

## Hespeler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>April Fools Day!</b> 2:00pm April Fools Around the World - HAA	<b>2</b> 11:00am Fun and Fitness (H & P) - HAA 3:00pm Rockway Choir - AUDI 6:15pm Variety Time - PAA	<b>3</b> 9:45am It Makes Sense (H) - Resi 1:30pm Beauty Shop - ACRM 6:15pm Variety Time - HAA	<b>4</b> 11:00am Fun and Fitness (H & P) - PAA 2:00pm Friendly Visits - Resi 2:00pm Residents Council - ACRM 3:00pm Spring Craft - HAA 3:00pm Winter Book Club Register with Niamh- 3rd Floor Lounge 6:15pm Variety Time - PAA	<b>5</b> 9:45am Friendly Visits - Resi 11:00am Time to Think - HAA 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	<b>6</b> 9:45am Coffee and Current Events - HAA
<b>7</b> 11:00am Musical Memories - HAA	<b>8</b> 10:30am Scripture and Song - HAA 2:15pm Solar Eclipse Presentation - ACRM	<b>9</b> 11:00am Fun and Fitness (H & P) - HAA 2:00pm Musical Guest- R&S Country - AUDI 6:15pm Variety Time - PAA	<b>10</b> 9:45am It Makes Sense (H) - Resi 12:00pm School Play Trip- Pre-register with Alexis - OUT 2:00pm Jeopardy! - ACRM	<b>11</b> 9:45am Baking Muffins - HAA 11:00am Fun and Fitness (H & P) - PAA 2:00pm Nature and Snake Presentation *No Live Snakes - 2nd FI Dining Room 3:00pm Winter Book Club Register with Niamh- 3rd Floor Lounge 6:15pm Variety Time - PAA	<b>12</b> 9:30am Music Therapy - HAA 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	<b>13</b> 11:00am Painting - HAA
<b>14</b> 3:00pm Fresh Guacamole - HAA	<b>15</b> 10:30am Scripture and Song - HAA 2:00pm Armchair Travel - ACRM	<b>16</b> 11:00am Fun and Fitness (H & P) - HAA 2:00pm Bingo - ACRM 2:00pm Friendly Visits - Resi 6:15pm Variety Time - PAA 6:15pm Variety Time - HAA	<b>17</b> 9:45am It Makes Sense (H) - Resi 11:15am Roman Catholic Communion - ACRM 1:30pm Beauty Shop - ACRM 3:00pm Blue Jays Game - ACRM	<b>18</b> 9:45am Coffee and Chats - HAA 11:00am Fun and Fitness (H & P) - PAA 2:00pm Artful Chats - ACRM 3:00pm Winter Book Club Register with Niamh- 3rd Floor Lounge 6:15pm Variety Time - PAA	<b>19</b> 9:45am Current Events - HAA 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	<b>20</b> 2:00pm Movie and Popcorn - HSR
<b>21</b> 9:45am Hymn Sing - HAA	<b>22</b> <b>Earth Day</b> 10:00am Java Music Club - ACRM 10:30am Scripture and Song - HAA 2:00pm Learning about Earth Day - HAA	<b>23</b> 11:00am Fun and Fitness (H & P) - HAA 2:00pm Baking - ACRM 5:00pm Y & R Dinner and Movie - ACRM	<b>24</b> 10:00am April Church - ACRM 2:00pm Artful Enrichment - ACRM 6:15pm Variety Time - HAA	<b>25</b> 11:00am Fun and Fitness (H & P) - PAA 2:00pm Drum Jam - HAA 3:00pm Spring Planting - HAA 3:00pm Winter Book Club Register with Niamh- 3rd Floor Lounge 6:15pm Variety Time - PAA	<b>26</b> 9:30am Music Therapy - HAA 9:45am Friendly Visits - Resi 11:00am Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM	<b>27</b> 9:45am Coffee and Chats - HAA
<b>28</b> 3:00pm Table Top Games - HAA	<b>29</b> 10:30am Scripture and Song - HAA 2:00pm Bingo - ACRM	<b>30</b> 11:00am Fun and Fitness (H & P) - HAA 11:30am 50's Restaurant and Deli- Pre-register with Alexis - OUT 3:00pm Friendly Visits - Resi 3:00pm Crokinole and Cribbage - HAA 6:15pm Variety Time - PAA				

ACRM - Activity Room

AUDI - Centre Auditorium

HAA - Hespeler Activity Area

HSR - Hespeler Sitting Room

OUT - Outings

PAA - Preston Activity Area

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.