

August 2024

Galt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45am It Makes Sense (G) - Resi 11:00am Busy Hands - GAA 1:00pm Walk and Roll - GAA 2:00pm Artful Enrichment - ACRM	2 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	3 11:00am Walk and Roll - GAA
4 2:45pm Ice Cream Cart - GAA	5 10:45am Time to Think - GAA	6 9:00am Walk and Roll - GAA 2:00pm Bake Sale Prep! - ACRM 6:15pm Outdoor Chats (G) - CCRT	7 9:45am It Makes Sense (G) - Resi 10:00am Bible Study with Niamh - ACRM 2:00pm Taco Prep - ACRM 2:00pm Fun and Fitness - GAA	8 9:00am Visits with Sandy the Cat - CCR1 1:00pm Walk and Roll - GAA 3:00pm Making Iced Coffees - GAA	9 10:00am Bingo - ACRM 10:15am Music Therapy - GAA 11:00am Music Therapy - Resi 1:15pm Riverside Park -Pre-register with Alexis - OUT 2:00pm Super Fun & Fitness - ACRM	10 9:15am Hymn Sing - GAA
11 2:45pm Ice Cream Cart - GAA	12 9:45am Spic and Span - GAA 11:00am Fun and Fitness - GAA 1:45pm QiGong Fitness - AUDI 2:00pm Social Art - ACRM 2:30pm Bilingual French and English Chats - AUDI 6:15pm Outdoor Chats (B & G) - CCRT	13 9:00am Walk and Roll - GAA 10:30am Scripture and Song - GAA 1:30pm African Lion Safari Outing-Pre-register with Alexis - OUT 2:00pm Making Fresh Lemonade - ACRM	14 9:45am Musical Memories - GAA 10:00am Bible Study with Niamh - ACRM 2:00pm Ice Cream Truck! - Suites Parking Lot 6:15pm Courtyard Concert - CCRT	15 9:30am Beauty Shop - ACRM 1:00pm Walk and Roll - GAA 2:00pm Artful Chats - ACRM 2:00pm Memorial Service - AUDI	16 9:45am Friendly Visits - Resi 9:45am Sing a long - GAA 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM 6:15pm Outdoor Chats (G) - CCRT	17 11:00am Walk and Roll - GAA
18 2:45pm Ice Cream Cart - GAA	19 2:00pm Birthday Party (July and August) - 2nd 6:15pm Fun and Fitness - GAA	20 9:00am Walk and Roll - GAA 10:30am Scripture and Song - GAA 11:30am Restaurant Lunch- Pre-register with Alexis - OUT 1:30pm Beauty Shop - ACRM	21 10:00am Bible Study with Niamh - ACRM 10:45am Beach Bag Guess - GAA 2:00pm Fun and Fitness - GAA 2:00pm Residents Council - ACRM	22 9:45am It Makes Sense (G) - Resi 10:00am Java Music Club - ACRM 1:00pm Walk and Roll - GAA 2:00pm Geri-Olympics - AUDI	23 9:45am Friendly Visits (G & B) - Resi 11:00am Fun and Fitness - GAA 2:00pm Corn on the Cob - ACRM	24 9:45am Hymn Sing - GAA
25 2:45pm Ice Cream Cart - GAA	26 9:00am Visits with Schatzi the Dog - CCR1 1:45pm QiGong Fitness - AUDI 2:30pm Bilingual French and English Chats - AUDI	27 9:00am Walk and Roll - GAA 10:00am Church - ACRM 10:30am Scripture and Song - GAA 1:30pm Cambridge Mall Outing-Pre-register with Alexis - OUT	28 Hatching Chicken Eggs Arrive! 9:45am Coffee and Chats - GAA 10:00am Bible Study with Niamh - ACRM 2:00pm Fun and Fitness - GAA	29 9:45am It Makes Sense (G) - Resi 10:00am Bingo - ACRM 1:00pm Walk and Roll - GAA 5:00pm Y & R Dinner and Movie - ACRM	30 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	31 11:00am Walk and Roll - GAA

2nd - 2nd Floor Dining Room
OUT - Outings

ACRM - Activity Room
Resi - Resident Room for 1-1 scoring

AUDI - Centre Auditorium

CCRT - Centre Courtyard

GAA - Galt Activity Area

Check Program Boards daily for the most up to date information.

