

# August 2024

## Blair

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 9:00am Walk and Roll - BAA 10:30am Scripture and Song - BAA 2:00pm Artful Enrichment - ACRM	<b>2</b> 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	<b>3</b> 9:45am Hymn Sing - BAA
<b>4</b> 2:15pm Ice Cream Cart - BAA	<b>5</b> 9:45am It Makes Sense (B) - Resi 2:00pm Busy Hands - BAA 6:15pm Outdoor Chats - BAA	<b>6</b> 1:00pm Walk and Roll - BAA 2:00pm Bake Sale Prep! - ACRM	<b>7</b> 10:00am Bible Study with Niamh - ACRM 10:45am Fun and Fitness - BAA 2:00pm Taco Prep - ACRM 6:15pm Outdoor Chats - BAA	<b>8</b> 9:00am Walk and Roll - BAA 9:00am Visits with Sandy the Cat - CCR1 10:30am Scripture and Song - BAA 3:00pm Making Iced Coffees - BAA	<b>9</b> 9:30am Music Therapy - BAA 10:00am Bingo - ACRM 11:00am Music Therapy - Resi 1:15pm Riverside Park -Pre-register with Alexis - OUT 2:00pm Super Fun & Fitness - ACRM	<b>10</b> 10:00am Walk and Roll - BAA
<b>11</b> 2:15pm Ice Cream Cart - BAA	<b>12</b> 9:45am It Makes Sense (B) - Resi 1:45pm QiGong Fitness - AUDI 2:00pm Social Art - ACRM 2:30pm Bilingual French and English Chats - AUDI 6:15pm Outdoor Chats (B & G) - CCRT	<b>13</b> 1:00pm Walk and Roll - BAA 1:30pm African Lion Safari Outing- Pre-register with Alexis - OUT 2:00pm Making Fresh Lemonade - ACRM	<b>14</b> 10:00am Bible Study with Niamh - ACRM 10:45am Fun and Fitness - BAA 2:00pm Ice Cream Truck! - Suites Parking Lot 6:15pm Courtyard Concert - CCRT	<b>15</b> 9:00am Walk and Roll - BAA 9:30am Beauty Shop - ACRM 10:30am Scripture and Song - BAA 2:00pm Artful Chats - ACRM 2:00pm Memorial Service - AUDI	<b>16</b> 9:45am Friendly Visits - Resi 10:45am Musical Memories - BAA 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM 6:15pm Outdoor Chats (G) - CCRT	<b>17</b> 9:45am Hymn Sing - BAA
<b>18</b> 2:15pm Ice Cream Cart - BAA	<b>19</b> 9:45am It Makes Sense (B) - Resi 11:00am Fun and Fitness - BAA 2:00pm Birthday Party (July and August) - 2nd 6:15pm Outdoor Chats - BAA	<b>20</b> 11:30am Restaurant Lunch- Pre-register with Alexis - OUT 1:00pm Walk and Roll - BAA 1:30pm Beauty Shop - ACRM	<b>21</b> 10:00am Bible Study with Niamh - ACRM 10:45am Fun and Fitness - BAA 12:00pm Blair BBQ 2:00pm Residents Council - ACRM 2:30pm Busy Hands - BAA 6:15pm Outdoor Chats - BAA	<b>22</b> 9:00am Walk and Roll - BAA 10:00am Java Music Club - ACRM 10:30am Scripture and Song - BAA 2:00pm Geri-Olympics - AUDI	<b>23</b> 9:45am Friendly Visits (G & B) - Resi 9:45am Beach Bag Guess - BAA 2:00pm Corn on the Cob - ACRM	<b>24</b> 11:00am Walk and Roll - BAA
<b>25</b> 2:15pm Ice Cream Cart - BAA	<b>26</b> 9:00am Visits with Schatzi the Dog - CCR1 1:45pm QiGong Fitness - AUDI 2:30pm Bilingual French and English Chats - AUDI 6:15pm Outdoor Chats - BAA	<b>27</b> 10:00am Church - ACRM 1:00pm Walk and Roll - BAA 1:30pm Cambridge Mall Outing- Pre-register with Alexis - OUT	<b>28</b> <b>Hatching Chicken Eggs Arrive!</b> 10:00am Bible Study with Niamh - ACRM 10:45am Fun and Fitness - BAA 6:15pm Outdoor Chats - BAA	<b>29</b> 9:00am Walk and Roll - BAA 10:00am Bingo - ACRM 10:30am Scripture and Song - BAA 5:00pm Y & R Dinner and Movie - ACRM	<b>30</b> 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	<b>31</b> 9:45am Hymn Sing - BAA

2nd - 2nd Floor Dining Room

ACRM - Activity Room

AUDI - Centre Auditorium

BAA - Blair Activity Area

CCRT - Centre Courtyard

OUT - Outings

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.

