

October 2024



Preston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:45am Fun and Fitness (H & P) - HAA 1:30pm Beauty Shop - Resi 1:30pm Scripture and Song - PAA 6:15pm Variety Time - PAA	2 9:45am It Makes Sense (P) - Resi 10:30am Bible Study with Niamh - ACRM 2:00pm Bake Sale! - ACRM	3 10:45am Fun and Fitness (H & P) - PAA 2:00pm Bingo - ACRM	4 Walk the Kindness Way Day 1 9:00am Walk the Kindness Way Send Off- Main Entrance 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	5 Walk the Kindness Way Day 2 2:45pm Believable or Batty? - PAA
6 2:00pm Musical Memories - PAA	7 2:30pm Crow Shield Lodge Presentation - AUDI	8 9:45am Horticulture Hands (P) - PAA 10:45am Fun and Fitness (H & P) - HAA 1:15pm Country Drive - Pre-register with Alexis - OUT 1:30pm Scripture and Song - PAA 6:15pm Variety Time - PAA	9 10:30am Bible Study with Niamh - ACRM 12pm BSO/SW/Programs meeting 2:00pm Artful Enrichment - ACRM	10 10:00am Church Service - ACRM 10:45am Fun and Fitness (H & P) - PAA 2:30pm Fairview Band - AUDI 6:15pm Variety Time - PAA	11 9:45am Friendly Visits - Resi 9:45am Art Gallery - ACRM 10:15am Music Therapy - PAA 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	12 Art Gallery in the Activity Room 9:45am Hymn Sing - PAA
13 Art Gallery in the Activity Room 2:45pm Time to Think - PAA	14 Thanksgiving Day 11:00am Coffee and Chats - PAA	15 1:30pm Scripture and Song - PAA 2:00pm Fairview Fall Fair - CCRT 6:15pm Variety Time - PAA	16 10:30am Bible Study with Niamh - ACRM 11:30am Roman Catholic Communion - ACRM 1:30pm Beauty Shop - ACRM	17 10:00am Java Music Club - ACRM 2:00pm Fun and Fitness (H & P) - HAA 2:00pm Residents Council - ACRM	18 9:45am Fall Crafts - PAA 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	19 2:00pm Fun and Fitness - PAA
20 2:00pm Apple Treats - PAA	21 1:45pm QiGong Fitness - AUDI 2:30pm Bilingual (English and French) Coffee and Chats - AUDI 6:15pm Variety Time - PAA	22 10:45am Fun and Fitness (H & P) - HAA 11:30am Restaurant outing - OUT 1:30pm Scripture and Song - PAA 2:00pm Baking Mini Pumpkin Pies - ACRM 6:15pm Variety Time - PAA	23 10:30am Bible Study with Niamh - ACRM 2:00pm Armchair Travel- Oktoberfest - ACRM 6:15pm Carving Pumpkins - PAA	24 10:45am Time to Think - PAA 2:00pm Fun and Fitness (H & P) - ACRM	25 9:45am Friendly Visits - Resi 10:15am Music Therapy - PAA 11:00am Music Therapy - Resi	26 9:45am Current Events - PAA 2:00pm Making Halloween Costumes - PAA
27 11:00am Story Writing - PAA 2:45pm Halloween Feud - PAA	28 2:45pm Table Top Games - PAA	29 9:45am It Makes Sense (P) - Resi 10:45am Fun and Fitness (H & P) - HAA 1:30pm Scripture and Song - PAA 2:00pm Artful Enrichment - ACRM	30 10:30am Bible Study with Niamh - ACRM 2:00pm Bingo - ACRM 5:00pm Y & R Dinner and Movie - ACRM	31 Halloween Diwali 9:30am Halloween Parade - AUDI 10:45am Fun and Fitness (H & P) - PAA 2:00pm Halloween Party - AUDI		

ACRM - Activity Room
 PAA - Preston Activity Area

AUDI - Centre Auditorium
 Resi - Resident Room for 1-1 scoring

CCRT - Centre Courtyard

HAA - Hespeler Activity Area

OUT - Outings

Check Program Boards daily for the most up to date information.