December 2023



Hespeler

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|---|--|---|---|---|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | 11:00am One to One Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM | 2 9:45am Hymn Sing - HAA |
| 3 11:00am Fun and Fitness - HAA | 4 10:30am Scripture and Song - HAA 2:00pm Friendly Visits - Resi 2:00pm Residents Council - ACRM | Centerpieces - HAA | 6 1:30pm Beauty Shop - ACRM | 9:45am It Makes Sense (H) - Resi 11:00am Christmas Crafts - HAA 2:00pm Hespeler and Preston Christmas Party - AUDI | 9:30am Music Therapy - HAA 11:00am One to One Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM | 9 10:45am Gingerbread House Decorating - HAA |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 3:00pm Fun and Fitness - HAA | 2:00pm Bingo - HAA | 11:00am Fun and Fitness (H & P) - HAA 1:15pm Fairview Mall -pre-register with Alexis - OUT 3:00pm Choir Carolling 6:15pm Variety Time - PAA | ACRM 2:00pm Christmas Card | 9:45am It Makes Sense (H) - Resi 2:00pm December Birthday Party - 2nd 2:30pm Fairview Band - AUDI 7:00pm Hespeler Baptist Church Choir - AUDI | 11:00am Coffee and Chats - HAA 11:00am One to One Music Therapy - Resi | 2:00pm Table Top Games - HAA |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 1:45pm Fun and Fitness - HAA 3:00pm Salvation Army Youth Choir - AUDI | 10:30am Scripture and Song - HAA | 11:00am Fun and Fitness (H & P) - HAA 2:00pm Artful Enrichment - ACRM 6:00pm Gift of Lights- pre-register with Alexis 6:15pm Variety Time - PAA | 11:15am Roman Catholic Communion - ACRM 2:00pm Nativity Play - AUDI | 2:00pm Holiday Musical Bingo - ACRM | Santa's Elves Handing Out Gifts 9:30am Music Therapy - HAA 11:00am One to One Music Therapy - Resi 2:00pm Christmas Eve Church - AUDI | 2:00pm Time to Think - HAA |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 9:45am Christmas Sing Along - HAA | Christmas Day 3:00pm Christmas Story Writing - HAA | Boxing Day 11:00am Fun and Fitness (H & P) - HAA | 1:30pm Beauty Shop - ACRM 5:00pm Y & R Dinner and Movie - ACRM | 9:45am It Makes Sense (H) - Resi 2:00pm New Years- Wish Upon a Star - ACRM 6:15pm Variety Time - PAA | 11:00am One to One Music Therapy - Resi 2:00pm Super Fun and Fitness - ACRM | 9:45am New Years Jokes - HAA |
| 31 New Years Eve 2:00pm New Years Craft - HAA | | | | | | |
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2nd -2nd Floor Dining Room
PAA - Preston Activity Area

ACRM - Activity Room

AUDI - Centre Auditorium

HAA - Hespeler Activity Area

OUT - Outings

Resi - Resident Room for 1-1 scoring

Check Program Boards daily for the most up to date information.