

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

Apartments * Villas * Courts * PSA * SALC

		<p>9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Crafts (CCR1) 2:30 Wellness Warriors (3FL) 6:45 Rook (CCR1)</p>	<p>9:45 Good News & Chat (SL) 10:00 Bingo (3FL) 10:30 Bible Study (LTC Act Rm) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 1:30 Bus: Centre for the Arts 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR1)</p> <p>Rosh Hashanah Begins</p>	<p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:00 Bus: Groceries 1:30 Crafts (CCR1) 2:00 Guided Crafts (CCR1) 7:00 Cribbage (CCR1)</p>	<p>9:00 Bowling (B) 10:15 Communion Service (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR1)</p> <p>WALK FOR KINDNESS STARTS TODAY 9am</p>	
<p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)</p>	<p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 2:30 Truth & Reconciliation Presentation: Crow Shield Lodge (CA) Wear Your Orange Shirt 6:30 Golf Card Game (CCR1) 7:00 Yahtzee (CCR1)</p>	<p>9:45 Keep Fit (CA) 10:00 All Day Craft Day (CCR1) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:45 PSA Exercise (PSA) 6:45 Rook (CCR1)</p>	<p>9:45 Good News & Chat (SL) 10:00 Bingo (3FL) 10:30 Bible Study (LTC Act Rm) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR1)</p>	<p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Fairview Band (CA) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR1)</p>	<p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 2:00 Guided Crafts with Kids (CCR1) 3:00 Bowling with Kids (B) 7:00 Crokinole (CCR1)</p> <p>Yom Kippur Begins</p>	<p>LEGEND</p> <p>B - Basement BDR – Boardroom by Reception CA – Centre Auditorium CCR – Centre Craft Room 1,2,3 FIT – Fitness Room LIB – Library LTC Act Room – Long Term Care Activity Room SL – Suites Lobby 3FL – 3rd Floor Lounge</p>
<p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)</p>	<p>No Programs – Holiday</p>  <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Wellness Warriors (3FL) 2:45 PSA Exercise (PSA) 6:45 Rook (CCR1)</p>	<p>9:45 Good News & Chat (SL) 10:00 Bingo (3FL) 10:30 Bible Study (LTC Act Rm) 11:15 Fairview Fit (CA) 11:45 Roman Catholic Communion (3FL) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR1)</p> <p>Sukkot Begins</p>	<p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 10:00 Anglican Communion (3FL) 11:00 Chair Yoga (CA) 1:00 Bus: Giant Tiger 1:30 Crafts (CCR1) 1:30 Courts Exercise (FC) 2:00 Guided Crafts (CCR1) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR1)</p>	<p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR1)</p>	<p>If you have any questions please contact:</p> <p>Lena, Programs & Volunteers: Ext. 4601 Niamh, Spiritual Care: Ext. 4250 Jenn, Pool: Ext. 4604 Linda & Matt, Fitness: Ext. 4605 Charge Nurse(after hours only): Ext. 4471</p>
<p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA) 7:00 Hymn Sing with Eagle Street Fellowship (CA)</p>	<p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 1:45 QiGong (CA) 6:30 Golf Card Game (CCR1) 7:00 Yahtzee (CCR1)</p>	<p>9:45 Keep Fit (CA) 10:00 All Day Craft Day (CCR1) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:45 PSA Exercise (PSA) 6:45 Rook (CCR1)</p>	<p>9:45 Good News & Chat (SL) 10:00 Bingo (3FL) 10:30 Bible Study (LTC Act Rm) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 2:00 Guided Craft (CCR1) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR1)</p>	<p>9:30 Yarn & Thread Club (CCR1) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:00 Bus: Out to Lunch Bunch 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:45 PSA Exercise (PSA) 7:00 Cribbage (CCR1)</p> <p>Pick up of pumpkins in the fitness room starts today for Pumpkin Carving Contest</p> <p>Simchat Torah Begins</p>	<p>9:00 Bowling (B) 10:15 Chapel (CA) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Yoga (CA) 7:00 Crokinole (CCR1)</p>	
<p>10:30 Preston Mennonite Church Live Stream (BDR) 10:30 Salvation Army Church Service (CA)</p>	<p>9:00 Bowling (B) 10:00 Forever Young Strength (CA) 11:15 Fairview Fit (CA) 6:30 Golf Card Game (CCR1) 7:00 Yahtzee (CCR1)</p>	<p>9:30 Kindred Credit Union (LIB) 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:30 Courts Exercise (FC) 1:30 Crafts (CCR1) 2:30 Wellness Warriors (3FL) 2:45 PSA Exercise (PSA) 6:45 Rook (CCR1)</p> <p>Drop off your pumpkins today for the Pumpkin Carving Contest</p>	<p>9:45 Good News & Chat (SL) 10:00 Bingo (3FL) 10:30 Bible Study (LTC Act Rm) 11:15 Fairview Fit (CA) 1:00 TRX (CA) 2:00 Drum Jam (CA) 3:15 Bean Bag Baseball (CA) 7:00 Cards (CCR1)</p> <p>Resident Pumpkin Carving Contest Judging Today</p>	<p>9:30 St. Michael's Halloween 9:45 Keep Fit (CA) 11:00 Chair Yoga (CA) 1:00 Bus: Out to Lunch Bunch 1:30 Courts Exercise (FC) & Crafts (CCR1) 2:45 PSA Exercise (PSA) 2:45 Costume and staff pumpkin judging (CA) 7:00 Cribbage (CCR1)</p> <p>Halloween</p>		