAA	9 9:45am Letters to the Troops - HAA
10 2:00pm Fun and Fitness - HAA	11 Remembrance Day 10:45am Remembrance Day Ceremony - AUDI 2:00pm Making Handicraft Sale Treats - CCR3	12 2:00pm Java Music Club (H & P) - PSR 6:15pm Fun and Fitness (H & P) - HAA	13 9:45am It Makes Sense (H) - Resi 2:00pm Residents Council - CCR3 3:00pm Table Top Games - HAA	14 10:45am Fun and Fitness (H & P) - PAA 2:00pm Bingo - ACRM 2:00pm Bible Study with Niamh - 3FL 3:00pm Social Art - HAA	15 9:45am Friendly Visits - Resi 9:45am Musical Memories - HAA 11:00am Music Therapy - Resi 1:30pm Handicraft Sale LTC Sneak Peek - AUDI	16 Fairview's Handicraft Sale 11:00am Social Art - HAA 2:00pm Artful Chats - ACRM
17 9:45am Tea and Ted Talks - HAA 2:00pm Drum Jam - ACRM	18 10:30am Scripture and Song - HAA 1:45pm QiGong Fitness Class - AUDI 2:30pm Coffee and Chats (bilingual French and English) - AUDI	19 10:45am Fun and Fitness (H & P) - HAA 2:00pm Birthday Party (October and November Birthdays) - 2nd	20 9:45am It Makes Sense (H) - Resi 11:15am Roman Catholic Communion - ACRM 1:30pm Beauty Shop - ACRM	21 9:45am Coffee and Chats - HAA 10:30am St. Michael's Students Visit - AUDI 10:45am Fun and Fitness (H & P) - PAA 2:00pm Artful Enrichment - ACRM 2:00pm Bible Study with Niamh - 3FL	22 Christmas Decorating Day 9:30am Music Therapy - HAA 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi	23 3:00pm Comedy Club - HAA
24 9:45am Story Writing - HAA	25 10:30am Scripture and Song - HAA 2:00pm Musical Guest- Martin Wall - AUDI	26 10:45am Fun and Fitness (H & P) - HAA 1:15pm Butterfly Conservatory Outing- Pre-register with Alexis - OUT 7:00pm Addison Women's Choir - AUDI	27 9:45am Horticulture Hands - HAA 2:00pm Bingo - ACRM 5:00pm Y & R Dinner and Movie - ACRM	28 10:45am Fun and Fitness (H & P) - PAA 11:00am Friendly Visits (H) - Resi 2:00pm Bible Study with Niamh - 3FL 2:00pm Jeopardy! - ACRM	29 9:45am Friendly Visits - Resi 11:00am Christmas Centrepieces - HAA 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	30 2:00pm Police Chorus - AUDI

2nd - 2nd Floor Dining Room

ACRM - Activity Room

AUDI - Centre Auditorium

HAA - Hespeler Activity Area

HSR - Hespeler Sitting Room

OUT - Outings

PAA - Preston Activity Area

PSR - Preston Sitting Room

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.